



HEALTHCARE

Brochure

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Program Agreement, Terms and Conditions



Volunteer or intern with Kaya on a healthcare project in Africa, Asia or Latin America and work alongside healthcare professionals, in a local setting to support communities while developing your own skills and competencies.

At Kaya, we offer dynamic projects that are suitable for people with a range of skills, experiences and interests in healthcare. Whether you are a student, considering a career in medicine or are an experienced practitioner, we have a project and setting for you.

Who do you accept onto our programmes?

Different types of volunteers and interns can join our projects including:

- Volunteers looking to start studying medicine or pre-medical subjects and foundation courses.
- Students looking for a career in the healthcare field and already studying.
- Trained professionals looking to develop competencies and to exchange skills and knowledge through working with local staff and communities.

What types of placements are available?

We offer placements which cover a range of faculties and careers in healthcare. Volunteers and interns will not be the primary providers and you will often be working in a shadowing capacity to learn from local healthcare providers.

Where will I work?

A healthcare placement can be in a number of settings in Africa, Asia or Latin America and many are the main centres or access points to healthcare in the area. These include:

- Hospitals
- Clinics, rural or urban
- Home based care
- Community centres projects
- Schools

HEALTHCARE



Kaya's healthcare placements include:

- Clinical
- Medical
- Nursing
- Midwifery support
- Lab work
- Therapies including physiotherapy, Speech therapy and kinesiology
- Public health
- Counselling
- Dentistry
- Nutrition

Please speak to a Kaya Placement Advisor about the options that best suit you.



What will I learn?

As a volunteer or intern with Kaya you will have the opportunity to develop key competencies as identified by NAFSA and UK NHS such as:

- Teamwork
- Dealing with diversity
- Overcoming cultural barriers
- Communication

On your placement, you may improve your understanding of working effectively in a limited resource setting where the equipment may not be as modern as you are used to. You may also learn how to deal with the low doctor-to-patient ratios. You may also be exposed to techniques and drugs, as well as a broad spectrum of ailments and diseases not seen at home.

At Kaya, we provide you with a comprehensive Healthcare Learning Reflection Document which will enable you to capture your learning throughout your placement. You can then take these skills and knowledge back to your own healthcare setting. Armed with a fresh perspective, you will be able to develop your own working practices as well as sharing your learning with the rest of of your team.

What will be the impact of my placement?

For all placements you will provide an extra pair of hands as you help with the basic tasks that are essential to the running of any healthcare centre such as locating patient records, filing, cleaning the healthcare centre, as well as making patients feel comfortable. You will be able to exchange stories about treatments with local practitioners and share best practice from home. If you are an experienced practitioner, you may write and run training sessions for the community or local healthcare professionals depending on the location. As we work with existing projects every volunteer or intern builds on what has been shared previously, developing local capacity.

Why should I chose to do my healthcare placement with Kaya?

At Kaya we have researched the ethics and best practice in international healthcare volunteering through UK NHS, NAFSA, online resources, attending healthcare conferences and speaking to experts in the field. Here are the main ethical principles:

- Do no harm: volunteers and interns are only permitted to do what they are trained or qualified to do at home and work with local practitioners.
- Placements must be of benefit to the community and the participant - they are not just a training course for the volunteer or intern.
- Healthcare volunteers must be prepared culturally for their placement so that they are aware of issues relating to medical practices, resources, healthcare settings and the "do no harm" principle.
- Healthcare professionals must adhere to local registration rules and obtain indemnity insurance.
- Volunteers and interns take their learning and apply it at home, helping to develop global healthcare professionals.

HEALTHCARE



Kaya's Ethical Practice

As a result of these ethical considerations we have implemented the following:

- Pre-placement selection telephone interview
- Fully vetted projects that meet these standards
- Pre-departure preparation guide, to help volunteers and interns to consider the challenges that they may face with clinical limits, cultural differences and resources that they may come across
- Learning reflection document focusing on key global health competencies important for a career in a healthcare system such as the NHS in the UK

At Kaya, we have a very good understanding of the local healthcare context so that volunteers and interns are aware of the common ailments and diseases that they may come into contact with.

We work with local partners and have discussed at length common illnesses and the local demographic as this varies greatly between our destinations.

Our experienced advisors take this information into consideration when matching volunteers and interns to their placements.

HEALTHCARE IN AFRICA

Volunteering in Hospitals in Ghana

GHANA

The project

Our Volunteering in Hospitals in Ghana placement is based in a hospital in northern Accra, supporting doctors and nurses in a shadowing capacity as they care for low-income patients. This is a fully functioning hospital supporting a community in northern Accra and, like any hospital, there are injuries, ailments and diseases presenting themselves every day. There is a range of departments such as medical, surgical, gynaecology, surgical and the children's ward as well as public health and dentistry. Healthcare is not free in Ghana and many patients cannot afford to pay for x-rays or medication. In Ghana, one in every 5 children die as a result of malaria, and the economic implications are devastating to the economy. Join our medical project and experience first-hand the difficulties faced and meet some of the amazing people trying to help make a difference in the lives of local Ghanaians.

Role of the volunteer

Volunteers contribute through observational work, triage tasks, taking vitals and anthropometric measurements, treating injuries, shadowing nurses and doctors, sitting in on surgeries, cleaning and preparing instruments, and taking blood and conducting educational activities. Tasks will depend on experience but everyone will be expected to carry out some administrative work. Volunteers may also perform other duties as needed, such as documenting translation and categorisation of donated medications. Nurses will gladly train volunteers in using the local equipment. Departments that you may work in include medical, surgical, gynaecology, surgical, the x-ray unit or the children's ward. You may also have the opportunity to work in public health or dentistry.

Skills required

Preferably volunteers must be studying or have finished their course relating to health, nursing, dentistry or medicine. A flexible attitude, a willingness to learn and to participate wherever needed are a must. The more you put in, the more you will get out of this amazing placement.

- If you are a student you will be able to observe the clinical practices and learn about the Ghanaian healthcare system. You will always work under the direct supervision of a fully qualified local doctor or nurse. Activities will depend on your experience levels.
- Qualified volunteers - If you wish to practice as a qualified professional, you will have to pass a Ghanaian medical exam. If you want to volunteer without it, you are more than welcome to do so, but will not be able to perform the same duties as you do at home.
- If you are considering a career in medicine, you are welcome to join the project. Your time will be spent in an administrative capacity within a clinical setting, gaining an insight into Ghanaian healthcare.

You will be asked to send your CV/resume before being accepted onto this project, as well as certifications, transcripts and other documentation to enable us to establish where you will be best placed. Your contribution and performance will also be taken into consideration throughout your placement. Smart dress is required and volunteers are asked to bring their own stethoscope and lab coat with them.

Why choose this project

- ✓ Provide assistance to these poorest communities from cleaning instruments, recording patient data to participating in preventative healthcare workshops.
- ✓ Observe different procedures and treatment as part of the learning process than what you may be familiar with back home.
- ✓ The hospital highly values the contribution of volunteers, particularly as they see this as developing global citizens through knowledge exchange and working alongside international colleagues.

Project location

You will be based in a peri-urban area in the west of Accra on the way to Kumasi. Explore the busy but interesting city, taking in monuments, markets and the opportunity to buy some interesting wears. Alternatively, head further afield to the beaches of Cape Coast, the markets of Kumasi, the tranquillity of the Volta Region or fly north to Tamale in search of wildlife.

Project facts

Duration: 2 - 12 weeks

Requirements: age 18+

Location: Accra, Ghana

Working hours: There are 3 shifts that you can work 7am-3pm; 3pm-10pm; 10pm-5am and you will be working 5 days a week. The clinics are open 24/7

Project availability: All year round, except 15th December - 5th January. RECRUITING FOR LATE 2021

Arrival day: Saturday

What's included

Accommodation: Dorm room for 2 - 4 people in a volunteer house with large shared kitchen, and volunteer planning room and veranda

Meals: Communal evening dinner during weekdays

Airport: pick up from Kotoko International Airport, Accra

Training: On-site orientation and project induction provided

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Support: 24 hour support from on-site coordinator

What's not

Flights

Insurance

Visas

Airport drop

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Transport to and from projects

Breakfast and lunches during the workweek, and

Police/Government Background Check; US and U

Volunteer in a Laboratory in Ghana

GHANA

The project

Come to Accra and volunteer in a laboratory and work in a local hospital, clinic or lab supporting a local community. Volunteering in a laboratory isn't usually the first thing that springs to mind when you think of Ghana, but the need for support in this area is there nevertheless! This project is based in a hospital that offers services in general medicine, surgery, obstetrics and gynaecology, laboratory tests, x-ray, dermatology, venereology, ophthalmology, ECG, mother and child healthcare and ultrasound. For all these departments, there is only one laboratory where all patients get sent for tests which means that there is an incredibly high workload.

Living conditions such as bathing in dirty water, unclean environment and dust lead to a number of different ailments. Malaria is a problem and there is a new case every day - testing in the laboratory focuses mainly on blood but also urine and faeces. HIV testing is also common. The laboratory itself is a small space but it is always busy as it is much in demand, and the waiting area outside is often full of patients, young and old. Come and work in a laboratory in Ghana and gain an insight not only into local diseases and diagnosis but also to work alongside a hard working friendly local team.

Role of the volunteer

Volunteers will assist wherever is needed in the laboratory. Your role will vary depending on your experience but you will work under the supervision of a local clinician. Activities may involve talking to patients, recording information, logging information onto the hospital computer system, administering the appropriate tests and also analysing laboratory results. Whether you have experience or not is not an issue as there are many tasks that you can get involved in and the work you do will be greatly appreciated by the local staff.

Skills required

No particular skills are required to take part in the project although any experience will certainly be helpful. You must have a keen interest in volunteering in a laboratory, be enthusiastic and willing to take on any task that is given to you. The laboratory is a small place and therefore, it is essential that you work well with others and as part of a team. If you demonstrate excellent interpersonal skills and a good attitude, you may be given the opportunity to help in other ways, but these decisions will be made by the local team.

Volunteers interested in tropical diseases, lab chemistry, microbiology, haematology will find this placement very interesting. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Embark on a not-so-common project choice based in a laboratory and stand out from the crowd as you pursue your career.
- ✓ Support a busy hospital lab with a much needed extra pair of hands.
- ✓ Gain hands-on in-country practical experience in a laboratory at the heart of a Ghanaian hospital.

Project location

Your project will be based in western Accra, a city bustling and modern landscape hugging the Gulf of Guinea and the largest in Ghana. While it boasts a waterfront location, most of Accra's actions happen away from the coastline with recent developments turning this once scattered village, into an expansive low rise skyline city. Accra is at once exhausting and exhilarating with the hustle and bustle giving way to coveted areas of peace and tranquillity. During your time off, why not explore further afield and head to Kumasi, where the palace sets out the history of the Ashanti and is also home to the biggest market in Ghana, an experience not to be missed. For those of you seeking a little more laid back experience, then visit the Volta Region or Cape Coast.

Project facts

Duration: 2 - 12 weeks

Requirements: age 18+

Location: Accra, Ghana

Working hours: Monday – Friday 8:00am - 3:00pm

Project availability: All year round, except 15th December - 5th January.
RECRUITING FOR LATE 2021

Arrival day: Saturday

What's included

Accommodation: Dorm room for 2 - 4 people in a volunteer house with large shared kitchen, and volunteer planning room and veranda

Meals: Communal dinner during weekday evenings

Airport: pick up from Kotoko International Airport, Accra

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Support: 24-hour support from on-site coordinator

What's not

Flights

Insurance

Visas

Airport drop

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Transport to and from projects

Breakfast and lunches during the workweek, and

Police/Government Background Check; US and U

Dentistry Internship in Ghana

GHANA

The Internship

This internship is an opportunity to gain experience and possibly some credits within the dental department of a hospital in Accra. Ghanaians have access to dental treatment in most major hospitals. The setup and the working conditions are very different from what you are accustomed to in your home country. The dental department deals with emergencies as well as routine dental appointments.

Role of the intern

Depending on your experience and training, your role will differ and you might be given more or fewer responsibilities. Initially, your role will be mainly observational. Regardless, the volunteers will assist local practitioners and observe how dental treatments are performed in a developing country. Volunteers will also help by maintaining patients' records, set up the instruments and assist with basic tasks while the dentists treat patients.

Skills required

Individuals applying must either be a professional in the field or a student currently studying courses related. If you are planning to study dentistry, you can also apply for this internship, although you must demonstrate a strong commitment to the field.

You will be asked to send your CV/resume before being accepted onto this project, as well as certifications, transcripts and other documentation are required to enable us to establish your experience. Your contribution and performance will also be taken into consideration throughout your placement.

Why Choose This Internship

- ✓ Be exposed to the challenges dentists as well as patients in need of dental care encounter in developing countries.
- ✓ Observe advanced dental conditions that you may not otherwise see at home due to the lack of knowledge on preventative dental hygiene.
- ✓ Get your medical dental career launched with this great experience abroad!

Project location

Your project is based in the village of Damang in the Eastern Region of Ghana. It is The internship takes place around Accra, a bustling city of Ghana. Accra was built around a port and it stretches along the Atlantic Coast. You will see a mixture of architecture from modern buildings and skyscrapers to large 19th-century colonial buildings to constructions from the 70s. The city is surrounded by over 25 shanty towns, where you'll see goats and chicken roaming muddy streets filled with market stalls manned by locals. These communities represent the less fortunate of Ghana, but they display a rich insight into the country's reality and create situations where you will be able to lend a hand.

Project facts

Duration: 2 – 12 weeks (we strongly recommend a minimum of 4 weeks)

Requirements: age 18+

Location: Accra, Ghana

Working hours: There are 3 shifts that you can work 7am-3pm; 3pm-10pm; 10pm-5am and you will be working 5 days a week. The clinics are open 24/7.

Project availability: All year round, apart from mid December to early January.
RECRUITING FOR LATE 2021

Arrival day: Saturday

What's included

Accommodation: dorm room for 2 – 4 people in a volunteer house with large shared kitchen, volunteer planning room and veranda

Meals: communal evening dinner during weekdays

Airport: Pick up from Kotoko International Airport, Accra

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction

Support: 24-hour support from on-site coordinator

Certificate on completion of internship
Supervision from qualified professional

What's not

Flights

Insurance

Visas

Airport drop

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Transport to and from projects

Breakfast and lunches during the workweek, and

Police/Government Background Check; US and U

Public Health Internship Ghana

GHANA

The Internship

The Public Health Internship Ghana covers basic health care services and awareness service in the local communities in and around Cape Coast. You will become an ambassador in promoting good health practices through a variety of public health outreach projects.

Ghana is an emerging country that is lagging behind with its health needs. For instance, the ratio of health professionals to citizens is very wide with about 1 physician for more than 5000 people. Also, most children are exposed to serious health hazards that are sometimes caused by irresponsible acts of the parents. This is mostly attributed to their ignorance or lack of education about some basic health elements. Malnutrition continues to be a major public health problem whether it is undernutrition, or obesity due to the lack of a balanced diet.

A greater majority of the Ghanaian population have very limited knowledge about how to handle some simple health issues which eventually leads to other severe complications.

By contributing to the initiative already in place as a public health intern, you will be able to contribute reducing this problem within a local community.

Role of the intern

As a Public Health Intern Ghana, you will extend a healing hand to people who cannot afford proper healthcare. You will have the opportunity to work and shadow professionals at local hospitals and other local health centres. You will be involved with community medicine and preventative care. The ultimate objective is to assist in creating awareness on health issues and increase the resources of the local health institutions as needed at the time of your placement.

Skills required

Medical, biology, nursing and public health students are able to apply to this Public Health Internship Ghana placement. You will be required to submit a CV as well as go through a phone interview for the vetting process before your placement is confirmed.

Any health professionals wishing to contribute to this Cape Coast community are also welcome to come on a volunteer basis (speak to a Kaya advisor for more information). A good level of spoken English is also essential for this placement.

Why Choose This Internship

- ✓ Learn about the healthcare system in Ghana and the challenges local professionals face.
- ✓ Contribute to international public health by providing an extra set of hands on local projects.
- ✓ Experience the Ghanaian way while making local friends and exchanging cultural differences.

Project location

This Public Health Internship Ghana is based in and around Cape Coast. It is located in the Central Region. Cape Coast is much more laid back than Accra, and very rich in history, especially given its historical role in the transatlantic slave trade. The city is fascinating as you get to watch endlessly the fishing boats, and fisherman casting nets. The beaches are beautiful, but not as touristy as you may think as the area has not been exploited by the tourism industry yet. The centre of town is an appealing place to wonder and take in the way Ghanaian lives.

During time as a Public Health Intern Ghana, you will be staying with a local host family and will have access to modern westernized amenities.

Cape Coast offers many outings in and around especially if you are interested in the history of colonialism and its global impact. Even if history is not your thing, it is fascinating and heartbreaking to learn about the past of Ghanaian and admire the horizons from Elmina Castle or Cape Coast Castle. If adrenaline is more your thing, you will definitely enjoy a day out to Kakum National Park and its canopies over the Ghanaian jungle.

Project facts

Duration: 4 - 12 weeks

Requirements: age 18+

Location: Cape Coast, Ghana

Working hours: 4 working days a week, 4-5 hrs a day

Project availability: All year round

Arrival day: Any days except for Sundays

What's included

Accommodation: Homestay

Meals: Two meals Mondays through Fridays (Breakfast and Lunch)

Airport: pick-up and drop-off from/to Kotoko International Airport, Accra

Training: Pre-departure information pack, on-site orientation and project induction provided

Support: 24-hour support from on-site coordinator

Transport: to/from project included

What's not

Flights

Insurance

Visas

Dinner during the workweek, and all meals on weekends.

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Ghana Physiotherapy Internship

The Internship

Looking for a great experience to add to your future career as a professional physiotherapist, then join our local project in a Ghana Physiotherapy Internship. Through this internship, you will get first-hand experience with the local community in a community clinic as well as on a few sports team while being around dedicated athletes training with local sports institutions.

The community clinic is understaffed and underfunded and as a result will provide you with a real understanding on the hurdles Ghana physiotherapists and medical professionals faces every day. The local patients' conditions reflect the problems in Ghana including strokes due to hypertension, car accidents, crush injuries to the hands and tendons from cutting and grinding machinery as well as facial palsy from otitis media. These types of injuries are challenging for the local community as they may not be able to afford the treatments available to them. This Ghana Physiotherapy Internship is ideal for anyone interested in gaining further experience and wanting to extend their professional experience in an unconventional environment.

Role of the intern

During the Ghana Physiotherapy Internship, you will provide hands-on assistance and care that is otherwise unavailable to many injured locals as well as local athletes. At the clinic, you will have access to equipments, including an hydrotherapy pool, however, the clinic is having difficulties coping with the demand of the local community due to the lack of local staff. You will also have the opportunity to work together with other educated physiotherapists, as well as teaching Ghanaian physiotherapy students.

Skills required

Ghana Physiotherapy Internship requires you to be qualified or have had some experience in the area (at least to second year degree standard). You need to be self-motivated and prepared for some long and frustrating days, however, the experience you will gain is invaluable. As you will be traveling to Ghana, it is also a requirement that you must have a yellow fever vaccination and must obtain a certificate as proof. You will be asked to show this certificate upon entry and will be denied if you don't have one.

Why Choose This Internship

- ✓ Broaden your experience within your field expertise and help a local community in Ghana while interning as a physiotherapist.
- ✓ Get an understanding of what it's like to work in a developing country.
- ✓ Provide hands-on assistance and care usually unavailable to injured locals as well as dedicated athletes

Project location

Your Ghana Physiotherapy Internship project is located in a Coastal Suburb of Accra. Accra being the capital and largest city in Ghana, with a population of over two million, is very busy with lots to do. Your accommodation on the Coastal Suburb is close enough to the madness of Accra to visit the main point of interest, but far enough to feel more of a "retreat" from city lifestyle. Your accommodation is basic but comfortable in a gated community and within walking distance to cafés, ice cream parlor, and shops for essentials. Your room is dorm style and gender separated, and you will have access to western style facilities. During your free time, Accra City Centre is close enough for you to explore the famous Kwame Nkrumah National Park, the National Museum of Ghana, the craft markets, and many other points of interest Accra has to offer. For those wanted to venture further, Cape Coast, Elmina and the Volta region are all areas accessible by bus that are worth the trips.

Project facts

Duration: 4+ weeks

Requirements: age 18+ plus qualifications

Location: Coastal Town of Accra, Ghana

Working hours: Monday through Friday 8:30 to 12:30 and 3:30 to 6:30pm

Project availability: all year round

Arrival day: Sunday

What's included

Accommodation: same gender dorm room for up to 14 people in a volunteer house with large indoor and outdoor communal areas

Meals: 3 meals a day Mondays through Fridays

Airport: Pick up from Kotoko International Airport, Accra

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction

Support: 24-hour support from on-site coordinator

Certificate on completion of internship

What's not

Flights

Airport Drop

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Insurance

Visas

Vaccinations

Transport to and from projects (costs range from

Meals on the weekends

Police/Government Background Check; US and U

Healthcare, Community & Hospital Volunteering in Kenya

KENYA

The project

Join us in Kenya as a healthcare volunteer and help to change the lives of the vulnerable, ill and over-burden communities. Kenya is hugely affected by the struggles of water-borne and mosquito-carried illnesses, HIV/AIDs, poverty and unemployment. It is still known to be one of the poorest countries in Africa. Kenya's lack of public funding in the healthcare sector results in a shortage of medical staff, infrastructure and resources. Many qualified professionals leave Kenya to go find an assignment abroad. According to the World Health Organization (WHO), Kenya has just one doctor and only 12 nurses/midwives for every 10,000 people. As a result, there is a huge need for public health assistance in Kenya, where volunteers can offer skills and support. The focus of the activities is on preventing disease, prolonging life and promoting health and impact the lives of those that are affected by these problems. The project works with hospitals, schools, and public health clinics surrounding the Limuru area. On this placement, you will be working in various different hospitals and health clinics to help support the severely under-staffed and under-resourced hospitals.

Role of the volunteer

You will be placed on a healthcare project during the mornings, and asked to join a community outreach project in the afternoon.

Depending on availability and your experience, you may be placed in a maternity ward, orthopaedics department, HIV or diabetic clinic, nursing or emergency care services, operating theatre, outpatient unit, administration office, pharmacy, or laboratory. You may also be asked to prepare and present workshops for staff or patients. During your interview, a Kaya placement advisor will speak to you about your background and qualifications, as well as ask you about your preferences. Regardless, you will have a variety of opportunities to gain observational experience and learn about providing care in a limited resources country. Your afternoons will be spent volunteering in pre-schools, orphanages, old people's homes, or delivering health-related lectures to help the population understand the basics of self-care.

Skills required

This project requires volunteers to be studying or qualified in healthcare. A competent level of both written and spoken English is also essential in order to communicate effectively with the patients and the staff. Your medical background will determine your placement at the various public health centres or hospitals. To help determine the best placement for you, you will be asked to provide a CV/resume, healthcare experience, qualifications and/or current university course as well as transcripts (if studying).

Why choose this project

- ✔ Impact the lives of those affected by the healthcare issues that the country is facing.
- ✔ Share your knowledge and experience while building relationships with the local community.
- ✔ Learn about Kenyan healthcare services, including the challenges of caring for patients with limited access to resources, and experience different settings such as hospitals and healthcare centres widening your view of the healthcare system in Kenya.

Project location

You will be based in Limuru, situated in the Kenyan highlands and covered with stunning tea plantations. It is located just 30 kilometres north of Nairobi. Volunteers will have the opportunity to see many of the world's most famous species, including zebra, wildebeest, elephants and big cats. You will be staying in a basic cottage with a breathtaking surrounding. During your down time, you can enjoy the recreational activities available on site such as volleyball, tennis, walking trails or just taking in the magnificent views. At the weekends, you will be able to enjoy some of the incredible attractions Kenya has to offer like safaris with game viewing or weekend getaway at the Masai Mara National Reserve or the bustling city of Nairobi.

Project facts

Duration: 2 – 12 weeks
Requirements: age 18+
Location: Limuru, Kenya
Working hours: 07:30 – 16.00, Monday – Friday (schedule may vary)
Project availability: Every Mondays, project closed between Mid November and Mid January, contact a Kaya advisor for details. RECRUITING FOR 2022
Arrival day: Monday

What's included

Accommodation: shared cottages
Meals: 3 meals per day
Airport pick up: Airport pick up and drop off from Jomo Kenyatta International Airport
Training: Pre-departure information pack & on-site orientation
Support: 24-hour support from on-site coordinator
Excursion Planning: staff help organise weekend activities (activity fee costs paid locally)
Daily transfers to and from your project.
Fundraising Guide
Working alongside qualified professionals

What's not

Flights
Insurance
Visas
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Occupational Therapy Internship in Morocco

MOROCCO

The project

During your placement, you will be placed at a local orphanage where you will be assisting with occupational tasks related to abandoned children. The orphanage welcomes children of all ages and keeps the ones with disabilities until the age of 40 if they have not been adopted. Many have been abandoned because of their disabilities. Others have been found abandoned in the street and were taken to the centre. The special needs centre within the orphanage can accommodate up to 50 patients at any given time. Their disabilities vary. They suffer from different physical or mental disabilities including down syndrome, autism, trisomies, quadriplegic, amongst others. The centre provides them with the right assistance they need through specialised social works and doctors depending on their disabilities.

Role of the intern

During your internship at the centre, you will be able to assist the local professionals in their daily activities as they help the children go through their days. This includes assisting showering them, taking them on walks, preparing their meals, feeding them, entertaining them with crafts or outdoor activities or other workshops. You will always be with a competent professional and will, therefore, have the opportunity to learn about the field and get first-hand experience in what it's like to be a social worker in a developing country.

Skills required

No specific skills or experience are required. However, the intern should be positive, enthusiastic, patient and respectful. Interns are also asked to be prepared psychologically to work with children suffering various disabilities as it can be a very emotional placement.

Why choose this project

- ✓ Help and contribute in a positive way to children having difficulties doing what others do due to their disabilities.
- ✓ Exposed to what it is like for the local therapists to operate in a developing country.
- ✓ Learn about Moroccan's culture and develop your professional network as well as your circle of friends.

Project location

Your placement will be located in the administrative capital of Morocco. Rabat blends modern and traditional architectures in a very amortised way. You will have the chance to discover Moroccan's specialty foods, traditions, and artifacts including finest leathers, spices, and customized wooden doors with its Arabo-Muslim influences. Your accommodation will be in a renovated Riad in the middle of Rabat's medina. Rabat offers many hidden gems to explore during your time off. If you desire to be immersed a little more in Moroccan culture and wish to stay with a local host family, please speak to your placement advisor as this could be an option as well. You will have the time discover its maze-like streets, beautiful hidden mosaic fountains, markets and food streets. Rabat also offers many points of interest like the Kasbah des Oudaias palace, Hassan Tower. We recommend that you take in the beauty of the old architecture and the craftsmanship that has gone into it. Rabat is also a great location to plan day trips or weekend trips to the Sahara Desert, Casablanca, Fes, Marrakech and many other local spots.

Project facts

Duration: 4+ weeks
Requirements: age 18+
Location: Rabat, Morocco
Working hours: varies
Project availability: All year round.
RECRUITING FOR SPRING 2021
Arrival day: Saturday

What's included

Accommodation: Shared bedroom in a volunteer house. Option for a host family if you speak to your placement advisor.
Meals: 2 per day
Airport pick up: Scheduled airport pick up and drop off from Rabat - Salé Airport
Training: Pre-departure information pack, learning reflection guide, on-site orientation, and project induction provided
Support: 24-hour support from on-site coordinator
Assistance with planning your weekend excursions from local staff
Certificate on completion of your internship placement diary and presentation to the local team

What's not

Flights
Insurance
Visas
Daily transfers to and from the project - walkable or 10 moroccan dirham return
1 meal a day (lunch) and weekend meals
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

The project

During your placement, you will be placed in a maternity ward or children's hospital. Depending on your interest and background, you will be able to observe the medical staff as they perform routine checks, prenatal checks, births and postnatal related care to the mothers and infants. If you are placed in the children's hospital, you will be shadowing the local medical staff while they deal with emergencies related to children. The children's hospital performs examinations, x-rays, surgeries depending on the nature of the issue. The project aims at providing essential maternity and children's care with the help of volunteer labour in busy under-resourced Moroccan hospitals. Indeed, Moroccan healthcare lacks funding making it hard for people to have equality of access to health care. The placement will provide you with an invaluable experience, local insights on the medical field and an opportunity for many inter-cultural exchanges with the local medical staff. This is also a great placement for those specializing in Midwifery.

Role of the intern

You will have the opportunity to shadow local medical personnel and observe their work. Internships are available within local hospitals and relate to children's and women's health. Your internship will be arranged based on your skills and experience. You will be supervised by the hospital staff at all times and will provide assistance and support as needed. Although this is not a hands-on position, you will learn a great deal from the experience of working in a limited resources country. Depending on your experience and the relationship you build with the local staff, you may be asked to be more hands-on as long as you are ready and competent. This placement would be perfect for students or recent graduates in the areas of midwifery, nursing or paediatrics.

Skills required

Students with a background in medicine, midwifery and nursing are eligible for this internship. Commitment to the placement is essential to build a close relationship with the local staff. Some knowledge of French can be helpful but not necessary as most of the medical staff speak English. Obviously, if you speak some Arabic and/or French, you will get the most out of your placement, but neither are a requirement.

Why choose this project

- ✓ Experience the medical field in a limited resource country in the MENA region if you are studying or recently graduated in the fields of medicine, midwifery and nursing.
- ✓ Meet local medical professional, observe their work and practices, learn about the medical Moroccan system and understand the way they practice medical care in an Arab country.
- ✓ Get the opportunity to add on Arabic or French classes at an additional cost to improve your language skills.

Project location

Your placement will be located in or around Rabat. Rabat is the administrative capital of Morocco. It blends modern and traditional architectures in a very amortised way. You will have the chance to discover Moroccan's finest leathers, spices, street foods and architecture with its Arabo-Muslim influences. Your accommodation will be in the middle of the Medina, which will become your second home as you learn to navigate through the maze-like streets. You will be living in a traditional Riad amongst others interns and volunteers. If you desire to be immersed a little more in Moroccan culture and wish to stay with a local host family, please speak to your placement advisor as this could be an option as well. Rabat has many treasures for you to explore during your downtime including the medina, and the street of the Consul, the Kasbah des Oudaïas palace and Hassan Tower. During your weekends, you may want to explore other Moroccan destination at low cost including the Sahara Desert, Casablanca, Fes and Marrakech.

Project facts

Duration: 4+ weeks
Requirements: age 18+
Location: Rabat, Morocco
Working hours: 9 am - 4 pm
Project availability: All year round, except during Ramadan. RECRUITING FOR SPRING 2021
Arrival day: Saturday

What's included

Accommodation: Shared bedroom in a volunteer house. Option for a host family if you speak to your placement advisor.
Meals: 2 per day
Airport pick up: Scheduled airport pick up and drop off from Rabat - Salé Airport
Training: Pre-departure information pack, learning reflection guide, on-site orientation, and project induction provided
Support: 24-hour support from on-site coordinator
Assistance with planning your weekend excursions from local staff
Certificate on completion of your internship placement diary and presentation to the local team

What's not

Flights
Insurance
Visas
Daily transfers to and from the project - walkable or 10 moroccan dirham return
1 meal a day (lunch) and weekend meals
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Equine Therapy for Disabled Children in Cape Town

SOUTH AFRICA

The project

Volunteer abroad on our specialised project and help to provide equine therapy for disabled children in Cape Town. This incredibly unique and highly sought after project, works to aid children with very little mobility by giving them the chance to experience freedom in their limbs through horseback riding. With the assistance of volunteers and trained instructors, disabled children can have access to free therapy sessions, helping them to develop their motor skills while increasing their confidence and strength. Attendees of the free sessions include children from a variety of disadvantaged backgrounds and the safety and beauty of the projects location provide a real impetus for not only the children's attendance, but also for their overall wellbeing. This is a fantastic opportunity for children also to get close to horses, which have proven to be of great benefit to children with special needs. What a great project to join to combine your love of horses while supporting vulnerable children in the community.

Role of the volunteer

As a volunteer you will be paramount to the growing confidence of a number of disabled children by helping them to actively ride and experience the mobility sensations for themselves. Volunteers are needed to help assist with horse riding classes and are a really valued support. In some cases, 2 volunteers are needed per horse and rider as they need support while mounting, dismounting and riding. There are currently 15 working horses on site which are all carefully selected for their temperament, health and fitness and intensive training is required for each horse before they are ready to be ridden. These elements are all required if this project is to succeed in providing specialised therapy and to be successful at that. In many cases, this will be a child's first uninterrupted or unaffected relationship that they may have experienced in their life so the rider-horse relationship is incredibly important. Aside from riding duties, you will also need to help in the care and grooming of horses, stables and the surrounding areas. This project can be physically strenuous - you must be ready to work hard and for those who do, you will be incredibly rewarded at the end.

Skills required

The ability to ride a horse will be an advantage, however, you will be adequately trained upon arrival to the project. As mentioned above, there is a lot of physical work involved so volunteers do need to be physically fit. Committed volunteers are expected as this is a competitive project with few spaces and long hours, so hard working volunteers are desirable. Aside from this, volunteers should have a love for children and patience with disabilities. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Help disabled children to actively ride and experience the mobility sensations for themselves.
- ✓ Add to the success of this initiative while learning about a wonderful and creative form of therapy in a very beautiful setting.
- ✓ Benefit from the communication and friendships you will develop as the community involvement and co-operation on a wider scale is a very distinctive element of this particular project.

Project location

Cape Town is considered amongst the most beautiful cities in the world, with its crystal blue waters resting under the shadow of the magnificent Table Mountain, with the city wrapped around its base. Our Equine Therapy placement is based south of the city in the beautiful Constantia Valley, where it has been stationed since 1983. The Constantia Valley boasts a vibrant array of hills, forests, vineyards and stately historical homes, all just outside of the city centre. Volunteers stay either on-site in a cosy log cabin, or at a nearby homestay, with regular city nights-out organised with volunteers on other city community projects included.

Project facts

Duration: 2 - 26 weeks
Requirements: Age 18+
Location: Cape Town, South Africa
Working hours: Monday to Friday 08.00-12.30 and 14.00-18.00
Project availability: Project closed during schools holidays: During this time, volunteers can get involved in care for the horses and PR support with sponsorship and admin activities however there will be no hands on equine therapy.
RECRUITING FOR 2022
Arrival day: Thursday

What's included

Accommodation: Basic shared cabin on location
Food: Self catered - food budget given to volunteers on a weekly basis
Airport Pick up and drop off from Cape Town Airport
Training: Pre-departure pack, Learning Reflection Manual, 3-night Cape Town orientation and project induction provided
Support: 24-hour support
Monthly social for all volunteers to get together
Excursions: Staff on site can help to arrange extra excursions for your weekends (at extra cost to you)
SIM Card
Cape Peninsula tour

What's not

Flights
Insurance
Visas
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Support the Recovery of Children in a South African Hospital

SOUTH AFRICA

The project

Volunteer abroad in South Africa and get to the heart of the local community through assisting local medical staff and carers by offering support to this busy children's hospital. The hospital is a national asset and handles the worst cases of disease and chronic illness in children under 12 years of age. Focus areas include renal and liver transplants, specialized burn care, neurosurgery, cancer treatment, intensive care, HIV/Aids research, TB, rehydration and coordination, and management in the care of chronic disorders. There is a non-profit organisation based at the Children's Hospital, which needs assistance. They've been in existence since 1978 and their purpose is to accelerate and maintain the recovery of patients (the children) by providing resources, education and support.

Role of the volunteer

As a volunteer there are many activities that you may be asked to help with:

- Teach and encourage the children through play-based activities.
- Assist with the implementation of health and safety standards by sterilising toys daily.
- Assist with feeding the children.
- Help with the preparation of activities and resources.
- Assist with art projects, teaching basic maths, the alphabet, the time, general English and computer skills.
- Assist with organising the linen room and storage spaces including labelling and sorting contents when needed.
- Assist with preparation of meals in the kitchen.
- Assist with administrative tasks and fundraising shop.

Skills required

You must love children and be comfortable interacting with them as you will be working closely with sick small children. Being able to use your own initiative and be willing to work as part of a multicultural team are important as you will be working in a very busy health care environment. The project is perfect for those with no medical training who want to work with children in a medical / care environment. You will not be treating children on this placement. You will be asked to send your CV/resume as well as 2 character references before being accepted onto this project. Also, please note that this project can be emotionally draining. It is important that you are aware of this before applying for this project.

Why choose this project

- ✔ Contribute to make the hospital experience less traumatic for patients and their families by providing emotional support as well as practical assistance.
- ✔ Provide a new face to entertain and assist the children and be an invaluable asset by assisting with mealtimes, providing childcare and playing in the hospital school.
- ✔ Help create a warm and happy environment where kids can be kids and not patients as volunteers help patients express their playfulness, an important part of a child's emotional and social development despite their difficult environment.

Project location

Cape Town is one of the most beautiful cities in the world. It is set against crystal blue waters below the magnificent Table Mountain, with the city wrapped around its base. Cape Town has amazing white sandy beaches attract sunbathers and its waves sports enthusiasts, especially surfers. In your spare time, visit the cape peninsula where penguins dive around bathers at the beach, a sight not to be missed. The more adventurous take a trip to see the infamous Great White Shark. If you want to venture further afield why not head to a vineyard to sample some of South Africa's famous wines.

Project facts

Duration: 2 weeks +
Requirements: age 18+
Location: Cape Town, South Africa
Working hours: 07:45-16:30, Monday - Friday
Project availability: Project starts 1st Monday of every month, year round. RECRUITING FOR 2022
Arrival day: Thursday

What's included

Accommodation: Shared room in a volunteer house.
Food: 2 meals per day-Breakfast and dinner. Monday to Friday
Weekly laundry service
Airport pick up and drop off from Cape Town Airport
Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, 3 day onsite orientation and project induction provided
Volunteer social event
Support: 24-hour support from on-site coordinator
Activities: Staff can help organise extra weekend activities (at extra cost). Trips include: Robben Island, Penguins at Boulder's Beach and shark diving.

What's not

Flights
Insurance
Visas
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.
Transfer to and from your project.

Community Health and Home Based Care Volunteering in South Africa

SOUTH AFRICA

The project

Bring your enthusiasm and help the community health and home-based care volunteering in South Africa. This grassroot project helps bring support to the most vulnerables where HIV prevalence rates are 45%, where many elderly ladies (Gogos) live on their own and nutrition levels are low. Access with getting to clinics, picking up medicines, provision of nutritional supplements, and home visits to address wounds, take vitals and give counselling is invaluable. A large clinic staffed by resident senior nurses, pharmacists and doctors has visits from specialists each month in fields of dentistry, physiotherapy and speech therapy. Volunteer in St Lucia and learn how project cooperation with local healthcare supports those in need.

Role of the volunteer

As a volunteer on this project, you will be asked to help in a number of areas:

- Home-Based Care visits - where you may listen to patients stories and support the lead healthcare worker with taking patient information.
- Home assistance - practical support such as cleaning the home, maintaining small gardens or assisting with home repairs.
- Nutrition awareness - delivering food parcels and nutrition supplements to communities.
- Basic tasks at clinics - taking blood pressure, directing patients to the appropriate departments.
- Assisting with community support groups.
- HIV education focusing on cause, prevention and living positively with HIV.

Trained medical staff may work with the local healthcare staff, sharing approaches and activities.

Skills required

Volunteers with or without medical experience are welcome to work alongside local staff focusing on health promotion activities or taking patients details. If you are studying or considering a career in medicine, nursing, physiotherapy or community healthcare, you can shadow local healthcare workers, offer a helping hand in the community and assist with healthcare education sessions. Doctors, nurses and midwives will not be allowed to treat patients in line with South African law but while learning a great deal about the challenges to healthcare in South Africa, you can assume a capacity building role sharing ideas and skills with local staff. All volunteers will need to be adaptable and ready to pitch in where necessary and anyone wishing to join the home-based care visits will need to be sensitive but resilient as this can be tough at times. You will be asked to send your CV/resume and attend a telephone interview as part of the placement process for this project to ensure it is a good match for your skills and interests.

Why choose this project

- ✔ Offer empathy and spend a little time with someone who wants to talk, offer practical support in patients homes or assist the local healthcare worker by taking patient details as they treat the patient in their home.
- ✔ Help the local clinic by having volunteers greet patients and participating in routine activities enabling the local nurses to focus on diagnosis and treatment.
- ✔ Gain an incredible insight into the challenges faced by resource-poor rural communities as well as develop your communication skills.

Project location

St Lucia is a charming waterfront town on the east coast of South Africa, next to Isimangoliso Wetlands Reserve which is home to some of South Africa's amazing wildlife from leopards to zebras and more. The town has a laid-back atmosphere and is a good place to visit year round with restaurants, bars and cafes in the town. It is not unusual to see hippos in the streets - view them from afar! The volunteer house with its poolside braai is 5 minutes from town. A crocodile farm, beach, horse riding centre and safaris are on offer so there is always plenty to do at weekends.

Project facts

Duration: 2-12 weeks

Requirements: Age 18+

Location: St Lucia, South Africa

Project activities: Deliver food parcels and supplements, assist with HIV awareness sessions, greet patients and record patients at clinics, attend home-based care visits, gardening and refurbishment activities

Working hours: 08:30 – 16.30 but schedule may vary, Monday – Friday

Project availability: Projects start every 2nd Sunday. Please contact a Kaya advisor for more information. Project closes early December for the Christmas period. RECRUITING FOR 2022

Arrival day: Sunday

What's included

Accommodation: Shared room in a volunteer house; swimming pool, BBQ area in beautiful grounds and lounge.

Food: 3 meals a day excluding Saturday evening and Sunday lunchtime.

Weekly laundry service for a small fee

Pick up and drop off from Durban International Airport

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Daily transfers to and from your project.

Support: On-site coordinator providing 24-hour support

Activities: Staff help organise weekend activities. (Activity price will be extra)

What's not

Flights

Insurance

Visas

Departures outside of the standard 2 weekly dates will cost £60 / \$105

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Nursing and Medical Internship in South Africa

SOUTH AFRICA

Project Summary

The Nursing and Medical Internship in South Africa is taking place in either clinics or hospitals around Cape Town, South Africa, depending on your field of interest. The internship can accommodate students specializing in dentistry, paediatrics, epidemiology, nursing amongst others.

South Africa is equipped with both government-run public clinics and hospitals as well as private practices. The public venues are chronically underfunded and understaffed. The main issue in South Africa healthcare is that the population face multiple burdens of disease, including HIV/AIDS, Tuberculosis, high maternal and child mortality, high levels of injuries and non-communicable diseases. Through this nursing and medical internship, you will become familiar with the social and healthcare issues the country is facing while working in either a public (medical) or private (nursing) healthcare setting in Cape Town.

Whether you are considering a career in nursing, medicine, dentistry, paediatrics, epidemiology, global health or hospital administration, this nursing and medical internship in South Africa is the right internship for you.

Role of the Intern

As a nursing and medical intern, you will spend time in Cape Town shadowing and working alongside qualified professionals eager to share with you their wealth of knowledge. Tasks will vary depending on the needs at the time of your placement and your personal interest and qualifications in healthcare. As an intern, you will shadow and intern with professionals from your chosen field. You will gain perspective on the South African's challenges and inequalities as well as how to be a healthcare professional in a developing economy. You will get insights on things like bedside manner, professional-patient relationship, medical advice and an overview of the running and operations of a clinic or public hospital in a developing country. Internships can be tailored according to your studies and interests including pediatrics, maternity, infectious disease, paediatrics, ortho, dentistry, trauma, amongst others. You may also be interested in joining other departments such as administration, fundraising or marketing or conducting a bespoke research. Please speak to your placement advisor to discuss what can be arranged.

Why Choose this project?

- ✓ Learn about the South African healthcare system
- ✓ Gain first-hand experience working side-by-side with qualified healthcare professionals.
- ✓ Get exposure to a variety of healthcare issues in a developing country, providing you with a wealth of knowledge and training to help you advance in your own medical career.

Requirements

The Hospital and Healthcare Internship in South Africa requires a reasonable level of emotional strength and open-mindedness. Many of the patients are in very vulnerable situation and suffering from various health issues that requires a certain level of maturity from the interns. A self-starter and pro-active attitude is essential to success in this placement. Finally, you must be passionate about healthcare and promoting equity health for everyone while being adaptable enough to live in a developing African country. All applicants will be asked to share a resume and go through an interview before being accepted on the placement.

Project location

Cape Town, The Mother City, is well known for its iconic Table Mountain, beautiful beaches and stunning vineyards. The city has a lot to offer from sampling great goods, experiencing vibrant markets to a lot of cultural and historical activities.

Interns live in a single room sharing communal areas with other interns. The accommodation is located nearby cafes and amazing restaurants and offers a central lounge to socialize with fellow students studying at University of Cape Town.

During your time off, you may want to enjoy some scenic drives around the city, go spot some marine life or do the famous Garden Route!

Project facts

Duration: 4-12 weeks

Requirements: 18+

Location: Cape Town, South Africa

Working hours: Mondays through Fridays, 30 hours a week

Project availability: Weekly year-round.
RECRUITING FOR EARLY SPRING 2021

Arrival day: Sunday

What's included

Accommodation: single room sharing communal areas

Food: no meals included

Airport: pick-up and drop-off from/to Cape Town International Airport

Training: fundraising guide, pre-departure information pack, learning reflection guide, on-site orientation, and project induction provided

Support: 24-hour support from local team

Excursion Planning: assistance with planning your weekend excursions from local staff (activity prices may be extra)

Certificate on completion of your internship placement diary and presentation to the local team

Supervision from qualified professional

What's not

Flights

Insurance

Visas

No transport to/from project

Food: no meals included

Laundry

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

Social Work and Youth Internship in South Africa

Project Summary

The Social Work Internship in South Africa takes place in different social work settings in a local community township. The underdeveloped township faces many challenges such as extreme rates of unemployment, poverty and food scarcity. Some of the work settings include children's home, clinics, NGOs, Women's health clinics for victims of abuse, homes for chronically ill children and welfare projects.

All projects are dealing with individuals that are suffering from their past, and all aim to nurse the patients back to good mental and physical health.

As a social worker intern, you will shadow and learn from the professional social work team. Much of the work will be determined by the needs of the project at the time of your placement, as well as measuring and identifying key activities that contribute to the patients' development needs.

Why Choose this project?

- ✓ Work alongside South African professional social workers and gain practical experience and insight that can support your future career.
- ✓ Be exposed to social issues that affect patients' welfare in an African context, including drugs, alcohol abuse, health issue of HIV and TB, as well as teenage pregnancy
- ✓ Understand the process of psychological healing and the support required behind the scenes to ensure the individuals' safety and development.

Requirements

In order to participate in the social work internship in South Africa, you will be asked to go through an interview process to determine your eligibility. Experience in social sciences is a plus, since it would allow you to take a more active role, but it is not essential. Willingness to learn, empathy, humility, dedication, patience and passion to help others is a must.

Role of the Intern

During your social work internship in South Africa, you will get the chance to assist South African social professionals with patients assessments, group therapy, home evaluations, support service for those with HIV/AIDS and victims of abuse, charting patient write-ups, amongst other things. You will observe the setup of individuals' development plans in the care of the current staff and social workers. Also, as a social worker intern, you will be able to observe during meetings with the caregivers, doctors and possible family members. Finally, you may also be asked to present your findings, ideas, suggestions and research to the local team. Overall, you will provide an extra pair of hands for the social workers, reducing their workload and making their jobs more effective.

Project location

Cape Town is well-known for its table mountain view, vibey bars, cafes, amazing restaurants and of course best surfing beaches! Cape Town has a lot to offer depending on your interests, from beautiful beaches, stunning mountains, diverse regions and a vibrant restaurant scene.

Interns live in a private room furnished and equipped in a shared house, in the neighbourhood of Observatory. Cape Town has a lot to offer depending on your interests from surfing to food tasting.

Project facts

Duration: 4-12 weeks

Requirements: 18+

Location: Cape Town, South Africa

Working hours: Mondays through Fridays, 30 hours a week

Project availability: Weekly, year-round.
RECRUITING FOR EARLY SPRING 2021

Arrival day: Sunday

What's included

Accommodation: private room furnished and equipped in a local student-house

Food: no meals included

Airport: pick-up and drop-off from/to Cape Town International Airport

Training: fundraising guide, pre-departure information pack, learning reflection guide, on-site orientation, and project induction provided

Support: 24-hour support from local team

Excursion Planning: assistance with planning your weekend excursions from local staff (activity prices may be extra)

Certificate on completion of your internship placement diary and presentation to the local team

Supervision from qualified professional

What's not

Flights

Insurance

Visas

No transport to/from project

Food: no meals included

Laundry

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

Public Healthcare Internship in South Africa

Project Summary

The Public Healthcare Internship in South Africa is facilitated by a Public Health Program Manager, specialized in infectious disease. During the internship, you will be placed in a variety of local organizations that work in public health settings, most of which treating populations from extremely underprivileged communities and affected by communicable and non-communicable diseases.

There are many South African NGOs working towards eliminating health disparities and co-morbidities of HIV/AIDS and TB as well as COVID-19, making Cape Town the ideal place for a public health internship.

During your public health internship in South Africa, you will be exposed to the challenges faced by health institutions, NGOs, and the people around Cape Town.

Role of the Intern

As a public health intern, you will spend time with your internship manager to determine your specific internship objectives and projects. You have the opportunity to focus on what your interest is and make a plan to develop practical skills you have learned during your university work. So the tasks will vary depending on your personal interest in healthcare.

As an intern, you may be involved with administrative duties, monitoring and evaluating infectious diseases cases in townships, doing university work and assisting with lectures and working with medical healthcare students.

The internship will teach you about the diverse approaches to health care services and the difference between Western standards and South African methods. You will learn about project management, grant writing for funding of future projects, data analysis and might even be involved with training and workshop content building and delivering.

Why Choose this project?

- ✓ Learn about the South African public healthcare system
- ✓ Gain first-hand experience working side-by-side with qualified public healthcare professionals.
- ✓ Get exposure to a variety of healthcare issues in a developing country, providing you with a wealth of knowledge and training to help you advance in your own medical career.

Requirements

The Public Healthcare Internship in South Africa requires a reasonable level of self-motivation, open-mindedness and motivation. Many of the South African are underserved when it comes to health, and suffer from various health issues that require a certain level of maturity from the interns. A self-starter and pro-active attitude is essential to success in this placement.

Finally, you must be passionate about healthcare and promoting equity health for everyone while being adaptable enough to live in a developing African country. All applicants will be asked to share a resume and go through an interview before being accepted on the placement.

Project location

Cape Town, The Mother City, is well known for its iconic Table Mountain, beautiful beaches and stunning vineyards. The city has a lot to offer from sampling great goods, experiencing vibrant markets to a lot of cultural and historical activities.

Interns live in a single bedroom in a shared house with communal space. The accommodation is in a vibrant neighborhood right outside the city center known as Obz to the locals (=Observatory). It is located nearby cafes and amazing restaurants and offers a central lounge to socialize with fellow interns as well as an increasing number of students studying at the University of Cape Town. The neighborhood is also known for the many artsy thrift shops, bookshops and galleries.

During your time off, you may want to enjoy some scenic drives around the city, go spot some marine life or do the famous Garden Route. Cape Town itself has a lot to offer including hiking, surfing, cycling, kayaking, visiting museums or simply going to the beach for a relaxing time.

Project facts

Duration: 4-12 weeks

Requirements: 18+

Location: Cape Town, South Africa

Working hours: Monday through Friday, 30 hours a week

Project availability: Every week year-round. RECRUITING FOR EARLY SPRING 2021

Arrival day: Sunday

What's included

Accommodation: shared same-gender room in a volunteer house

Food: single room in a house with communal space

Airport: pick-up and drop-off from/to Cape Town International Airport

Training: fundraising guide, pre-departure information pack, learning reflection guide, on-site orientation, and project induction provided

Support: 24-hour support from local team

Excursion Planning: assistance with planning your weekend excursions from local staff (activity prices may be extra)

Certificate on completion of your internship placement diary and presentation to the local team

Supervision from qualified professional

What's not

Flights

No transport to/from projects

Insurance

Visas

Food: no meals included

Laundry

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

Occupational Therapy in South Africa

SOUTH AFRICA

The project

Occupational Therapy in South Africa is a significantly growing field as in other parts of the world. Locally, the project is run within different types of setting in Cape Town which aims to support children and elders including hospitals, rehabilitative settings, special-needs schools, NGOs, and geriatric centers.

Depending on your background and interest, you may choose between rehabilitative occupational therapy, pediatric occupational therapy, mental health occupational therapy or geriatric occupational therapy.

During the occupational therapy internships, you may be involved in 1:1 sessions, integrated health group sessions, experiencing staff meetings, being involved with the assessments of patients, contributing to problem-solving sessions, assisting in individualized intervention programs, amongst many others. This will depend on your background, level of studies as well as the need of the projects at the time of your placement.

Occupational therapy internships can be a great way to learn about the healthcare system and key limitations in the African context. Through a South African internship, participants can gain daily exposure to health issues that affect children and adults health.

Role of the intern

As an occupational therapy intern, you will have the opportunity to work alongside qualified therapists and teachers and observe how they go about their duties while helping them assess patients and offer guidance on how they may improve their daily life. In some instances, you might be able to be involved with a full team of therapists made up of physiotherapists, speech therapists and occupational therapists as some of the students have physical disabilities. The therapists' team will help the teachers set goals and implement different therapeutic practices in the classroom.

As an intern on an occupational therapy placement abroad, you will be under the supervision of a local occupational therapist who will guide you and play the role of a mentor. As an Occupational Therapy in South Africa intern, you will also be asked to deliver workshops and pieces of training for the community members to ensure the well-being of the collectivity.

Skills required

Experience in healthcare is a plus since it would allow you to take a more active role. Students with previous experience working and studying physiology, anatomy, developmental psychology or other experiences in rehabilitative centers would be great assets for this placement! Other soft skills like willingness to learn, dedication, patience and passion to help children and the elderly is a must. As you will be living and working in a different country than your own, you will need to be adaptable, flexible and somewhat outgoing. Also, note that because resources are already scarce, a good command of the English language is a must.

Why choose this project

- ✓ Work alongside professional South African occupational therapists and gain practical experience and insight that can support your future career.
- ✓ Bring meaning to the lives of individuals and having a positive effect on their health and well-being during your time with them.
- ✓ Advance your leadership and interpersonal communication skills in a multicultural environment

Project location

Cape Town is a great place to be based when visiting South Africa. The city has a lot to offer despite being separated by a barrier of mountains. The unique climate will offer a range of activities, and you surely do not want to miss on taking a ride up Table Mountain Aerial Cableway to put the city and ocean views into perspective. You will be staying in a single room sharing communal areas with other interns, just 6 kilometers outside of Cape Town City Center. The area is well-known and home to many locals and foreign nations, many of them studying at the University of Cape Town. The suburb is known as Observatory ("Obz" for the locals). It is a multi-racial and cosmopolitan community with many bookshops, artsy thrift shops, galleries and lots of cafés and restaurants to choose from. The area is full of vibey bars, cafés and amazing restaurants. Cape Town being a renowned destination and home to the iconic Table Mountain, you will have plenty to do in your free time. From beautiful beaches, stunning vineyards, beautiful scenic drives to markets and the famous Garden Route, you are sure to enjoy your time in South Africa while doing your placement abroad. This is also a perfect place to experience windsurfing, hiking, kayaking and many other watersports.

Project facts

Duration: 4-12 weeks

Requirements: Age minimum 18+

Location: Cape Town, South Africa

Working Hours: 30 hours per week, 4 days per week

Project Availability: Weekly year-round.

RECRUITING FOR EARLY SPRING 2021

Arrival day: Sunday

What's included

Accommodation: Private Room

Furnished and Equipped with Communal Areas

Airport: pickup and dropoff from/to Cape Town International Airport

Workshops & Activities hosted by field experts

Training: pre-departure information pack, on-site orientation and project induction, fundraising guide

Support: 24-hour support

Excursion Planning: staff helps organise weekend activities (activity prices may be extra)

What's not

Flights

Meals Not Included

No transport to/from projects

Insurance

Visas

No meals included

Laundry

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

The project

Develop and share your knowledge and studies in healthy eating, cooking methods and the impact of diet on childhood development and growth by joining this nutrition internship in Swaziland. The project supports local vulnerable children and low income communities with growing their own produce and eating healthily at community pre-schools. The project researches the impact a nutritious diet can make to lives and communicates this to members of the local community through a range of activities. Working under the guidance of the director of a local organisation the internship will offer you an incredible opportunity to learn about the challenges facing poorer communities, how different cultures view food, and the approaches undertaken to educate and overcome these. Interns are already looking at land use and recording child heights and weights to be used in monitoring the impact of the programme. You will be able to contribute your time and help to develop the scope of the project while gaining experience in nutrition with low income families to support your studies or career.

The Internship

During this internship you will learn about Swazi foods, culture and cooking methods and how they impact on the meals that are served, the development of children and attitudes to food. You may be involved in the following activities:

- Researching produce to grow in gardens for sustainability and to meet nutritional needs
- Designing monitoring and evaluations methods to assess the impact of nutrition on health, education and well-being of orphans and vulnerable children
- Designing training programs, workshops and materials on nutrition and health
- Participating in advocacy activities for nutrition and different food types and ingredients

You will be asked to attend a weekly meeting to review your progress and at the end of your placement you will share your learning with the local team through a presentation.

Why choose this project

- ✓ Share your existing knowledge about food, diet and development with the project staff and communities to develop local capacity.
- ✓ Assist the overstretched staff to develop materials that can be used long after you have returned home.
- ✓ Gain an insight into the challenges facing poorer communities and those who are suffering from HIV.

Skills and Experience required

Interns should be studying nutrition or a health related topic or be a professional in the fields of nursing, health promotion or health, or alternatively a dietitian. You should be comfortable working closely with local staff developing the programme, and contributing your ideas and experience to help staff and community members. You will be supported during your placement by a local professional but you will be expected to drive forward your activities and become actively involved in all aspects of your internship. Please bring a laptop to work on training materials, research and your final presentation. You will be asked to submit a full CV/resume and a letter of motivation plus any evidence with your application. You will attend a telephone interview to discuss your expectations and suitability for this internship.

Project location

Interns are based in the Ezulwini Valley in Swaziland In Swaziland spend evenings hanging out listening to the wildlife, or head out for dinner or to the local cinema. On weekends why not join a safari, visit a hot spring or hike up one of the local mountains. There are markets to visit, a nature reserve and a cultural village where you can gain an insight into Swazi local life. Visits to the beaches of Mozambique or a safari in Kruger national park are also possible from Swaziland. Swaziland and its neighbours have plenty to entertain and adding an extra week for travel before or after your internship should definitely be considered.

Project facts

Duration: 4 – 12 weeks

Requirements: age 18+

Location: Ezulwini Valley in Swaziland

Working hours: 7.30 – 17.00

Project availability: All year round, except 2 weeks at Christmas. RECRUITING FOR SUMMER 2021

Arrival day: 1st Monday of the month

What's included

Accommodation: Dorm accommodation in a house with 4-8 others, communal areas, kitchen, and swimming pool.

Meals: 3 meals per day

Airport pick up: Scheduled airport pickup and drop off from Cape Town International Airport for South Africa or OR Tambo airport in Johannesburg for Swaziland placements

Training: Pre-departure information pack, on-site orientation, cultural tour and project induction provided

Wifi

Assistance with planning your weekend excursions from local staff

Support: 24-hour support

Certificate on completion of your internship placement diary and presentation to the local team

What's not

Flights
Insurance
Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Daily transfers to and from the project

Community Health and Hygiene Education Internship in Uganda

UGANDA

The project

The Community Health Education Internship in Uganda addresses local public health challenges, which especially affect school-aged children.

In Uganda, hygiene and sanitation is of critical concern. Many children and families lack knowledge of basic hygiene including hand-washing, water and sanitation, and menstrual hygiene for young women.

Low water quality and poor sanitation are at the root of widespread disease. And due to inadequate management of and discussion surrounding menstruation, many young girls do not complete their schooling. Both of these factors contribute to the ongoing cycle of poverty. A lack of education around health and hygiene has far-reaching consequences, including the exposure of children to serious health hazards from contaminated food and water. This can lead to typhoid, diarrheal disease outbreaks, and eventually dehydration and starvation.

Role of the Intern

As a Health and Hygiene Intern, you will listen to and gather input from teachers and other community stakeholders about local health issues that affect the community. To help create a sustainable and effective strategy for tackling hygiene education, you will develop interactive methods that will lead to behavioral change.

The role takes part within a bigger team responsible for promoting good health practices. Through a variety of public health intervention projects, the project works predominantly with young children and campaigns within the community.

As an intern in Uganda you will be making a positive contribution towards proactively planning, implementing and evaluating health campaigns. The internship experience will help you to build your career, whilst having a lasting impact on the people in the community of your placement.

Skills required

Health sciences, sociology, medicine, biology, nursing, public health or similar related fields are able to apply to this Community Health and Hygiene Education Internship project Uganda. An interest in health and sanitation, and a background in education or training are highly desirable.

You will be required to submit a CV/ resume and will be vetted via a phone interview. Any professionals from the above fields wishing to contribute to this Community Health and Hygiene Education project are also welcome to apply on a **volunteer** basis (speak to a Kaya advisor for more information).

A good level of spoken English is essential for this placement.

Why choose this project

Learn about the hygiene and sanitation situation in Uganda, and the challenges the local communities encounter in addressing these challenges.

Contribute to Global health and Sustainable Development goals by providing an extra pair of hands on local projects.

Gain invaluable experience of real sustainable public health interventions, while making friends and creating cultural connections.

Project location

The local community organization you will work with are located in Jinja Town. The organization's operational areas include rural communities in and around the Jinja District.

Jinja is the second largest town and commercial center in Uganda, with around 90,000 people. It has a major rail connection to Kenya and the Indian Ocean, and is famous as the historic source of the Nile River. Jinja is now the adrenaline capital of East Africa, with many tourist activities including white-water rafting, kayaking and quad biking, all set in a stunning natural setting with charming colonial architecture.

Project facts

Duration: 3-8 weeks

Requirements: 18+

Location: Jinja, Uganda

Working hours: 5-6 hours a day

Project availability: January through November. RECRUITING FOR 2022

Arrival day: Last Saturday of the month, except for December

What's included

Accommodation: Host family

Meals: 3 meals a day

Airport: scheduled pickup and dropoff from Entebbe International Airport in Uganda

On the ground transportation: to/from projects included

Access to personal online Kaya

Community account including:

- Pre-departure information pack
- Fundraising Guide
- How to Manage your Money Abroad
- Learning Reflection Guide
- Healthcare Ethics and Culture Documents

On the ground training: cultural and safety orientation and project induction

Internship support:

- Certificate upon completion of your internship presentation
- Supervision from qualified professional

Support: 24-hour support including emergency contact numbers from local team

Excursion Planning assistance from local staff (activity prices may be extra)

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies). All other nationalities must provide local police check.

Routine or country specific vaccination if applicable

The project

Quality healthcare in Zambia often depends on locations, educations, gender and income. The disparities to quality healthcare are often anchored from generation to generation as the norm. Zambia is classified as a lower middle-income country with its gender inequality index ranking very low. Zambia's health sector is facing many challenges such as a shortage of trained staff and an increased workload with the HIV epidemic. Family planning services, education for girls and women unemployment are amongst the reasons of Zambia's high fertility rate.

The internship was designed to assist in the different steps being taken to improve public health locally. This includes promoting healthy lifestyles, implementing educational programs, conducting research on healthcare disparities, promoting healthcare equity, quality and accessibility, building information package, breaking boundaries with mental health, looking at gender and age issues, amongst others.

Role of the volunteer

The internship is clearly divided up in 4 weeks of learning where you will:

- Week 1 - be provided with the foundation needed to hit the ground running, by learning about the context, partaking in knowledge-sharing and be introduced to the local clinic, and receiving training in data-capture and analysis.
- Week 2 - be taught how to run workshops effectively while gaining an understanding of the community and its challenges. You will be supported by the team on real practical service work and be given some time to reflect on your progress.
- Week 3 - be growing your knowledge and confidence, as well as get exposure to various influential people in the field locally.
- Week 4 - be given the opportunity to fly "solo" by doing research, ensuring the delivery of workshops, sit on a variety of talks within the community and work in the home-based care system.

Skills required

Working knowledge of computers is essential including some experience with word and excel. Fluent level of English is also necessary as you will be working in the public health field. You do not need to be native, but have a good command of the language with the ability to read, speak, write and understand it easily. If you are studying public health or looking to get in the field, this is a perfect placement for you. Positivity, flexibility and passion are a must as you will be working in a challenging environment.

Why choose this project

- ✓ Explore public health issues in an African context
- ✓ Be exposed to various professionals that work in various clinics and NGOs in the local villages
- ✓ Advance your leadership skills and interpersonal skills in a multicultural environment

Project location

Livingstone is a rural town which will let you experience "the real Africa". Livingstone offers a great selection of restaurants and has the convenience of offering a walkable living style as the local convenience shop, cafes, and Curio market are all within 5 minutes walk of your accommodation. You will be staying in a private volunteer house sharing your room with 2-4 other volunteers with access to a swimming pool and many shared common space to catch up with others while relaxing.

So close to the Victoria Falls, one the Seven Natural Wonders of the World, you will have the opportunity to experience the great outdoors, sports and wildlife by seeing the Falls from the Zambian and Zimbabwe border as well as go on safaris around the area or cross over into Botswana famous Chobe National Park.

Project facts

Duration: 4 weeks

Requirements: age 17+

Location: Livingstone, Zambia

Working hours: 07:00 - 17:00, Monday - Friday, with a 2 hour break for lunch

Project availability: Projects start every month and run year round except for the month of December. RECRUITING FOR SPRING 2021

Arrival day: Depends on the month. Speak to your advisor

What's included

Accommodation: Shared room in a volunteer house, common lounge, recreational area, on-site pool

Meals: 3 meals per day - Breakfast, Lunch and Dinner (weekdays only)

Airport pick up: Airport pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction and training provided

Laundry: Laundry service is included

Support: 24-hour support from on-site coordinator plus personal development coach

Activities: Staff help organise weekend activities. (Activity price may be extra) such as Bungee Jumping, White Water Rafting on the Zambezi, and Helicopter Flights over Victoria Falls, Zambezi River Cruises or safaris in nearby national parks

Internship Certificate upon Completion

What's not

Flights

Insurance

Visas

Meals at weekend

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Health Promotion and Community Volunteering in Zambia

ZAMBIA

The project

This project works with healthcare teams in the mornings and community-based projects in the afternoons, in an effort to improve the lives of the impoverished community members from young to old, many of whom are HIV positive or are suffering from Malaria or TB. Home Based Care is vital for this community. Health activities undertaken on this project include home visits for the very sick, clinical work, HIV education. Talks for the communities are also organized regarding topics such as nutrition and basic health, and visits to old people's homes to provide much needed assistance to the understaffed facilities. Community work is an important aspect in supporting initiatives such as repairing and building structures, providing much needed extra help for literacy, art and mathematics clubs, and working in local old people's homes as well as sports clubs. Farming support for sustainable livelihoods initiatives is also provided.

Role of the volunteer

If you are studying or considering a career in healthcare or nursing, this is a great project focusing on health promotion and community volunteering in Zambia. The volunteer's duties will be split between health and community activities and may include:

Home Based Care – Provide basic advice, comfort and assistance to members of the community with little or no access to clinics or hospitals. Chatting to patients about the importance of hygiene, a healthy diet and exercise as well as taking their medication are essential parts of this activity.

HIV, Health and Nutrition Community Education – Working in small groups with local staff, volunteers help to teach about communicable diseases, healthy living and to provide HIV awareness and prevention.

Clinics – Performing basic checks alongside the medical officer, helping complete paperwork, assisting the workload of local doctors and nurses and observing patient care are examples of clinic work.

Farming - Helping prepare the ground and maintaining crops on one of the sustainable farming initiatives to support local communities in their efforts to become self-sufficient.

Reading Club & Adult Literacy Clubs - Joining after schools clubs and adult classes to help improve literacy by focusing on phonics, spelling, pronunciation and general fluency.

Old People's Home - Engaging the elderly in games, reading and physical activities.

Skills required

Volunteers do not need to be qualified but you do need to have a great deal of enthusiasm and patience. A First Aid Course is recommended but a half day medical induction is included for every volunteer as part of orientation. Medical professionals are needed to help build the capacity of local staff through training and one to one coaching as the provision of treatment is not permitted on this placement in line with Zambian law. You will be asked to send your CV/resume before being accepted onto this project and attend a telephone interview. A flexible attitude is a must as you will be working with vulnerable communities and activities can change in line with local needs. As the project partly concerns home based care, there will be a lot of walking to and from patient's homes. Some days you may be walking up to 6km a day so a good level of fitness is required.

Why choose this project

- ✓ Assist and support trained staff with non-medical and community-based activities
- ✓ Provide a helping hand in a system struggling to cope with rising HIV numbers, limited education and a lack of resources for the young and old.
- ✓ Challenge yourself with an experience outside the box and give yourself personal growth opportunity.

Project location

Livingstone is a large town with a wide range of amenities including internet cafes, a bakery, ice-cream parlour, Barclays bank, ATM's, curio markets, supermarkets, local markets, a post office, various restaurants and two museums. You will be located close to one of the Seven Natural Wonders of the world – Victoria Falls, where you will find a wide range of adrenalin activities, River boats, and game viewing opportunities. Livingstone is situated in a prime location between some amazing countries - why not pop into Botswana for an amazing view of local game in its natural habitat?

Project facts

Duration: 2 - 12 weeks.

Requirements: age 18+

Location: Livingstone, Zambia

Working hours: 07:45 - 16:30, Monday - Friday

Project availability: Every Monday of each month, year round. RECRUITING FOR SPRING 2021

Arrival day: Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport: pick up and drop off Livingstone International Airport.

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff can arrange weekend activities including Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises and more (additional costs apply to activities)

What's not

Flights

Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Medical Support and Health Awareness in Zimbabwe

The project

Volunteer on a project focused on medical support and health awareness in Zimbabwe and support local staff in clinics and the community. You will gain basic healthcare experience through interaction with local nurses and staff and see the challenges they overcome each day. They are under pressure due to economic difficulties which have impacted on services, staffing levels and supplies. Community healthcare education in particular is needed to support the thousands of people living in poverty most of whom only have access to poorly funded services local clinics. The clinic cares for over 47,000 people each year and offers a range of services from consultations for young children, maternity, immunisation programmes, nutrition awareness, pharmacy and dealing with infections such as TB and HIV. With only 2 maternity beds, 2000 appointments for HIV/TB outpatients, the clinic is sorely in need of support. Some of this does come from donors but much more is needed so join us in Zimbabwe and help to support the communities and local staff with medical support and health awareness in Antelope Park.

Role of the volunteer

Volunteers will get involved in a number of different activities including weighing babies, reading body temperatures, taking blood pressure, pill counting, filing, archiving and general cleaning and maintenance to make patients feel welcome and at ease. You may have the opportunity to observe pregnant mothers being assessed and observe opportunistic infection clinics. During your placement you may also have the opportunity to participate in home visits and also night clinics. Aside from your clinical duties you will also get involved with health education campaigns and national immunisation drives which are essential aspects of community healthcare in an area where HIV prevalence is so high. All volunteers are asked to be flexible and fit in with the needs of the local team which varies throughout the year. The more you put in the more you will achieve!

Skills required

No qualifications are required, however a general love and enthusiasm for children and healthcare is a must. This is a great project for those interested in basic healthcare and it will give you a real insight into life in an Africa clinic and community. All participants will be working alongside registered local professionals and will follow their instructions. Midwifery students and nursing students will enjoy this placement as they will see many challenges that don't present themselves at home and strategies to overcome providing healthcare in a resource poor setting. Qualified medical professionals can make a real difference by sharing their experience and best practice with local staff in a training and capacity building role, preparing materials that can be used time and time again rather than in a clinical role. Qualified professionals and students who wish to treat will not be able to join this placement. You will be asked to send your CV/resume and attend a telephone interview to be accepted onto this project.

Why choose this project

- ✔ Provide basic hands-on support (non-treatment) to the local staff in an effort to relieve some of the pressures of everyday clinical life.
- ✔ Help prepare and deliver healthcare sessions in the community, an area that helps to reduce the strain on the clinics as it deals with cause rather than treatment.
- ✔ Add an exception experience to your CV/resume as you build your team working and communication skills as well as first-hand knowledge of clinical and community healthcare solutions and challenges in another context.

Project location

You will be staying at Antelope Park, a 3000 acre game reserve located approximately 10 kilometres outside Gweru in the centre of Zimbabwe. The opportunity to live in the heart of a game reserve is not to be missed, and the site location attracts hundreds of visitors each year. Volunteer accommodation is a mixture of twin and quad rooms and at night all residents gather around the campfire to listen to the sounds of the wild bush over dinner, looking out onto the dam. On site there is a swimming pool and internet access (but remember that this is rural Africa and access can be intermittent). On the reserve there are elephants. A remote area means most volunteers stay on-site, though the option of a range of exciting Victoria falls are always an option for those wishing to explore a little further. There are many activities such as night game drives, white water rafting and horse riding that you can sample.

Project facts

Duration: 2-12 weeks
Requirements: Age 18+
Location: Gweru, Zimbabwe
Working hours: Monday – Friday 8.30am – 3.00pm
Project availability: Project available all year round. RECRUITING FOR LATE 2021
Arrival day: Sunday into Harare, Monday into Bulawayo, every two weeks

What's included

Accommodation: shared twin or quad room in volunteer accommodation, with common areas and a swimming pool
Meals: 3 meals per day
Laundry: Weekly Laundry Service Included
Airport: pick up and drop off from either Harare or Bulawayo
Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided
Daily transfers to and from your project.
Support: On-site coordinator providing 24-hour support
Excursion Planning: staff will help organise activities and excursions

What's not

Flights
 Insurance
 Visas
 Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

HEALTHCARE IN ASIA

Social Work Volunteering in Cambodia

CAMBODIA

The project

Become a Social Work volunteer in Cambodia and use your skills to build the capacity of social workers in Siem Reap. We work with a number of NGOs in the Siem Reap area who employ local social workers, many of whom speak excellent English.

The need for social assistance in Cambodia is huge, with many struggling to feed their families every day due to the lack of jobs or skills. When things get tough for families, this can often lead to abuse or drug and alcohol addictions. There are many NGOs in the Siem Reap area that aim to provide creative solutions for these families and help them get back on their feet.

Experienced social workers are greatly needed to help local staff improve the skills they already have so that they can keep on top of their open cases. In Cambodia, there is an increasing need for social workers and issues are more widely discussed. Subjects such as parenting, sexual behaviour or experiences, healthy relationships and violence can be dealt with by local social workers. Our projects are in need of access to fully trained social workers with up to date knowledge and skills to protect and educate the communities in and around Siem Reap.

Role of the volunteer

As a volunteer, there are a number of NGOs that need your support. The work that you do will depend on your skills and experience. For the most part, you will have limited direct contact with the community, rather you will be working with the local staff to improve their skills and enable them to be more effective in their endeavours.

You may observe local social workers and lead workshops which you have helped to create. You may then be asked to make suggestions about how the teaching methods can be changed to get the message across in the most effective manner as well as improving content. You may attend home visits in an observational capacity so that you can see the challenges the local staff face.

Skills required

For this important project, we ask that volunteers are fully graduated in social work or any other related degree and also have at least 2 years of experience working within the social work field. Since the role of volunteers is to help build the capacity of the local social workers, you must feel confident in the role of trainer and be sensitive to any cultural differences.

If you are interested in joining one of our Social Work placements, please send your CV/resume to one of our advisors and we will look into the best options for you to match your skills and interests. Because we work with a number of different placements in the area, we like to conduct telephone interviews with volunteers to establish their skills and what they are looking for. That way we can make sure you are placed in the most appropriate placement for you. A letter of motivation, medical certificate and 2 references from a former teacher or employer are also required.

Why choose this project

- ✓ Provide support and training to the few dedicated professionals in Cambodia as it can be very difficult for professionals to access training, not only because of the costs but also because they are so overworked.
- ✓ Give the local workers the tools they need to become more efficient than they are now.
- ✓ Make an impactful and long-lasting contribution as they will be able to continue using these newly taught skills long after you have left.

Project location

Anyone who visits Siem Reap must visit the incredible complex of temples that is Angkor Wat. Whether it is a sunrise, sunset or all day venture, it is not to be missed. Other interesting things to do in Siem Reap include visiting the Land Mine Museum, the butterfly farm or simply hiring a tuk-tuk for the day and exploring the lovely villages in the beautiful countryside. Evenings are pretty lively in town with many bars to frequent and an array of restaurants with cuisine from all over the world. Italian, Indian, Mexican, French to name but a few on offer. For something, a bit quieter, have a sunset cocktail in Terrace de Les Elephants or attend one of the yoga classes on offer in town. You are sure to find something to fill your time.

Project facts

Duration: 4+ weeks

Requirements: age 25+

Location: Siem Reap, Cambodia

Working hours: varies, volunteers will likely be placed at 2 projects

Project availability: No arrivals in December or April

Arrival day: Flexible pending your Kaya advisor approval

What's included

Accommodation: Single room, with fan and private bathroom in a guest house, safety deposit box available, communal dining area

Meals: breakfast (restaurant open all day for other meals)

Airport: Airport pick up and drop off from Siem Reap International Airport

Training: Pre-departure information pack, 2.5 day in-depth orientation, including Child Protection course, and project induction provided

Support: 24-hour support from an on-site coordinator

Excursion Planning: Support booking trips locally to Angkor Wat and floating village.

Local Transport: Bicycle for your personal use.

Internet: Wifi at accommodation

What's not

Flights

Insurance

Visas

Work permit - \$100 payable in country

Transport to and from your place of work
Police/Government Background Check; US

and UK citizens will be processed through Kaya (admin fee applies) all other

nationalities must provide local police check.

Healthcare, Nutrition and Dentistry Projects in Siem Reap

The project

This is a fantastic opportunity for volunteers with the relevant experience to become involved in Healthcare, Nutrition, and Dentistry projects in Siem Reap in a capacity-building role. In western societies, access to these services is often taken for granted but this is not the case in Cambodia. We work with a range of NGOs in and around Siem Reap and they are seeking support to help develop the level of service and support that they can offer the community. Siem Reap is a very poor province and people are in desperate need of improved care and access to health, nutrition and dentistry programmes, especially education about how to prevent and protect against diseases and poor health. The role of the NGOs in Siem Reap varies with some providing residential or daycare for children and some providing advice for victims of domestic abuse. Some projects already offer health, nutrition and dental hygiene advice but would like to improve the materials they have and range of advice they can offer, while others don't currently have the staff qualified to educate their clients about these issues but would really like to set up educational programs within these areas. Bring your knowledge and skills of nutrition, dentistry, hygiene and general healthcare and develop the capacity of local NGOs to support the communities in and around Siem Reap.

Role of the volunteer

As a volunteer, you will mainly be responsible for educating local staff and devising programs which can be taught by them - remember members of the poorer communities often don't speak English. You will be asked to create the curriculum for the local team to follow, and give advice on how to best convey the information. Towards the end of your placement, you may observe local team members teaching your curriculum where you can make suggestions about how to teach effectively and engage the audience - normally the Cambodian style of teaching is drill-style where the teacher talks and the students listen. A more interactive style of teaching may be more effective, so you can offer advice on how to get the students more involved in the learning process. Specific needs are first-aid training, general oral hygiene workshops, basic nutrition advice, food hygiene and sexual education workshops. You will be asked to write down your plans so that there is a written record of your recommendations and training. You may also have the opportunity to observe treatment days but please note you are not able to treat patients in Cambodia and this is an education and observation placement only.

Skills required

Experienced volunteers are required for these placements or those who are in the final year of their studies in medicine, public health, nutrition or dentistry. All volunteers are expected to work well with others, be patient and to demonstrate cultural sensitivity to make the most of the placement. You will be asked to send your CV/resume before being accepted onto this project, and also to send a letter of motivation, medical certificate and 2 references from a former teacher or employer. You will be asked to attend a telephone interview to assess the best placement for you.

Why choose this project

- ✔ Provide the knowledge needed for local NGOs to deliver efficient health, nutrition and dental hygiene advice to the local community.
- ✔ Help set up programs, which can then be run by the local staff either at the project office or out in the communities.
- ✔ Develop your understanding of an under-resourced healthcare system, and approaches taken to tackle issues related to poor health, dental hygiene and nutrition, a great addition to your CV/resume if you are a senior medical student or professional in the field.

Project location

Siem Reap is a busy tourist centre where the main attraction is by far the majestic temples of the Angkor Wat complex. Aside from these magnificent structures, which are a must see, there is much more to see and do. You can explore the little alleyways, visiting local vendors that support various livelihood endeavours, try out some of the amazing cafes including Haven; a hospitality school.

Project facts

Duration: 4+ weeks
Requirements: age 18+
Location: Siem Reap, Cambodia
Working hours: varies, depending on placement
Project availability: No arrivals in December or April
Arrival day: Flexible pending your Kaya advisor approval

What's included

Accommodation: Single room, with fan and private bathroom in a guest house, safety deposit box available, communal dining area
Meals: breakfast (restaurant open all day for other meals)
Airport: pick up and drop off from Siem Reap International Airport
Training: Healthcare ethics & culture doc, Pre-departure information pack, 2.5 day in-depth orientation, including Child Protection course, and project induction provided
Support: 24-hour support from an on-site coordinator
Excursion Planning: Support booking trips locally to Angkor Wat and floating village.
Local Transport: Bicycle for your personal use.
Internet: Wifi at accommodation
Other: Arrangement of Work Permit in country

What's not

Flights
 Insurance
 Visas
 Arrangement of Work Permit in country cost \$100
 Transport to and from your place of work
 Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

The placement

Are you a student or recent graduate with an interest in healthcare? Then we might have what you are looking for! This placement is suitable for students and recent graduates in the fields of dentistry, nursing, medical, radiology, podiatry, pharmacy, psychology or physical therapy. You will be placed in a hospital, a clinic or a medical centre in a shadowing capacity amongst an accredited international medical team.

Depending on your field of study and interest, you have the option to be a patient service intern or a pharmacy intern:

– Patient service intern will have the opportunity to be placed in an international standard hospital where patients and family-centered services come first. You will be observing international and multilingual staff providing the highest standard of healthcare in China.

– Pharmacy intern will be exposed to outpatient pharmacy practices in China. The intern will have the opportunity to participate in hospital meetings and pharmacy department meetings, as well as assist in preparing the reports for the meetings. The intern will also be exposed to prescription handling, drug store management, regulatory issues, ethical issues and overall pharmaceutical care. The intern will also assist with the development of educational materials for patients.

Role of the intern

Obviously, your role will differ depending on your field of expertise, but you will be responsible for assisting with the delivery of high-quality service to patients, while interacting with them, and updating their services book. You will be involved in different patient experience projects including updating patient services handbooks, shadowing nurses and doctors in your field of studies and being involved in a hospital life in China.

Skills required

You are required to have a good level of the English language, as well as excellent communication skills. To succeed with this placement, you need to be organised and be a good problem solver. Hospital knowledge would be preferable. All applicants should have a good attitude, open mind and willingness to learn.

All applicants will be expected to complete and submit paperwork in line with a tight schedule and the application process includes a Skype interview as well as submission of a full CV/Resume plus any supporting documentation. Interns should be in good health and are required to complete a Physical Examination Record for Foreigners.

What are the benefits of being an intern

- ✓ Contribute to the local placement by providing an extra pair of hands.
- ✓ Gain hospital experience in China to add to your CV/Resume in your field of study.
- ✓ Work within a multicultural team and befriend fellow Chinese coworkers while expanding your professional network.

Project location

About the Location

China is the fourth largest country in the world with a total population of 1.37 billion as of 2014. Due to its enormous size, the climate is very diverse depending on the region you are visiting. You will either be based in Beijing or Shanghai.

Accommodation

You will be lodged in an apartment with your own private bedroom sharing a bathroom and living area with other interns or Chinese professionals. The apartment has easy access to local transport and is located in a secure high rise building. Supermarkets, gyms, restaurants and shops are all easy to access. The apartment is air-conditioned with central heating. You will also be provided with bed linens. And the kitchen is standard with microwave, fridge and utensils.

What to do in your spare time

Both Beijing and Shanghai have a lot to offer and you will not run out of things to do during your spare time from temples to shopping centers and museums.

Project facts

Duration: 4 weeks minimum for Pharmacy Intern
12 weeks minimum for Patient Service Intern

Requirements: Age 19+

Location: Beijing or Shanghai, China

Working hours: M-F 8:30 – 5:30pm
20-40 hour per week

Project availability: All year round

Arrival day: Thursday

What's included

Accommodation: Own room in a shared apartment with cooking facilities or nearby eateries, utility bills are included.

Meals: None

Airport pick up: Airport pick up from Beijing or Shanghai International Airport

Training: Pre-departure information pack, onsite orientation, city tour and welcome dinner provided

Support: 24-hour support

Excursion Planning: -

Chinese phone, SIM card & local transportation card

Mandarin lessons; 3 hours per week

Assistance with trips & cultural activities

End of placement certificate and reference letter

Networking and alumni contacts

What's not

Flights

Insurance

Visas

Food

Cleaning of the apartment

Police/Government Background Check; US

and UK citizens will be processed through Kaya (admin fee applies) all other

nationalities must provide local police

check

Volunteer in a Rural Health Clinic In The Philippines

PHILIPPINES

The project

Volunteer in a rural health clinic in the Philippines and gain experience supporting a local team in a free medical care environment for a local community. The clinics are supported by the government serving the impoverished of Leyte province in the Philippines. Poor people living in this developing country often receive 100 percent of their medical care from free clinics and since the devastating Typhoon Haiyan on the 8th of November 2013, these clinics tend to be under-resourced. An increase in poverty due to the loss of homes and livelihoods has left these clinics struggling for clinical basics as well as difficulty to meet the demands of their patients. Local doctors and nurses are in need of assistance to continue supplying basic medical care and education to these disadvantaged Filipino communities. Come and join the local team and work in a rural health clinic and contribute to the ongoing recovery of Tacloban and the surrounding communities.

Role of the volunteer

Duties vary from clinic to clinic and depend on the needs at the time of your placement. You will be supervised by a locally trained medical professional and are expected to help the local team with day-to-day clinical duties. Volunteers will interact with patients by registering them and recording medical histories, taking their blood pressure, pulse and respiratory rates, amongst other things. Volunteers may also have the opportunity to participate in medical outreach helping with vaccinations and deworming. Medical students will shadow doctors while volunteers with higher skill levels may be able to assist local doctors with treatments and procedures. All volunteers will be expected to only participate to their level of training and indemnity insurance coverage. Volunteers may choose to organise activities based on their specialities following consultation with the project during their placement. In the past, volunteers have organised first-aid lectures and health awareness lessons. Experienced professionals are sought to help build the capacity of local staff through running workshops and helping with materials for community health sessions.

Skills required

Volunteers must be a medical student, nursing student, nurse, doctor or other medical specialists to be accepted onto this project. You must be willing to learn and help where needed in the clinic as part of a team. Good communication skills are required. Resilience, flexibility and an understanding that this is a challenging placement are needed. You will be asked to provide copies of your medical certificates and attend a short interview to secure your place on this project. And you will also be asked to send your CV/resume before being accepted onto this project. Please note that qualified medical professionals are required to register their details with the Philippines Medical Council.

Why choose this project

- ✔ Participate in administrative and other clinic-based duties as well as assist local qualified staff with their duties to help reduce their workloads
- ✔ Learn about tropical diseases and parasites, which you may not come across in your home country and also familiarize yourself with common diseases facing those living in poverty.
- ✔ Benefit from working in a different setting with restricted access to resources, all while developing communication, team working and patient skills which are a great addition to any CV/Resume.

Project location

The project is located in Tacloban City which was devastated in 2013 when Typhoon Haiyan (or Yolanda as it is known locally) hit and destroyed homes, livelihoods and community spaces as well as taking many lives. Tacloban is located on the island of Leyte, about an hour by air southeast of Manila. It has a population of over 300,000 and the local language is Waray-Waray, but many people speak English. Volunteer in Tacloban and join our local team and gain an insight into the realities of surviving and rebuilding lives and you will be touched by the gentle nature and resilience of the people. Why not take an additional week after your placement and visit some of the beautiful areas unaffected by this tragedy and put money back into the economy!

Project facts

Duration: 4 - 26 weeks

Requirements: age 18+

Location: Tacloban, Leyte, Philippines

Working hours: At least 4 hours per day, Monday - Friday. If you wish to work extra, please ask an advisor about other options available to maximise your time.

Project Availability: All year round, apart from the Christmas to New Year period and for a few days over

Arrival day: Saturday

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Food: 2 meals per day - Breakfast and Dinner

Airport: pick up and drop off from Tacloban City

Training: Pre-departure pack, on-site orientation, fundraising guide and project induction provided

Support: 24-hour support from on-site coordinators, access to office in Tacloban City

Excursions: Staff may be able to help plan weekend excursions

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Philippines Professional Registration Council fees

Improve Nutritional Standards in The Philippines

PHILIPPINES

The project

Make a change to your own life and improve nutritional standards in the Philippines. You will work with the vulnerable, living in some of the devastated communities following Typhoon Haiyan. Many Filipino children aged 3 - 6 years are at-risk from poor nutrition as their parents are struggling to find an income following the destruction caused by the typhoon on the 8th of November 2013. Young children who have poor nutritional standards suffer from stunted growth and development, low academic performance, and wasting due to poor nutrition. Malnutrition also increases the susceptibility to diseases, and many suffer from blindness due to a vitamin A deficiency.

This project was created to oversee the food intake of numerous families in local barangays (communities) and monitor the malnourished children throughout a targeted area of Tacloban City. The project has changed its emphasis in response to the crisis and is focusing on preventative steps to malnutrition through preparing supplementary feeding to small children, recording and analysing data and educating parents through community workshops. Come and join the essential work that the local team are undertaking to help avoid malnutrition and improve nutritional standards in Tacloban City.

Role of the volunteer

You will spend your morning as a nutrition volunteer preparing healthy, balanced and nutritious meals for the children of the barangay. You will work with the local team preparing food for meal times (usually breakfast and lunch) to ensure the children are getting enough minerals and vitamins into their diet. In a number of locations in the community, you will help prepare and distribute food. Please note that your placement will be dependent on the needs of the project at the time of your volunteering.

Volunteers will help monitor the nutrition status of children in the community by weighing and recording information linked to child development. You may be involved in preparing and delivering basic nutritional education classes for local community members. You will be asked to help where it is most needed and are therefore expected to be flexible while on your placement.

Skills required

Experience and study within the nutrition field or public health is preferred. Anyone who has graduated or working in Public Health nutrition is strongly encouraged to apply. Before arriving, volunteers should familiarise themselves with the typical native foods, nutritional deficiencies, general economics, and cultural beliefs of the Philippines when it comes to food. Volunteers need to be resilient, patient, flexible and self-motivated as this is a demanding placement. An interview will be required to ensure your acceptance into the project. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Assist with basic nutritional services and education and learn about the challenges facing poorer communities especially those who have been through a tragedy.
- ✓ Help with ongoing efforts to improve and maintain nutrition levels as well as educate the community to protect the future of the children of this devastated area.
- ✓ Help those who are studying or considering a career in nutrition or international development.

Project location

Tacloban is located on the island of Leyte, about an hour by air southeast of Manila. It is a historic World War II site, the beachfront city where the American General Douglas MacArthur liberated the Philippines in 1944 from Japan. It has a population of over 300,000 and the local dialect is called Waray-Waray, though English is widely spoken. Shops and restaurants have been rebuilt and you can go to the beach at weekends. If you have the time, take an additional week after your placement to visit some of the other islands and put more income back into the economy.

Project facts

Duration: 2 - 26 weeks

Requirements: age 18+

Location: Tacloban, Leyte, Philippines

Working hours: At least 4 hours per day, Monday - Friday. If you wish to work extra, please ask an advisor about other options available to maximise your time.

Project Availability: All year round, apart from the Christmas to New Year period and for a few days over Easter.

Arrival day: Saturday

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Food: 2 meals per day - Breakfast and Dinner

Airport: pick up and drop off from Tacloban City

Training: Pre-departure pack, on-site orientation, fundraising guide and project induction provided

Support: 24-hour support from on-site coordinators, access to office in Tacloban City

Excursions: Staff may be able to help plan weekend excursions

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Volunteer in a Rural Health Clinic In The Philippines

PHILIPPINES

The project

Volunteer in a rural health clinic in the Philippines and gain experience supporting a local team in a free medical care environment for a local community. The clinics are supported by the government serving the impoverished of Leyte province in the Philippines. Poor people living in this developing country often receive 100 percent of their medical care from free clinics and since the devastating Typhoon Haiyan on the 8th of November 2013, these clinics tend to be under-resourced. An increase in poverty due to the loss of homes and livelihoods has left these clinics struggling for clinical basics as well as difficulty to meet the demands of their patients. Local doctors and nurses are in need of assistance to continue supplying basic medical care and education to these disadvantaged Filipino communities. Come and join the local team and work in a rural health clinic and contribute to the ongoing recovery of Tacloban and the surrounding communities.

Role of the volunteer

Duties vary from clinic to clinic and depend on the needs at the time of your placement. You will be supervised by a locally trained medical professional and are expected to help the local team with day-to-day clinical duties. Volunteers will interact with patients by registering them and recording medical histories, taking their blood pressure, pulse and respiratory rates, amongst other things. Volunteers may also have the opportunity to participate in medical outreach helping with vaccinations and deworming. Medical students will shadow doctors while volunteers with higher skill levels may be able to assist local doctors with treatments and procedures. All volunteers will be expected to only participate to their level of training and indemnity insurance coverage. Volunteers may choose to organise activities based on their specialities following consultation with the project during their placement. In the past, volunteers have organised first-aid lectures and health awareness lessons. Experienced professionals are sought to help build the capacity of local staff through running workshops and helping with materials for community health sessions.

Skills required

Volunteers must be a medical student, nursing student, nurse, doctor or other medical specialists to be accepted onto this project. You must be willing to learn and help where needed in the clinic as part of a team. Good communication skills are required. Resilience, flexibility and an understanding that this is a challenging placement are needed. You will be asked to provide copies of your medical certificates and attend a short interview to secure your place on this project. And you will also be asked to send your CV/resume before being accepted onto this project. Please note that qualified medical professionals are required to register their details with the Philippines Medical Council.

Why choose this project

- ✔ Participate in administrative and other clinic-based duties as well as assist local qualified staff with their duties to help reduce their workloads
- ✔ Learn about tropical diseases and parasites, which you may not come across in your home country and also familiarize yourself with common diseases facing those living in poverty.
- ✔ Benefit from working in a different setting with restricted access to resources, all while developing communication, team working and patient skills which are a great addition to any CV/Resume.

Project location

The project is located in Tacloban City which was devastated in 2013 when Typhoon Haiyan (or Yolanda as it is known locally) hit and destroyed homes, livelihoods and community spaces as well as taking many lives. Tacloban is located on the island of Leyte, about an hour by air southeast of Manila. It has a population of over 300,000 and the local language is Waray-Waray, but many people speak English. Volunteer in Tacloban and join our local team and gain an insight into the realities of surviving and rebuilding lives and you will be touched by the gentle nature and resilience of the people. Why not take an additional week after your placement and visit some of the beautiful areas unaffected by this tragedy and put money back into the economy!

Project facts

Duration: 4 - 26 weeks

Requirements: age 18+

Location: Tacloban, Leyte, Philippines

Working hours: At least 4 hours per day, Monday - Friday. If you wish to work extra, please ask an advisor about other options available to maximise your time.

Project Availability: All year round, apart from the Christmas to New Year period and for a few days over

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Food: 2 meals per day - Breakfast and Dinner

Airport: pick up and drop off from Tacloban City

Training: Pre-departure pack, on-site orientation, fundraising guide and project induction provided

Support: 24-hour support from on-site coordinators, access to office in Tacloban City

Excursions: Staff may be able to help plan weekend excursions

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Philippines Professional Registration Council fees

Medical Internship at a District Hospital in Chiang Mai

THAILAND

The project

Use your healthcare training and consolidate your studies by joining our medical internship at a district hospital in Chiang Mai in northern Thailand. District hospitals in the area serve a population of between 60,000 and 80,000 people but are only staffed by around 3-5 doctors and 30-40 nurses. The community itself is very diverse and the doctors and nurses support remote mountain communities, including minority hill tribe groups, refugees and migrants as well as providing ongoing care to some of the poorest areas in Thailand. Despite all the challenges faced, the Thai public healthcare system is often held up as one of the best in the region and it is, therefore, a great place for an internship, as not only can you observe the approaches to overcoming these challenges you can also experience first-hand its successes. Thailand has effective public health care outreach, HIV/AIDs prevention and treatment, vaccination, and non-communicable disease programs. Despite this, there are many ongoing problems with high rates of teen pregnancy, increasing levels of non-communicable disease and contagious disease. Hospitals provide a range of services including emergency care, x-ray, laboratory, in-patient wards, OBGYN, pharmacy, ECG, dental, eye-care, pre and post op care. With staff shortages, it is often difficult to imagine how these services are delivered and an internship in Chiang Mai will demonstrate the approaches taken to do so.

Role of the Intern

Medical interns in Chiang Mai can shadow and learn from the staff at the hospital. Resources provided by volunteers can help the staff to reach and support disadvantaged populations. All interns will participate in personal research and activities designed to increase reflection and support their learning. Depending on the location of your placement, your internship may include shadowing in the ER, OBGYN, pharmacy and other departments of the hospital. Simple testing of patients and other hands-on tasks will depend on the skill level of the participant and their own personal efforts while in country. All interns will be supported to complete their own reflection and research projects.

Skills required

For this internship placement in Chiang Mai, it is primarily shadowing in nature and it is, therefore, suitable for those who are studying medicine, healthcare or nursing. It is not suitable for those with no prior knowledge of healthcare. It is also difficult for qualified physicians due to the registration requirements that enable volunteers to practice - please speak to a Kaya Advisor if you want to know more. You will be working with a local team and cultural sensitivity and good team working skills are important. You will be asked to submit a full CV/resume plus supporting documentation relating to your studies and attend a telephone interview before being accepted onto this placement. Please bring a laptop with you to record your learning during your internship.

Why choose this project

- ✓ Observe and learn about the challenges facing local staff and communities.
- ✓ Experience a range of illnesses and ailments common in the developed world and their challenges.
- ✓ Shadow local medical professionals who will share their diagnosis, treatment and experiences with you.

Project location

You will be based in the wonderful Chiang Mai province located in the north of Thailand. With its city walls surrounded by a moat and the lovely mountains where trekking is a must, you will instantly fall in love with this city. There is plenty to do for the active and those who like to take life at a slower pace. Enjoy a meal on the river in the heart of the city or take in one of the relaxing spas. Alternatively, head for the hills and take part in white water rafting or a weekend hiking - you may even visit the Karen Hill Tribes. Shopping opportunities are in abundance with night bazaars, the weekend market and boutiques galore.

Project facts

Duration: 4 weeks plus

Age: 18+

Location: Chiang Mai province, Thailand

Working Hours: Monday-Friday
09.00-17.00

Project Availability: All year-round.

RECRUITING FOR SPRING 2021

Arrival day: Every 1st Friday of the month in Chiang Mai

What's included

Accommodation: Single or shared room in a homestay (depending on availability)

Meals: 3 per day

Pick up: Airport pick up and drop off from Chiang Mai airport or bus station

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation, fundraising guide and project induction provided

Certificate on completion of a presentation to the project at the end of your internship

Support: 24-hour support

Excursion Planning: staff helps organise activities and excursions

What's not

Flights

Insurance

Visas

Transfers from Bangkok to Chiang Mai
Police background check: US and UK citizens processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Occupational Therapy Internship in Vietnam

VIETNAM

The project

Join our occupational therapy internship in Vietnam in Ho Chi Minh City and develop your awareness of working practices at a rehabilitation hospital. The hospital is the very first hospital specialising in orthopaedics and rehabilitation in the whole southern region of Vietnam. Its main mission involves the diagnosis and treatment of patients with orthopaedic issues, or are recovering from trauma surgery and motor function illnesses. The patient demographic is diverse and since its foundation 28 years ago, the hospital has done almost 10,000 surgeries, provided medical treatment for more than 280,000 people with motor function problems and has manufactured more than 20,500 orthopaedic devices. Approaches to treatment include physiotherapy and electrotherapy. Come to Ho Chi Minh City and gain incredible first-hand experience of the diagnosis and treatment of patients in a leading medical centre.

Role of the Intern

Your internship will be shaped by the priorities and patients at the time of your placement but you will have the opportunity to see a range of ailments and therapies in practice. You will follow a programme similar to the following:

- Week 1-3 Introduction and physiotherapy room
- Week 4-6 Occupational therapy room
- Week 7-8 Electro therapy room
- Week 9-10 Shadow doctors making a diagnosis in neurology, trauma and neuromuscular diseases

You will work alongside locally trained staff and will be supervised by the head of Rehabilitation Dept at the hospital. All interns are asked to produce an end of placement report or presentation so that you can reflect on your learning and share recommendations with the local project team. It is recommended that you bring a laptop with you to enable you to do this and other project activities.

Skills required

If you are studying or have experience in medicine, human physiology or occupational health this could be an excellent placement for you. You must be diligent, highly motivated and able to manage your time and make the most out of your placement. Good communication skills and team working competencies are important too. You will be asked to send your CV/resume to identify your skills, experience and interests as part of the internship recruitment placement.

Why choose this project

- ✓ Gain hands-on experience supporting your studies on this occupational therapy internship in Vietnam.
- ✓ Provide an extra pair of hands, support patients, and be provided with professional on-the-job training.
- ✓ Contribute to this professional exchange by sharing working practices, technologies and strategies from their home countries.

Project location

Living in Ho Chi Minh City, you will have opportunities to explore how the new and the old mix in this busy city where motorbikes are in abundance. With restaurants and food stalls, there is plenty to tempt you. There are museums, art galleries, temples and of course, shopping malls! At weekends explore the city or head further afield to explore the underground world of the infamous Chu Chi Tunnels. If you want to get away from the hustle and bustle then head to the beach - perhaps Nha Trang or Danang will provide a good refuge? And if you do have the time then take the train to the north of this stunning country and explore Hanoi and Halong Bay. For those of you staying in Hanoi, Hanoi, you will find that it remains somewhat unjustly less popular than Ho Chi Minh City. Yet, the Vietnamese capital of Hanoi provides a full-scale assault on the senses. Its crumbly, lemon-hued colonial architecture is a feast for the eyes; while the delicate scents and tastes of delicious street food can be found all across a city.

Project facts

Duration: 4 weeks; Minimum of 8 weeks recommended to have better chances to find a placement and get the most experience

Requirements: age 18+

Location: Ho Chi Minh City or Hanoi or some regional placements in Vietnam depending on specialty

Working hours: Monday - Friday, 30 hours per week

Project availability: All year round apart, intern activities differ during Lunar New Year.

RECRUITING FOR SUMMER 2021

Arrival day: First and Third Thursdays of the month

What's included

Accommodation: room in a studio apartment with cooking facilities & ensuite, common room with TV. Or, live with a homestay family with your own room and shared living space & bathroom.

Meals: breakfast & dinner (only if staying at a homestay), welcome and departure meal

Airport pick up: pick-up and drop off from Ho Chi Minh International Airport or Noi Bai Airport

Training: pre-departure pack, pre-departure & on-site orientation including cultural awareness & learning reflection document

Support: 24-hour support + Local Buddy

Local phone with Vietnamese SIM

City tour & cultural excursion: for Hanoi placement, you will get a 1-day tour of Ha Long Bay, for Ho Chi Minh City, you will get a 1-day tour of Mekong Delta

Excursions: Staff will help plan cultural visits (activity prices will be extra)

Visa process fee and guidance

Certificate on completion of internship Supervision from qualified professional

What's not

Flights

Insurance

Visas

Electricity bills for studio apartments

Transfers to and from your placement

Police/Government Background Check; US and UK citizens will be processed through Kaya

(admin fee applies) all other nationalities must provide local police check.

The project

Join our social work internship in Vietnam and work with local NGOs focusing on a range of issues such as gender based violence and helping those living in poverty. Promoting human rights with a range of focuses, these NGOs are taking a lead in social movements. One organisation tackles access issues associated with poverty such as education, health, clean water and sanitation while another concentrates on the rights of women and children who have been victims of abuse. Vietnam has seen lots of changes in recent years as a result of its fast growing economy which have led to a range of social problems. Join us in Vietnam and work with local NGOs efforts to support those that need it the most.

Role of the Intern

Your internship will be shaped by the priorities of the NGO at the time of your placement and may include:

- Assisting with public outreach
- Developing training programs
- Help counsel clients and
- Develop resources, prepare reports and proposals for fundraising activities
- Update and manage client database
- Help develop and deliver public awareness programs.

Some research and administrative support work may also be part of your duties.

You will be required to produce an end of placement report or presentation so that you can reflect on your learning and share recommendations with the local project team. It is recommended that you bring a laptop with you to enable you to do this and other project activities.

Skills required

If you are studying or have experience of social work, family or human studies or community development, this could be an excellent placement for you. It goes without saying that you must be diligent, highly motivated and able to manage your time. You will be working with a team and vulnerable people so good communication and team working competencies are important. Presentation, decision-making and an ability to work under pressure are also essential. You will be asked to send your CV/resume to identify your skills, experience and interests before being accepted onto this internship. As with all of our internships you will be asked to bring a laptop to enable you to produce your end of placement presentation.

Why choose this project

- ✓ Gain hands-on experience supporting your studies on this Social work internship in Vietnam as well as learn about the challenges facing local staff.
- ✓ Add a big winning feature to your CV/Resume and access various opportunities of pursuing your own global career.
- ✓ Exchanging ideas and experiences and help the local community with your "out the box" perspective.

Project location

You will have opportunities to explore Ho Chi Minh City in the evenings and at the weekend during your time in Vietnam, visiting the new and the old. There are restaurants and food stalls to tempt you as well as museums, art galleries, temples and of course, shopping malls! You can also go further afield to explore the underground world of the infamous Chu Chi Tunnels. And if you want to get away from the bustle and bustle why not head to the beach - perhaps Nha Trang or Danang will provide a good refuge? If you have time after your internship why not travel to neighbouring Cambodia to gain a different perspective on life in this region. If your placement is in Hanoi, you will find that somewhat unjustly, it remains less popular than Ho Chi Minh City. Yet, the Vietnamese capital of Hanoi will intrigue you with its crumbly, lemon-hued colonial architecture, its buzzing motorbikes, and the variety of delicious street food.

Project facts

Duration: 8 to 24 weeks. Minimum of 8 weeks recommended to have better chances to find a placement and get the most out of the experience

Requirements: age 18+

Location: Ho Chi Minh City or Hanoi or some regional placements in Vietnam depending on speciality

Working hours: Monday - Friday, 30 hours per week

Project availability: All year round apart, intern activities differ during Lunar New Year.

RECRUITING FOR SUMMER 2021

Arrival day: First and Third Thursdays of the month

What's included

Accommodation: room in a studio apartment with cooking facilities & ensuite, common room with TV. Or, live with a homestay family with your own room and shared living space & bathroom.

Meals: breakfast & dinner (only if staying at a homestay), welcome and departure meal

Airport pick up: pick-up and drop off from Ho Chi Minh International Airport or Noi Bai Airport

Training: pre-departure pack, pre-departure & on-site orientation including cultural awareness & learning reflection document

Support: 24-hour support + Local Buddy

Local phone with Vietnamese SIM

City tour & cultural excursion: for Hanoi placement, you will get a 1-day tour of Ha Long Bay, for Ho Chi Minh City, you will get a 1-day tour of Mekong Delta

Excursions: Staff will help plan cultural visits (activity prices will be extra)

Visa process fee and guidance

Certificate on completion of internship
Supervision from qualified professional

What's not

Flights

Insurance

Visas

Electricity bills for studio apartments

Transfers to and from your placement

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Medical and Healthcare Internship in Vietnam

VIETNAM

The project

Join a medical and healthcare internship placement in either Ho Chi Minh or Hanoi depending on your field of activity and how customized you need your internship to be. You may choose to focus on a variety of specialists areas, including critical care, acupuncture optometry and nursing:

- Critical Care – You will be exposed to the essentials of critical care including computer based training, labs skills, EKG training, trauma case studies and other clinical work.
- Acupuncture – This is a great internship to experience Vietnamese traditional medicine and master some basic knowledge and methods. Not only you will learn about how to carry out primary treatment, but you will also be exposed to unconventional ways to treat patients like using acupuncture as an analgesic.
- Nursing – You will be able to improve your skills in assessing a patient's health problem and needs by formulating a nursing diagnosis as well as develop and implement the patient's nursing plan. Depending on your interest, you may have the chance to look at different types of patients including paediatrics, orthopaedics or emergency medicine amongst others.
- Optometry – Assist staff within the optometry department of the hospital

Role of the Intern

Your internship will be shaped by your desires prior to your arrival, and then will meet patients' priorities at the time of your placement. You will work alongside locally trained staff and will be supervised by a professional within your field of study at the time of your internship. You will develop professional on-the-job training in a foreign environment as well as build your business network. Note that all interns are asked to produce a report or a presentation at the end of their placement to reflect on your learnings and share recommendations with the local project team. It is recommended that you bring a laptop with you.

Skills required

This placement requires you to be enrolled in university, graduated or have relevant work experience in the field of interest. You must be fluent in English to be able to communicate with the patients and local staff. You must also demonstrate computer skills as well as soft skills and interpersonal skills. Teamwork, time management, ability to present and communicate effectively are essential to be successful throughout this internship. You will be required to provide a CV/resume to identify your skills, experience and interests as part of the internship recruitment placement.

Why choose this project

- ✓ Support the local community in Vietnam as well as be exposed to various kinds of practices and diseases you might not see back home.
- ✓ Strengthen your clinical skills, healthcare judgments and manage your time juggling with many patients specific to your field of study.
- ✓ Further your study upon your return back home.

Project location

Depending on your specialization, you will either be living in bustling Ho Chi Minh City or traditional Hanoi. Both cities offer different lifestyles, but will also give you both the opportunities to explore the Vietnamese culture and traditions. If you are staying in Ho Chi Minh, at weekends, head outside the city to explore the underground world of the infamous Chu Chi Tunnels. If you want to get away from the bustle of the city, we recommend you head to the beach – perhaps Nha Trang or Danang or go on a pagoda trip on the Upper Mekong River to explore the country landscape of Vietnam. Lastly, allow time at the end of your trip to take a train to the north and see more of this stunning country such as Hanoi and Halong Bay. If you are staying in Hanoi, explore the city by going to the Old Quarter, the Temple of Literature & National University, the Ngoc Son Temple, Chua Tran Quoc, the Vietnam Museum of Ethnology, Thanh Chuong Viet Palace or enjoy a walk by Hoan Kiem Lake to see the Thap Rua Tower, or go hike Ba Vi National Park. You may also plan a day out to Halong Bay or Hoa Lu and Tam Coc. You may also want to go explore the growing city of Ho Chi Minh.

Project facts

Duration: 4 weeks; Minimum of 8 weeks recommended to have better chances to find a placement and get the most experience

Requirements: age 18+

Location: Ho Chi Minh City or Hanoi or some regional placements in Vietnam depending on specialty

Working hours: Monday - Friday, 30 hours per week

Project availability: All year round apart, intern activities differ during Lunar New Year.

RECRUITING FOR SUMMER 2021

Arrival day: First and Third Thursdays of the month

What's included

Accommodation: room in a studio apartment with cooking facilities & ensuite, common room with TV. Or, live with a homestay family with your own room and shared living space & bathroom.

Meals: breakfast & dinner (only if staying at a homestay), welcome and departure meal

Airport pick up: pick-up and drop off from Ho Chi Minh International Airport or Noi Bai Airport

Training: pre-departure pack, pre-departure & on-site orientation including cultural awareness & learning reflection document

Support: 24-hour support + Local Buddy

Local phone with Vietnamese SIM

City tour & cultural excursion: for Hanoi placement, you will get a 1-day tour of Ha Long Bay, for Ho Chi Minh City, you will get a 1-day tour of Mekong Delta

Excursions: Staff will help plan cultural visits (activity prices will be extra)

Visa process fee and guidance

**Certificate on completion of internship
Supervision from qualified professional**

What's not

Flights

Insurance

Visas

Electricity bills for studio apartments

Transfers to and from your placement

Police/Government Background Check; US and UK citizens will be processed through Kaya

(admin fee applies) all other nationalities must provide local police check.

HEALTHCARE IN LATIN AMERICA

The project

If you can inspire others to express themselves through movement, then volunteer on this wonderful project for dance therapy in Belize. Dance therapy is recognised by many as being very useful for children and young people who have been abused. It encourages them to become more self-expressive and, for some, develops self-worth and builds self-esteem. This helps children and young people to become more confident socially and can also overcome the feeling of being ostracised from the community. Dance therapy also enables them to learn more about dance and to have fun, which is often missing from their lives.

This placement is based at a community youth centre set up by a local foundation, and young people and children are either referred here by the police or Social Services or have built up the confidence to drop-in themselves. A detailed curriculum is in place and through movement, circle time icebreakers, and arts-focused on feelings, it is hoped that the young people of Belize will be able to express their emotions, enabling them to move forward to counselling. Bring your ideas, enthusiasm and experience and help integrate this dance therapy programme into the lives of those who are in need of an avenue to express their feelings as well as having fun.

Role of the volunteer

Volunteers on this dance therapy project will be asked to work with children and young people who have suffered abuse and need to develop their confidence through dance. You will show them different dance techniques and help them learn. You will also encourage them to express themselves through dance with the aim of increasing their self-worth.

The programme has been written into 7 chapters. The first 2 focus on building relationships through listening and communication skills, and the following 5 chapters focus on the Champions Through movement Curriculum, Relaxation and Focusing, Socialisation and Peer Skills, Anger Management and Coping Skills, Building Self-Confidence and Self-Esteem, and Reducing Self-Blame and Empowerment. You will continue to develop this through adding in your own ideas and experiences while taking into account local music and dance trends. This is a great opportunity to apply your own passion for dance therapy.

Skills required

This project placement requires volunteers to be very enthusiastic, love working with children and young people, and come up with ideas and knowledge that they are willing to share with others. Experience in dance therapy, performing arts or movement therapy or a degree in this field is required. This placement requires volunteers to be able to use their initiative, work without daily guidance and be confident enough when dealing with others. You will be asked to send your CV/Resume and attend a telephone interview before being accepted onto this project.

Why choose this project

- ✔ Benefit from sharing your skills, compassion and support while helping to foster a positive experience for everyone involved.
- ✔ Provide much-needed help to those dealing with the effects of abuse, as child abuse is common in Belize and many children are left in despair with low self-esteem and little self-worth.
- ✔ Add an interesting and unique experience to your CV/Resume and learn how dance therapy can be invaluable in helping others express themselves.

Project location

You will be based in San Ignacio and the surrounding communities. This project is in San Ignacio and is only a short walk from the volunteer accommodation. San Ignacio, also referred to locally as Cayo is located 2 hours from Belize City. The town and the surrounding communities contain a diverse population of Creole, Maya and Mestizo. San Ignacio is also an attractive market town set among pleasant tropical hills with a wide, shallow river running through the centre, where local families and volunteers love to swim. You can visit nearby Maya ruins and take part in caving adventures in your free time.

Project facts

Duration: 2+ weeks
Requirements: Age 18+
Location: San Ignacio, Belize
Working hours: Monday to Friday, 6 to 8 hours per day
Project availability: All year round
Arrival day: Saturday

What's included

Accommodation: shared room in volunteer accommodation with access to a pool table and a bar
Meals: 3 per day; light breakfast, sandwiches for lunch and a cooked evening meal. Volunteers take turns once a week preparing something from their own country.
Airport pick up: Airport pick up and drop off at Belize City International Airport
Training: Orientation and project induction provided
Support: 24-hour support
Excursion Planning: Staff can help to suggest weekend activities (Extra fees may apply). Trips may include; canoeing through jungle, caves, tubing, visit Mayan ruins, hiking and horse riding

What's not

Flights
Insurance
Visas
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Counselling and Social Work in Belize

BELIZE

The project

Volunteer within the social services systems of the Cayo district, on a placement in counselling and social work in Belize. You will help under-staffed centres support young people and women who are in need. Dealing with issues ranging from domestic violence to behavioural problems, drugs and alcohol abuse, and especially incest and sexual abuse, there are many areas in which the children, young adults and women need the assistance of professionals and adults they can trust to deal with these highly emotional areas. Those in support come to the centre through referrals from the police or social services, or through seeking help in person. The project aims to give them a safe place to go, to provide them with the opportunity to build trust with responsible adults, access to counselling and ultimately to help them prepare for a new start in life. With limited trained counsellors and social work professionals working in this field, they are looking for help in building a base of trained and experienced volunteers.

Role of the volunteer

Volunteers will be placed according to their skills and experience and the current project needs. Initially, you will need to build trust with the clients and this may mean you spend time out of the centre going to the park and involved in other activities. Once you have built trust, you will be asked to draw on your counselling skills in either groups or one-on-one sessions. You will be able to discuss with clients alongside a locally trained supervisor. You may be asked to help counsel students who come from a range of backgrounds and looking for support with sexual, marital, health or mental health issues.

Education is an important aspect of this placement. You may be asked to conduct parental educational sessions about violence amongst students, drug and alcohol abuse, student support and more. You may also be asked to help design sessions for young children to help prevent abuse and improve their understanding of what is appropriate. Skills development is also important as well as assisting children with their homework, to develop CV/Resumes with young adults and to build self esteem. Your role will be varied and you must be prepared to be flexible.

Skills required

Volunteers should have a solid background in counselling (sexual abuse, domestic violence, mental health, child psychology, social work, career counsellors) and have a good ability to interact with people from different cultures. This can be a challenging placement. Long term volunteers of at least 6 months are highly sought after with the option of possibly extending this stay to a full year. Those with training skills are welcomed as educating the community is an important component of this project to reduce the number of abuse and support those who see or are indirectly affected by abuse. Business skills, training and teaching experience are useful. You will be asked to attend a telephone interview and send your CV/Resume before being accepted onto this project to ensure your suitability for working in such a sensitive area. It will also help us to best match your skills and match them to the needs of the project.

Why choose this project

- ✔ Provide extra assistance in an overstretched social service systems in Cayo to support children, young adults and women.
- ✔ Share your compassion, skills and time with vulnerable people who needs to talk about what happened to them and learn that there are people that can still be trusted.
- ✔ Supporting the project long term to achieve its goals, build relationships and gain invaluable insights which you can take home to your own work placements.

Project location

You will be located in San Ignacio and its surrounding communities. San Ignacio, referred to locally as Cayo, is located 2 hours from Belize City and is a tourist centre. The town and the surrounding communities contain a diverse mix of Creole, Maya and Mestizo populations. San Ignacio is also an attractive market town set among pleasant tropical hills.

Project facts

Duration: 4+ weeks
Requirements: Age 21+
Location: San Ignacio, Belize
Working hours: Monday-Friday, in line with school hours
Project availability: All year round
Arrival day: Saturday

What's included

Accommodation: shared room in volunteer accommodation with access to a pool table and a bar
Meals: 3 per day; light breakfast, sandwiches for lunch and a cooked evening meal. Volunteers take turns once a week preparing something from their own country
Airport pick up: Airport pick up and drop off at Belize City International Airport
Training: Pre-departure manual, learning reflection manual, orientation and project induction provided
Support: 24-hour support
Excursion Planning: Staff can help to suggest weekend activities (extra fees may apply). Trips may include: canoeing through jungle, caves, tubing, visit Mayan ruins, hiking and horse riding.

What's not

Flights
Insurance
Visas
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Work in Hospitals and Clinics in Belize

BELIZE

The project

Volunteer and work in hospitals and clinics in Belize serving locals while learning about the healthcare settings. Lend a hand in a public polyclinic or private hospital that serve local citizens, regardless of income or social standing. The polyclinic offers first line of care and gives local access to free medicines. Departments include public health, vector control, ER, dental, pharmacy, maternity and outpatients. The private hospital charges a fee for its services but many on lower incomes prefer to use the services of this centre. The private hospital offers ER, pediatric care, dentistry, gyn and a diabetes clinic. Both the hospital and the polyclinic refer more serious cases to Belmopan Hospital. Join as a medical volunteer and gain and support the local team of doctors, nurses and house staff with their daily duties while gaining an insight into the Belizean healthcare system.

Role of the volunteer

- Pre-medical volunteers with no experience will shadow local doctors and nursing staff at the polyclinic, getting involved where they are most needed with general hospital tasks. You will not be able to treat patients as you do not have the training to do so, but you will have a great opportunity to see many aspects of polyclinic, helping you to think more about your future career.
- Medical students (year 1 - 3) will be able to shadow local doctors and nursing staff at the polyclinic, gaining an insight into the healthcare system, local illnesses not so common at home and how to work in a cross-cultural team. Medical students will rotate departments getting an insight into different aspects of the Belizean healthcare system. If you are a 4th year medical student, you should consider the elective placement that is also offered as this is a better fit to your experience level.
- Qualified medical professionals, once the Temporary Work Permits obtained, will have 1 week of intense orientation. You will then work in either the hospital or polyclinic alongside a local team, providing support and expertise, treating patients in line with your training level. Trained professionals will be expected to practice and share their experience with the local team including the paramedics.

Skills required

You will be asked to submit a full CV/Resume and to attend a Skype interview with the Kaya team to ensure that your interests and expectations can be assessed. A positive attitude, and a willingness to help where needed are essential competencies.

If you are a qualified doctor you will be asked to provide your medical license and qualifications so that the local team can arrange your Temporary Employment Permit, for a small fee. Any qualified practitioners able to practice their own specialty in Belize will be asked to register with the Belizean Medical Council, as they would with their own governing body at home, to enable you to be the most help to the local community.

Resources are limited, so if you need any specialist equipment, we do recommend you to bring it with you. Everyone is asked to bring their own scrubs and suitable shoes for working in a clinical environment.

Why choose this project

- ✓ Contribute to a local polyclinic and local hospital needing assistance running all aspects of their operations, from basic nursing care to surgeries.
- ✓ Add some expertise and outside assistance to an over-stretched medical team depending on your qualifications, experience and willingness to help.
- ✓ Add the experience to your CV/Resume for career purposes, as working in a different context, with a cross cultural team is valuable in many settings.

Project location

You will be based in San Ignacio and the surrounding communities. San Ignacio, referred to locally as Cayo, is located 2 hours from Belize City. The town and the surrounding communities contain a diverse mix of Creole, Maya and Mestizo populations. San Ignacio is also an attractive market town set among pleasant tropical hills.

Project facts

Duration: 2+ weeks

Requirements: age 17+

Location: San Ignacio, Belize

Working hours: 6-8 hours per day, Monday - Friday. Shifts may vary

Project availability: starting on the first or third Saturday of each month

Arrival day: Saturday

At least 2 months advance booking required to participate in this project .

What's included

Accommodation: shared room in volunteer accommodation with access to a pool table and a bar

Meals: 3 per day; light breakfast, sandwiches for lunch, a cooked evening meal. Volunteers takes turn preparing something from their own country once a week

Airport pick up: Airport pick up and drop off at Belize City International Airport

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Support: 24-hour support

Excursion Planning: Staff help organise weekend activities (Activity price may be extra)

What's not

Flights

Insurance

Visas

Fees associated with registration with Belizean Medical Council

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Volunteer in Rural Health Clinics in Belize

BELIZE

The project

Volunteer in rural health clinics in Belize and lend a hand in clinics that serve the less affluent citizens of the communities surrounding San Ignacio. Community members often lack access to health professionals and treatments. The clinic is manned by an advanced nurse who provides many services to the 7 surrounding communities including medical outreach and home visits. The duties performed at the clinic include infant immunizations, deworming, controlling fevers, treating work-based injuries, sutures, pre- and post-natal care and supporting lupus sufferers. There can be as many as 20 patients per day at the clinic with a range of ailments. Anyone who needs more intensive or extensive treatment is referred to the local polyclinic for an assessment.

The villagers themselves are poor and community health awareness is a vital part of this placement. Prices are very high in Belize but wages are low so community healthcare is important as apart from a select, few many are struggling and their physical well being is often neglected. You can help to improve the situation for many by becoming a volunteer in this rural health clinic and assisting the local nurse.

Role of the volunteer

Your role as a volunteer depends largely on your skills and experience:

- Nursing students will be placed at the centre and will work alongside the nurse. Your activities will very much depend on your training and experience. The local nurse will decide on the appropriate activities for you.
- Qualified nurses will register with the Belizean Medical Council and will be involved in more in-depth consultations as part of the local team.
- Qualified doctors will register with the Belizean Medical Council and will be able to practice within the community and within their specialization, assuming it's in high demand.

All volunteers will gain valuable experience, and interact with people of all ages within the rural community. You may encounter minor ailments such as wounds that need cleaning, sores and infections. You may also be asked to take the lead in community health educational sessions, depending on the needs of the project at the time of your placement.

Skills required

Nurses, community health workers and midwives will be well-utilised within the rural clinic setting. All volunteers will be asked to submit a CV/resume and attend a Skype to establish interests and expectations. If you are a qualified medical professional, you will need to register with the Belizean Medical Council to be able to treat in line with your training. You will be asked to send your medical license to enable the local team to obtain the Temporary Employment Permit. Please note that resources are limited, so if you need any specialist equipment to perform your duties we do recommend you to bring it with you. A good supply of masks and gloves is recommended, as well as scrubs.

Why choose this project

- ✓ Help run the clinics from recording basic patient information, especially for young children, giving basic nursing care to more advanced treatment depending on your qualifications.
- ✓ Benefit from a well-rounded experience.
- ✓ Add this experience to their CV/Resume while, and as well from improving their Spanish.

Project location

Kaya's programmes are based in San Ignacio and the surrounding communities. San Ignacio is located 2 hours from Belize City and is known locally as Cayo. The town and the surrounding communities contain a diverse mix of Creole, Maya and Mestizo populations. San Ignacio is an attractive market town set among pleasant tropical hills. On this project, you will work in rural communities close to San Ignacio.

Project facts

Duration: 2+ weeks

Requirements: age 18+

Location: San Ignacio, Belize

Working hours: 6-8 hours per day, Monday - Friday. Shifts may vary.

Project availability: starting on the first or third Saturday of each month

Arrival day: Saturday

At least 2 months advance booking required to participate in this project .

What's included

Accommodation: shared room in volunteer accommodation with access to a pool table and a bar

Meals: 3 per day; light breakfast, sandwiches for lunch and a cooked evening meal. Volunteers take it turns once a week preparing something from their own country

Airport pick up: Airport pick up and drop off at Belize City International Airport

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Support: 24-hour support

Excursion Planning: Staff help organise weekend activities (Activity price may be extra)

What's not

Flights

Insurance

Visas

Fees associated with registration with Belizean Medical Council

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Medical Elective/ Rotation/ Internship in Belize

BELIZE

The project

Spend your final year of med school on this medical elective / rotation / internship in Belize and consolidate your studies. You will learn from local doctors and help in hospitals and clinics that serve the local citizens, regardless of their income. Free public hospitals and clinics are typically underfunded, understaffed and struggling to meet the needs of everyone they care for. Help is needed in all aspects of the running of the clinics, from basic nursing care to surgeries. Interns will gain valuable clinical experience, which will look great for future employers, and you'll be providing valuable help where it is needed most. You will work alongside a local qualified doctor who will mentor you during your stay. If you do have focus in a specific area of medicine, then please let us know and we will place you in line with that. This elective is designed to provide hands-on experience to students prior to graduating.

Role of the volunteer

The role of the volunteer depends largely on their skills and experience. Medical students, duties may include administering medication, giving vaccinations, taking vitals and providing general health care, shadowing lead practitioners and providing assistance on daily routines. Those with specialist skills can be placed as required in areas including: Urology, Gynaecology, Dermatology, Pharmacy, dentistry, ER, mobile clinics and General Practitioners.. Your competence will be monitored by the local team and feedback given to you regarding your progress. Please be aware that any treatment will be at the discretion of the local team and will be determined by the skills, aptitude and attitude displayed during your placement.

Skills required

All volunteers must be in their final year of medical school onto be accepted onto this placement.

Although Belize is an English speaking country many patients, doctors and nurses will speak Spanish so any Spanish speaking skills would be beneficial but are not essential.

You will be asked to send your CV/Resume and transcripts before being accepted onto this project so that we can send it to the team in Belize to review and select the best placement for you. All interns will be required to bring their own scrubs and appropriate shoes for working in a hospital.

Please bring a laptop with you to document your learning during your placement.

Placements for 3 weeks may be considered if this is in line with another elective in another country. Please speak to a Kaya advisor to find out more about this.

Why choose this project

- ✓ The local hospital will benefit from additional pairs of hands when interns work alongside locally qualified doctors and medical staff. Medical students can get unique and valuable hands-on experience working with patients from communities in a developing country, and the practitioners will support and assess your work to feedback to your school body. It is a great opportunity for you to develop your CV/Resume.

Project location

Kaya's medical elective programmes is based in San Ignacio and the surrounding communities. San Ignacio, referred to locally as Cayo, is 2 hours from Belize City along the Western Highway. It is a tourist centre and market town. The town and the surrounding communities contain a diverse mix of creole, Maya and mestizo populations. Set among pleasant tropical hills it is a lovely location for volunteering. During your free time explore the local Mayan ruins or for those feeling a little more adventurous why not try your hands at cave tubing or horse-riding.

Project facts

Duration: 6 - 26 weeks

Requirements: age 20+

Location: San Ignacio, Belize

Working hours: Monday to Friday, 6 to 8 hours per day, shifts may vary

Project availability: All year round, at least 2 months advance booking required to participate in this project.

Arrival day: Saturday

What's included

Accommodation: double room, including A/C, ensuite bath, mini fridge, purified water with dispenser, fan and high-speed internet

Meals: Welcome Dinner on arrival night + Breakfast & Dinner daily on Mon-Fri breakfast, lunch & dinner on Saturday and Sunday

Airport pick up: Private transfer on arrival at the airport & return drop off

Training: Healthcare ethics & culture doc, pre- departure info pack, on-site orientation and project induction provided

Support: 24-hour support

Excursion Planning: - Assistance with booking weekend activities

Learning Reflection Document

Certificate on completion of Internship
Supervision from qualified professional

What's not

Flights

Insurance

Visas

Fees associated with registration with Belizean Medical Council

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Excursions in additional weeks

Horse-assisted therapy volunteering in Bolivia

BOLIVIA

The project

This unique and innovative project in Bolivia consists of supporting a local foundation that provides therapy using horses to children and young people with disabilities including physical, mental, and behavioural issues. Volunteers are needed to help take care of the horses, the infrastructure, as well as assist with the therapy sessions. The project may involve some work on the weekends but can be compensated with some time off during the week depending on the current needs at your time of volunteering. The centre is fairly new and provides a way to support to patients and their families who might be facing daily discrimination due to the handicaps. The centre accepts children and young adults with disabilities such as cerebral palsy, downs syndrome, autism but also those who have suffered emotional trauma. Benefits of animal-assisted therapy are well known for people with special needs. Specifically, equine-assisted therapy is known to increase the rider's confidence, communication skills, as well as motor skills. Horseback riding promotes physical exercise as well as the feeling of mobility which is very empowering for someone with a disability.

Role of the volunteer

Depending on your skills and interests, you will get the chance to participate in a variety of tasks including caring for the horses, preparing them for the therapy sessions, supporting the maintenance of the centre, etc. You will also have the opportunity to organize activities like educational sessions, team building or recreational sessions to address topics like inclusion, environment and social issues.

Skills required

Interns must love animals and more specifically horses for this volunteer placement. The ability to ride a horse will be an advantage. Experience or willingness to work with infants and children, including those with special needs. A good level of Spanish (level B1 Intermediate User of CEFR or better) is needed to make the most out of this placement. You will be asked for a CV/Resume and to attend a telephone interview to assess your suitability for this placement.

Why choose this project

- ✓ Perfect project for those who love horses and working with children and young adults.
- ✓ Meet local Bolivian students volunteering on the project as well
- ✓ Make local friends while being mentored by local professional, while helping make a difference

Project location

Your living accommodation is based on the outskirts of La Paz, Bolivia, in a semi-rural village. There is a strong sense of community within the village where volunteers are welcome as the villagers are used to seeing them around. The village is situated in the mountains so you will wake up every morning to a magnificent view of the Andes. You will be completely immersed and have the chance to improve your Spanish language as well given only a few villagers speak English. Not to worry though, you will still be sharing your accommodation with other volunteers and will have the opportunity to meet like-minded individuals from all over the world. It will take you about 30 minutes to get to your project from your accommodation.

Bolivia offers plenty of activities to do on the weekend. You may choose to stay around the volunteer house and relax on a hammock with a book, or hike the mountains and discover the "Tibet of the Americas" and enjoy many stunning views. You may also want to plan a weekend getaway to the highest Lake on the planet called Lake Titicaca located at the Peruvian border. Don't forget to take part in the many fiestas and cultural celebrations, and make it to the market to buy your souvenirs and help the local community sustain themselves!

Project facts

Duration: 4+ weeks
Requirements: Age 18+
Location: La Paz, Bolivia
Working hours: Monday - Friday, 5-6 hours a day
Project availability: Project open all year. RECRUITING FOR 2022
Arrival day: Monday

What's included

Accommodation: shared room in a volunteer house
Meals: Not included
Airport pick up: Airport pick up from El Alto Airport or the bus station in La Paz
Training: pre-departure information pack, on-site orientation and project induction, fundraising Guide
Support: 24-hour support
Excursion Planning: staff helps organise weekend activities (activity prices may be extra)

What's not

Flights
Insurance
Visas
Food, though a kitchen is provided and volunteers & interns regularly cook or eat out together
Daily transport to/from your project
Optional Spanish classes
Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

Special Needs Equine Therapy Internship in Bolivia

BOLIVIA

The Internship

Intern abroad on our specialised equine therapy for disabilities project and help to provide therapeutic horseback riding for disabled adults and children in Bolivia. The center is funded and hosted by Universidad Mayor de San Andrés, which is located about 30 minutes away from your accommodation. It supports both adults and children that are experiencing physical disabilities, mental disabilities or some kind of emotional distress. The center welcomes approximately 10 to 25 children receiving therapy on a daily basis. Benefits of this type of equine assisted therapy are undisputable to people with special needs and with daily challenges that have experienced a trauma. Indeed, horse-assisted therapy is known to promote relaxation, coordination, muscle toning, confidence and overall well-being. The patients learn to control horses while riding which develops sensory and motor skills. Indeed, riding horses improve posture and balance as well as coordination. Also, equine therapy helps patients deal with their differences on a daily basis and learn essential life skill. "Standing taller" and being in control of an animal helps them accept their disabilities better, as well as teach them about themselves and trust the people and animals surrounding them. The center help the patients achieve their therapeutic goals as well the families providing additional emotional support.

Role of the intern

As an intern, you will assist to evaluate the patients' progress and create lessons' plans. Your role will be split between assisting with therapy sessions as well as lend a hand with the maintenance of the center and the horses. You will help patients work with a horse including mounting, dismounting, and caring for the horse with the goal in mind to help the patients gain confidence in the animal and help them learn to deal with their disabilities on a daily basis. You will assist to organise recreational, team building and educational activities for the staff, students and families around inclusion, environmental and social issues affecting disabilities. You will also need to help in the care and grooming of horses, stables and the surrounding areas.

Skills required

Interns must love animals, and more specifically horses for this internship. The ability to ride a horse will be an advantage; however, you will get adequate training upon arrival. Individuals with considerable experience with horses that can help care for, exercise and train up the therapy horses are welcome. Interns must be physically fit as the work can be strenuous helping patients mount, dismount, etc. A good level of Spanish (level B1 Intermediate User of CEFR or better) is needed to make the most out of this internship. You will be asked for a CV/Resume and to attend a telephone interview to assess your suitability for the internship. Please bring a laptop with you to complete your final report.

Why choose this internship

- ✓ Get involved in a unique type of physiotherapy treatment working with local professionals learning unique physical animal-assisted therapy techniques.
- ✓ Gain valuable experience through your own observation and the mentorship from the local staff.
- ✓ Acquire your own leadership and mentorship skills by adding a unique type of experience on your cv / resume.

Project location

Your living accommodation will be on the outskirts of La Paz, Bolivia, in a semi-rural village. Very few people speak English in the village, so it will be a great place to perfect your Spanish language skills and immerse yourself! Your project will be just 30 minutes away from your accommodation. Bolivia is known to be the "Tibet of the Americas" and is considered to be the most isolated and highest in Latin America. You will wake to stunning views, and have the opportunity to explore on the weekends. Why not visit the Lake Titicaca which is the highest Lake on the planet and can be found at the Peruvian border. The Andes mountain hides away many natural wonders that are waiting for you to discover on the weekends. Bolivians are very friendly people who love their culture and celebrations and will happily welcome you to their fiestas on your time off!

Project facts

Duration: 4+ weeks
Requirements: Age 18+
Location: La Paz, Bolivia
Working hours: Monday - Friday - 5-6 hours a day
Project availability: Project open all year. RECRUITING FOR 2022
Arrival day: Monday

What's included

Accommodation: shared room in a volunteer house
Meals: Not included
Airport pick up: Airport pick up from El Alto Airport or the bus station in La Paz
Training: pre-departure information pack, on-site orientation and project induction, fundraising Guide
Support: 24-hour support
Excursion Planning: staff helps organise weekend activities (activity prices may be extra)

What's not

Flights
Insurance
Visas
Food, though a kitchen is provided and volunteers & interns regularly cook or eat out together
Daily transport to/from your project
Optional Spanish classes
Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

Mother and Child Nutrition in Costa Rica

COSTA RICA

The project

Volunteer in Costa Rica and you can help provide access to good food on this mother and child nutrition project. It is a challenge for some poor and vulnerable communities in Costa Rica to eat well and serve balanced meals. The objective is to improve the quality of life of those in need by providing food, dietary advice and basic well-being education. In addition, the project provides childcare so that parents can go out to work.

This mother and child nutrition volunteer placement supports nutrition centres as well as an old people's home. It also helps women who have suffered abuse and are in need of security for themselves and their children in disadvantaged communities. You will see that some families can't provide more than 1 meal per day for themselves or their families. You will work alongside project staff with young children from broken homes whose parents suffer from alcoholism or drug addictions.

The nutrition centres focuses on the healthy development of the beneficiaries by providing them food. The government supplies some of the food and in addition women who run the nutrition centre grow vegetables to supplement the meals. Volunteer in Costa Rica and you can be a part of essential work supporting the most vulnerables in the community.

Role of the volunteer

On your placement you will help prepare and serve nutritional meals for the mothers, the children and the elderly. You will prepare and serve food enabling you to gain a much better understanding of the demographics of those in need. You will learn about meals and foods that are used to supplement diets that are low on nutritious value.

At the nutrition centre and the old people's home, you will mainly focus on preparing and serving meals. Your help may also be needed to support workshops for the residents, enabling them to become self-sufficient with their nutritional needs. You will also be expected to help with day-to-day care and support the residents and children. If you speak Intermediate Spanish (B2 on CEFR) and are happy to pursue some self-driven initiatives, please let your Kaya advisor know.

Skills required

If you have an interest, experience or qualifications in nutrition, this project is perfect for you. You need to be compassionate, understanding and approachable towards the beneficiaries and non-judgemental. Having a reasonable level of Spanish (Basic User Level A2 of CEFR) is recommended. Spanish lessons can be arranged alongside your placement to increase your confidence level for an additional cost. If you have skills and experience, you may be able to develop workshops that you develop, alongside your general duties. Please speak to a Kaya advisor about this. You will need Intermediate User Level B2 of CEFR) and must be self-motivated and able to work without supervision. You will be asked to send your CV/Resume before being accepted onto this project.

Why choose this project

- ✔ Support the most vulnerable members of the community at the nutrition centres where childcare is also offered.
- ✔ Help with additional educational workshops if you have the Spanish language fluency.
- ✔ Gain work experience, experience cultural exchange and develop your language skills.

Project location

You will be based in one of two locations, Alajuela or Atenas. Alajuela is located in the Central Valley near the bustling capital of San Jose and has a year-round pleasant climate. It sits at the base of the volcanic slopes of Poas Volcano. As one of the oldest towns in the country Costa Rican history, tradition and culture are deeply rooted here. Atenas has a very friendly population and is surrounded by agrarian villages where coffee, mangoes and other produce are farmed. There is plenty to do at weekends and both are great locations.

Project facts

Duration: 2+ weeks

Requirements: Age 18+

Location: Alajuela, Costa Rica

Working hours: Monday-Friday;

08.00-12.30. You can combine this with another project so please speak to a Kaya Advisor

Project availability: All year round

Arrival day: Saturday

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Meals: 3 per day

Airport: pick up and drop off from San Jose International Airport

Training: Pre-departure preparation pack, on-site orientation, project induction and Learning Reflection Manual provided

Support: On-site coordinator providing 24 hour support

Excursion Planning: -

Language classes: 6 hours of Spanish language classes

Activities: 1 dance class and 1 cookery class included. Staff help organise evening and weekend activities.

Transfers to and from your orientation to your project location

What's not

Flights

Insurance

Visas

Daily transport between your accommodation and your project

Spanish lessons can be provided for an additional cost of £100 (\$175) for 6 hours tuition.

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Health and Medical Internship in Ecuador

ECUADOR

The Internship

This health and medical internship in Ecuador will give medical, biology and science students insights into issues in global health, traditional medicine, urgent care and medical practice in a community for middle class Ecuadorians and poor indigenous communities.

Hospital work consist of shadowing doctors. In the poorer communities there are issues with nutrition and a lack of awareness of general health issues such as contraception, and the dangers of drug and alcohol abuse. The hospital offers a range of services to the local community and departments include ER, x-ray, pharmacy, surgical, lab, cardio and obstetrics. The hospital also runs an ambulance service.

If you chose to work in rural communities' health centres, you will be asked to provide medical aid, prevention education, and resources to people that do not have access to good healthcare. You will get the opportunity to help very disadvantaged people, living in extreme poverty.

Role of the intern

Health and medical interns in Ecuador will largely observe their supervisor, and may be asked to assist with admitting patients, taking vitals and if your skills and experience deem it appropriate or even administer basic first aid. You may also be asked to shadow or assist a doctor, a dentist, a pharmacist or a lab technician. Your involvement will very much depend on your experience and a placement on this project is suitable for medical, biology or nursing students. Your preferences will be discussed with you and it may be that you rotate around departs or spend more time in one. This will also be determined by the number of other interns at the time of your placement and the needs and demands of the project. Those of you that want to learn about the approaches taken to indigenous treatment may be able to do so. Building a relationship with your supervisor is as important as evidence of qualifications on this placement. There is also an option for you to participate in awareness campaigns in sexual health education. Please discuss this with a Kaya advisor if you are interested in incorporating this into your placement during your interview. During your placement you will have regular meetings with your supervisor to assess your progress.

Skills required

If you are a medical, biology or nursing student you will be able to apply for a position as a medical intern in Ecuador. You will be asked to submit your CV/resume and to attend a Skype interview to be considered for this placement. You must speak Spanish (level B1 Intermediate User of CEFR) to get the most out of this placement and to contribute effectively to the hospital. It is suggested that medical interns who want to get the most out of this placement should sign up for medical Spanish lessons in Quito prior to commencing this placement. Even those who are fluent in Spanish will benefit from these lessons. Interns are asked to complete a learning diary during their placement and to produce a presentation about their learning for the local team at the end of the internship.

What are the benefits of interning

- Shadow and work alongside healthcare professionals in a variety of areas including family planning education, dental assistance, basic healthcare prevention methods, nutritional education, and much more.
- Be matched depending on your skills and interests with projects that suit your interests and help provide essential services to communities who will greatly benefit from any extra medical support they can get.
- Gain invaluable insight into the local health-care system, develop your team working and communication skills which will look great on your CV/Resume.

Project location

Your project will be based outside of Quito. Quito is surrounded by natural beauty, by the mountains ringing the city, some volcanic, some with white-capped peaks, lushly forested hills and a fertile valley. It was a major Inca city. Quito was named as a world heritage site in 1978 and has wonderful museums, arts and other places of interest.

Project facts

Duration: 4+ weeks

Requirements: Age 18+

Location: Quito, Ecuador

Working hours: Vary according to the needs of the hospital, expect to work shifts

Project availability: Projects are available all year. RECRUITING FOR SUMMER 2021

Arrival day: Every other Friday

What's included

Accommodation: Shared room in a shared house with kitchen and 2 bathrooms with hot running water

Meals: 2 meals per day – Breakfast and a light dinner

Airport pick up: Airport pick up and drop off in Quito

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided

Support: 24-hour support

Excursion Planning: Staff can help plan excursions (some may cost extra)

On arrival you will stay in a shared room in a hostel in Quito, breakfast included
Wifi

Local SIM card and phone: (handset deposit of \$50 required)

Certificate on completion of the presentation about your placement

What's not

Flights

Insurance

Visas

Transport between your accommodation and project throughout your placement

Intensive Spanish classes 1 week £355 / \$621 including accommodation

Optional excursion on the Sunday on your arrival weekend please speak to an advisor if you want to know more

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check

Integrated Music, Dance & Art Therapy for Children with Special Needs

ECUADOR

The project

Volunteer in Ecuador on this integrated therapy project for children with disabilities and learning difficulties and use your creative skills to help others. This project was set up over 20 years ago to offer support to children who are often unsupported in society. This integrated therapy centre calls on its dedicated, multidisciplinary team to help children with its broad spectrum of services: from early stimulation for those with learning difficulties, to physical rehabilitation, and language therapy. Young adults have also been incorporated into the programme. Students perform within an orchestra and have regular, well attended public dance performances each week. There are a number of different programmes in place to address the needs of various of children, as the project has responded to the demand in the Quito area. The project now serves around 80 children each day. Activities include music therapy, an academic art programme, therapeutic care, a day care programme and a summer project. Apply your caring nature and creative talents to help the local team run and develop this stimulating programme for a delightful group of talented children.

Role of the volunteer

As there are a number of programmes as the centre volunteers may help with the following:

- Academic artistic programme - supporting children aged 12+s in arts, music, reading, other academic disciplines, computers and sports activities. A full orchestra and performing dance group are a central part of this element.
- Therapeutic art programme - supporting children aged 12+ with music, art, dance and craft activities.
- Daycare project - working with children over 12 plus young adults, focussing on life skills, group work, conduct and developing autonomy.
- Learning therapy - older children and young adults developing educational performance to give students the chance to be involved in possible employment activities.
- Musical artistic development - for the under 12s, developing their creativity.

A summer programme also runs during July.

Skills required

Education or work experience in early childhood education, physical or occupational therapy, dance, music or art skills are a plus, and placements can be specialised in like with those skills. Intermediate Spanish speakers are strongly preferred (minimum level A2 Basic User of CEFR). Volunteers should be open, flexible, patient, passionate, creative and come with a spirit of collaboration and solidarity as well as the willingness to have fun! You will be asked to send your CV/ resume before being accepted onto this project.

Why choose this project

- ✔ Interact with the committed founder and local staff who have poured passion, skills, and personal resources into to getting this centre where it is today and are able to offer a range of interactive and exciting activities for children with learning difficulties and disabilities.
- ✔ Bring new ideas, enthusiasm and creativity to the project and help local staff to provide these essential services.
- ✔ Put your Spanish skills and experience to good use on this project, as well as build the experience section of their CV/ Resume.

Project location

The bustling capital city of Quito was declared a UNESCO world Heritage centre in 1978, surrounded by the natural beauty of the Andean mountains and its active volcanoes. For your project, you will be based in the north of the city, in a middle-income area with plenty of local shops, cafes and restaurants. Living in a homestay, a few miles from the project centre, you will use public transport to travel to work each day. In the centre, Quito has museums, art and interesting places to visit and easy access to the cloud-forest and Amazon jungle just a couple of hours away for weekend excursions.

Project facts

Duration: 2+ weeks
Requirements: Age 18+
Location: Quito, Ecuador
Working hours: 8am – 6pm (with preference toward afternoon shift), Monday - Saturday
Project availability: Year-round, starting on a Monday with summer camps during June – August. RECRUITING FOR 2022
Arrival day: Every other Friday

What's included

Accommodation: Home stay with hot, running water, and electricity
Meals: 2 meals per day – Breakfast, and dinner
Airport pick up: Airport pick up on a Friday and drop off
Training: Pre-departure pack, on-site orientation on Saturday and project induction, Learning Reflection Manual
Support: 24-hour support
Excursion Planning: Staff will help plan activities and excursions (some activities may cost extra)
Local SIM card and phone: (deposit of \$50 required for handset)

What's not

Flights
Insurance
Visas
Daily transport to project
Optional excursion on the Sunday on your arrival weekend please speak to an advisor if you want to know more
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Rural Public Health Volunteering in Ecuador

ECUADOR

The project

If you are interested in community development, join our rural public health volunteering in Ecuador focusing on indigenous people. Working with a local organisation this placement works with the indigenous communities of Quito. The project runs community outreach and provides education on subjects such as avoiding teenage pregnancy, alcohol and drug addiction and nutrition. These are all common problems that exist in the communities of the indigenous population of this province. Access to healthcare and healthcare education is limited for these communities and the people live on very low incomes. The programme is headed up by a former hospital business manager who saw that there was a need to provide essential education to these communities while incorporating their traditional values and practices. On occasions, he obtains the support of local trained professionals to accompany him on his outreach clinics.

Role of the volunteer

Volunteers will work with the local project leader who is responsible for organising and running the mobile clinic and the public health awareness sessions that are delivered in and to the local communities. If you have a specific area of study that you wish to focus on please discuss this with a Kaya advisor, for example nutrition. Options for awareness campaigns in HIV and sexual health education, nutrition, alcohol and drug awareness and general hygiene exist. You may be asked to take vital information about patients to help with record keeping. If you have a form of exercise that will interest the local population you may be able to run session in the community once you have agreed your approach with the local team.

Skills required

You should be a medical, nutrition, biology or nursing student to be accepted onto this placement. If you are interested in studying medicine or nursing in the future and are passionate about community development you may also be considered for this placement. Volunteers must be resilient, enjoy working with people and be able to cope with situations that are outside of their comfort zone. You will be working in poor communities and the language barrier can be difficult at times. All volunteers must speak Spanish (level B1 Intermediate User of CEFR) to get the most out of this placement and to contribute effectively to the outreach programme. Those of you who need to improve your Spanish there is the possibility of adding on the Medical Spanish Course at the beginning of your placement in Quito. You will be asked to send your CV/resume and attend a Skype interview before being accepted onto this placement.

Why choose this project

- ✓ Help to fill in the gap as the number of Ecuadorian medical professional is lacking. Nearly 30% of the population lives in largely poorer and rural communities, where access to health care is very limited.
- ✓ Gain invaluable insight into the problems facing indigenous communities and also understand how public health education initiatives are planned and implemented and incorporate traditional and modern views on medicine.
- ✓ Support the local project team with the challenge facing them in helping to education indigenous communities about important health issues.

Project location

Quito is surrounded by natural beauty, by the mountains ringing the city, some volcanic, some with white-capped peaks, lushly forested hills and a fertile valley. Quito was named as a world heritage site in 1978 and has wonderful museums, arts and other places of interest to keep you busy in your free time when you first arrive in Ecuador.

Project facts

Duration: 4+ weeks
Requirements: Age 18+
Location: Quito, Ecuador
Working hours: Monday – Friday, 5-6 hours a day
Project availability: Projects are available all year. RECRUITING FOR SUMMER 2021
Arrival day: Every other Friday

What's included

Accommodation: Shared room in a shared house with kitchen and 2 bathrooms with hot running water
Meals: 2 meals per day – Breakfast and a light dinner
Airport pick up: Airport pick up and drop off in Quito
Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and project induction provided
Support: 24-hour support
Excursion Planning: Staff will help plan activities and excursions (some activities may cost extra)
On arrival you will stay in a shared room in a hostel in Quito, breakfast included
Wifi
Local SIM card and phone: (handset deposit of \$50 required)

What's not

Flights
Insurance
Visas
Transport between your homestay and the project throughout your placement
Optional intensive Spanish classes 1 week programme £355 / \$621 including accommodation
Optional excursion on the Sunday on your arrival weekend please speak to an advisor if you want to know more
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Medical Spanish Language Course in Ecuador

ECUADOR

The Course

Looking to improve your Medical Spanish language skills? In our multi-cultural society these skills can be invaluable to a medical practitioner in the US, Europe or anywhere in Latin America.

If your conversational Medical Spanish isn't good enough to impress your cadaver, we've got the perfect program for medical students and professionals who want healthcare experience abroad. It is a total immersion program in Ecuador that will give you an insight into issues in global health, traditional medicine, medical practice in resource poor communities, and thorough, targeted medical language study so you will be able to communicate effectively with patients and staff in your particular field of medicine. If you have existing Spanish speaking skills (especially those who are Independent user level B1 on CEFR) you will find this placement extremely rewarding. Beginners are also welcome as the course will be tailor made to meet their needs.

Course Content

On the first day of your Medical Spanish course, you will complete a written and oral test to assess your current level of Spanish (excluding beginners). The course will be tailored to your needs and a daily lesson plan will be prepared by the teacher. A one-to-one approach is used so that you have the full attention and support of the teacher and gain confidence in your speaking abilities. The focus of the course will be as follows:

- For beginners: basic vocabulary for reading and understanding
- Vocabulary with a focus on human anatomy
- Oral expression
- Practical Spanish conversation for conducting medical appointments
- Understanding: readings and lectures about medicine, science and technology development

The course content is written by professionals and delivered by experienced teachers. The language school has a library containing different kinds of books and essays about Ecuadorian history, economy, tourism, grammar, literature, natural sciences, geography and more, which you are welcome to read.

If you are interested in joining a health volunteering placement and would like to add on a week of Spanish before starting why not add on a week in Quito studying Medical Spanish so that you can develop your language before interacting with local healthcare professionals and patients. Please ask your Kaya Placement Advisor for a price.

Course Location

The language school is based in Quito in an area close to many hotels and restaurants not far from the main tourist area. The area is mainly residential and is safe for locals and tourists. The school itself is lovely and bright with a huge terrace where Spanish lessons are taught.

Quito is set in a beautiful location, surrounded by mountains, some volcanic, some with white capped peaks, forested hills and a fertile valley. Before being destroyed by a fire Quito was a major Inca city but attempts to keep a Spanish invasion at bay backfired. However, all was not lost as Sebastián de Benalcázar recognized the potential of the location and founded San Francisco de Quito in 1534. An annual celebration marks this on December 6 and is called Fiestas de Quito.

Quito has plenty to offer day and night. There are wonderful museums, arts and other places of interest to keep you busy in your free time. Check out some of the boutiques and the handicraft market where you are sure to find scarves, rugs, ceramics and of course, the panama hat. Evenings are fun in Quito whether you prefer to have a meal in a restaurant serving Ecuadorian cuisine, to dance the night away or enjoy a drink in one of its many bars. There is something for everyone.

Project facts

Duration: 1+ week

Requirements: 16+, some Spanish is useful but beginners are accepted

Location: The course is held at in Quito, Ecuador

Working hours: 20 hours per week, either mornings or afternoons

Project Availability: All year round. RECRUITING FOR EARLY 2021

Arrival day: Every other Friday

What's included

Accommodation: Stay in a hostel for 3 night in Quito, breakfast included

Then homestay with a family in Quito

Meals: breakfast while at the hostel, then 2 meals per day in the homestay family; breakfast and a light dinner

Airport: pick up and drop off in Quito

Training: Pre-departure preparation pack, on-site orientation on Saturday provided

Support: 24 hour from the local team

Excursion Planning: Advice provided upon request

Local SIM card and phone: (deposit of \$50 required for handset)

Written information and course materials

What's not

Flights

Insurance

Visas

Meals beyond those specified above

Optional excursion on the Sunday on your arrival weekend please speak to an advisor if you want to know more

Police/Government Background Check: US and UK citizens will be processed through

Kaya (admin fee applies); all other

nationalities must provide local police check

The project

The Nursing Internship in Jamaica is the opportunity for anyone in the medical field to gain more experience or assist a country with limited resources. Most days, there are long lines of patients waiting to access health services. Depending on your level of knowledge about nursing, you may be placed in a hospital, a clinic or a health community fair. The project focuses on working in impoverished communities. Most interns are placed with a local clinic focusing on sexual and reproductive health. The clinic offers pap smears, cytology exams, paternity testing, pre- and post-natal care, pregnancy testing, diabetic checks, prostate checks and related tests, breasts examinations, immunization for babies and adults, planned parenthood advice and prescriptions, as well as tests for sexually transmitted diseases and reproductive tract infections.

The Nursing Internship in Jamaica is a great way to get a high-caliber clinical experience and hands on work abroad. The medical staff are very welcoming of interns and see them as a vital part of how they offer health services. To get the best out of the internship, interns are allowed to work with most of the services offered depending on their career interests.. These may include wellness clinics, family planning, sexually transmitted clinics, maternity, pediatrics and primary and secondary health care.

Role of the Intern

During the Nursing Internship in Jamaica, participants will shadow a local doctor, nurse or other local skilled healthcare practitioner. As an intern, you will gain practical experience in caring and nursing the patients. You will have the opportunity to do blood pressure checks, blood sugar and more. Depending on your interest and specialization, it will be challenging and rewarding placement tailored to your individual needs.

Skills required

This placement is suitable for pre-med students, and nurses in training. Trained nurses are also welcome to contribute. Depending on your qualifications and training, you would be placed in a hospital, a clinic or participate in the local community health fairs. This Nursing Internship in Jamaica abroad are tailored to each person's specific needs. As a result, you will be asked to submit a resume / CV alongside your application and you will have to go through an interview to ensure best possible match. Also note that you will be required to apply for a temporary license to nurse.

Why choose this project

- ✓ Get the opportunity to work in a different environment and with patients presenting different types of diseases and health problems you are used to back home.
- ✓ Gets hands-on experience under the guidance of doctors and nurses with years of experience.
- ✓ Learn about Jamaican culture and create a bond with the community in your professional field.

Project location

The Nursing Internship in Jamaica is based in and around Kingston. The city is well known for its Reggae Legend Bob Marley and offers a rich cultural history.

The community where your accommodation is based overlooks the city of Kingston to the South and offers breathtaking sceneries. You will be sharing an air-conditioned bedroom with other interns or volunteers working within the community. The volunteer house is a great place to relax and enjoy the scenery or catch up with like minded individual over a game of basketball or in one the many communal areas.

Not only is Jamaica the perfect location to listen to Reggae and enjoy beach relaxation, but it also offers amazing experiences of best coffee plants, panoramic views or fauna and flora if you visit the famous Blue Mountain during your free time. Another major attraction is Dunn's River Falls.

Project facts

Duration: 4 to 12 weeks maximum
Requirements: 18+
Location: Kingston, Jamaica
Working hours: Monday through Fridays
4 to 5 hours a day
Project availability: All year round.
RECRUITING FOR 2022
Arrival day: Saturday or Sunday

What's included

Accommodation: shared air-conditioned bedroom in volunteer house
Airport: pickup and drop off from/to Kingston Norman Manley International Airport.
Transport: to/from project daily
Meals: Breakfast and Dinner
Training: Pre-departure information pack, on-site orientation and project induction provided
Support: 24-hour support from on-site coordinator
Wifi

What's not

Flights
Insurance
Visas
Meals: Lunch not included
Temporary nurse license \$50 USD
\$10 USD key deposit on your arrival
\$10 USD min housekeeping fee
Tours and excursions
Personal expenses
Police background check: US and UK citizens processed through Kaya (admin fee applies); all other nationalities must provide local police check

Medical Internship in Jamaica

JAMAICA

The project

The Medical Internship in Jamaica will help you get skills you need to launch your medical career!

Jamaica has been a struggling country due to low growth and high public debt. Inequality in Jamaica is lower than in most countries in the Caribbeans but poverty is still significant. The Jamaican healthcare system continues to be overextended, and the population health is changing due to a variety of risks attributed to urbanization, industrialization and changes in lifestyles. As a result, there is a greater demand for its free healthcare as some of the common ailments include malnutrition, communicable diseases, chronic illnesses and alike. The experience you will gain on your Medical Internship in Jamaica will give you a strong foundation for your career as you will have to work with very limited resources, insufficient staff and a large number of patients.

Role of the Intern

The role of the Medical Intern in Jamaica will vary depending on your skill set. Pre-med students can work in local clinics doing basic tasks such as administration, general health checks, taking patients history, participate in awareness health sessions on nutrition, personal hygiene or prevention of illnesses, or attend medical lectures in some cases.

Doctors in training may be asked to assist the medical doctor on duty depending on your level of experience. Whether you will be capable of doing some hands-on work according to your skills, or shadowing the local professionals, you will gain some valuable exposure. It is a great opportunity to be exposed to various health issues you wouldn't see back home.

Skills required

This placement is suitable for pre-med students, and doctors in training. Trained doctors are also welcome to contribute. Depending on your qualifications and training, you would be placed in a hospital, a clinic or participate in the local community health outreach initiatives. This Medical Internship in Jamaica abroad are tailored to each person's specific skills and needs. You will be required to attend an interview and you will be asked to submit a resume / CV alongside your application

Why choose this project

- ✓ Get matched to the perfect role whether you are a pre-med student or a doctor in training.
- ✓ Learn from local doctors and other skilled healthcare practitioners while dealing with ailments you wouldn't otherwise be exposed to.
- ✓ Enjoy the Jamaican way of life and discover its culture when not on your internship.

Project location

The Medical Internship in Jamaica is based within an impoverished community around Kingston. You will surely fall in love with the vibrant city and its very welcoming and kind inhabitants.

During your placement, you will be sharing in a shared air conditioned bedroom in a volunteer house overlooking the City. During your free time, you will have the chance to enjoy the views from the many communal areas, or simply take a walk in the surrounding residential areas.

During your free time, we recommend you plan some time to visit the famous Blue Mountain, its coffee farms and discover its beautiful fauna and flora surrounding you! You might also take advantage of the clear water and white sand beaches. Treasure Beach being a popular one where the locals have taken control and opened low key hotels and guesthouses, ensuring your dollars are put back in the community!

Project facts

Duration: 4 to 12 weeks maximum
Requirements: 18+
Location: Kingston, Jamaica
Working hours: Monday through Fridays
4 to 5 hours a day
Project availability: All year round.
RECRUITING FOR 2022
Arrival day: Saturday or Sunday

What's included

Accommodation: shared air-conditioned bedroom in volunteer house
Airport: pickup and drop off from/to Kingston Norman Manley International Airport
Transport: to/from project daily
Meals: Breakfast and Dinner
Training: Pre-departure information pack, on-site orientation and project induction provided
Support: 24-hour support from on-site coordinator
Wifi

What's not

Flights
Insurance
Visas
Meals: Lunch not included
Temporary nurse license \$50 USD
\$10 USD key deposit on your arrival
\$10 USD min housekeeping fee
Tours and excursions
Personal expenses
Police background check: US and UK citizens processed through Kaya (admin fee applies); all other nationalities must provide local police check

Global Health and Nutrition Volunteering in the Andes

The project

Come to Peru and volunteer on a global health and nutrition project in the Andes. Work with a project that reaches out to the rural communities around Cusco to provide health support. In high altitude rural communities, the reliance on potato crops results in high levels of malnutrition, and lack of general health education leads to many easily avoidable problems. Work alongside a rural nurse visiting villages to provide workshops, education sessions and help to run a feeding program within the schools. Global health and nutrition volunteering in the Andes is a great way to support local efforts to improve the quality of lives in the extended Cusco area.

Role of the volunteer

Volunteers on this project, will work alongside the community nurse preparing and delivering health workshops to the communities. Those with a nutrition background will focus on the feeding program, and help is needed to develop new recipes from cheap and available local ingredients. Those with nursing or medical backgrounds can help with clinics and home visits, especially to those families with disabled or elderly members. Those with other health skills will work to shape their placement. A medical clinic runs twice a year in June and October and volunteers can get involved with these if working during this period.

Skills required

This project requires a few specific skills for participation. An intermediate level of Spanish (level B1 Independent User on the CEFR) is required to communicate with patients and community members. A background in any field of health or nutrition is also requested. Your level and area of knowledge will shape your placement, so please discuss this with our advisors. The placement is especially looking for nurses, nutritionists, dental practitioners, occupational therapists, physical therapists and health educators as you can pass on their knowledge in an educational capacity. Qualified professionals and students in the fields stated are welcome to apply as this is a non-hands on or treatment placement. Professional registration with the Peruvian Medical Council is not required.

Volunteers will need to be happy working in a small team or independently where needed, but will always be accompanied by a nurse on community visits. Communities are found 1-3 hours outside the city and will require travel on public and private transport to carry out the work. You will be asked to attend a telephone interview before being accepted onto this project and to provide a full CV/Resume.

Why choose this project

- ✓ Learn about local health issues and teach the community to live healthier lifestyles within their local context to give them the ability to take control of their well-being.
- ✓ Contribute to providing a nutritious meal for children through the feeding program and, teach communities what they need to cook for themselves, as well as help them set up greenhouses to grow more diverse produce.
- ✓ Share your health knowledge via workshops in areas from dental hygiene to sexual health provide additional knowledge.

Project location

Cusco is the oldest continuously inhabited city on the continent and its legacy as the seat of the Inca Empire is apparent. Considered the capital of the Sacred Valley region, it is a tourist hotspot and the starting point for the Machu Picchu trail. You will be based here, living with a homestay family, but day-to-day will travel by public transport to Pisac, 30 minutes from Cusco, where the projects' office is based. When visiting communities, you will travel deep into the Andes and see towns rarely visited by foreigners.

Project facts

Duration: 4 – 26 weeks

Requirements: age 18+

Location: Cusco, Peru

Working hours: Monday – Friday, 5 hours per day

Project availability: Every Monday throughout the year

Arrival day: Saturday

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Meals: 3 meals provided per day

Airport: pickup and drop-off at Cusco International Airport

Training: Pre-departure pack, pre-departure & on-site orientation

Support: 24-hour support

Excursion Planning: Staff will help plan cultural visits (activity prices will be extra) for your spare time and weekend off

What's not

Flights

Insurance

Visas

Extra Spanish classes are available for £85/\$149 for 10 hours. Please contact us for more information about booking

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Special Needs Therapy Internship in Peru

PERU

The project

If you want to gain experience in special need therapy while helping local disabled children and possibly earning credits towards your degree, this is the internship for you!

During your Special Needs Therapy Internship in Peru, you will be placed in a special education centre in Cusco that hosts approximately 75 children from the age of 5 to 35 years old with different impairments causing them physical, communication and mental disorders caused by autism, intellectual disabilities and cerebral palsy, amongst others. The school's inclusive objective focuses on preparing students to be included into a regular education and/or vocational setting. The staff is composed of qualified professionals in the fields of intellectual disabilities, hearing impairment, psychology, social work, physiotherapy amongst others. The centre is well catered for the local children and is equipped with a modern infrastructure and up-to-date technologies thanks to some government funding.

The centre caters for children with special education needs in Peru and Latin America including significant disabilities and autism. The school promotes teaching skills to achieve autonomy working together with the parents.

This special needs therapy internship is a great and rewarding experience to help you grow personally and professionally.

Role of the intern

The interns will help the patients in all capacity including improving their speech therapy, acquiring psychomotor skills, and living their day-to-day life at the centre. The campus include both a primary and secondary school, so depending on the intern's specific skills and interests, you will be able to contribute to either. Interns will also be able to assist in building the capacity needed for the school to support the students in a meaningful way like serving their meals, helping at toilet breaks, etc etc. In addition, interns will also have the opportunity to implement programs or activities and offer suggestions to improve the school.

Skills required

No particular skills are required to participate in this project. However, volunteers with a background in childcare or special needs are greatly appreciated. A basic level of Spanish is required (level A1 Basic User of CEFR) to enable you to communicate and make the most out of this placement.

Why choose this project

- ✔ Work with children as well as share your experience and skills with the staff of the centre.
- ✔ Be exposed to children with a variety of health conditions making your work more rewarding and challenging.
- ✔ Gain practical experience within the therap field for children with a variety of disorders while building your CV/Resume and practising a second language.

Project location

Well-known for being the Inca majestic city for its baroque style of architecture, Cusco is a nice little Peruvian small city worth to visit. Also referred to as the "Archaeological Capital of the Americas", Cusco mixes modern architecture and indigenous styles of building. The majestic cathedral on the Plaza de Armas and Qoricancha both gives a good example of the history of the City.

Whilst volunteering in Peru, you will be staying with a homestay family in Cusco. The homestay families are familiar with receiving volunteers and will make you feel right at home. Staying with a local family allows you to fully engage with Peruvian culture for the period of time you are there. All homes have electricity, running water and indoor plumbing so you will be quite comfortable. You will generally have your own room, though in the summer months you may be required to share with another participant.

Cusco is a vibrant city with lots to do. Many visitors choose to go to Machu Picchu, either by trekking for 4 days along the Inca Trail or by 4 hours on the train. You may choose to spend your weekends touring the City, the nearby Inca Ruins of Sacsayhuaman, Qenko, Puca Pucara and Tambomachay or spending in the Sacred Valley of the Incas. Make sure you include a visit to the traditional Indian market at Pisac, the beautiful village of Ollantaytambo and the small village of Chinchero located high up in the mountains.

Project facts

Duration: 4 – 12 weeks, longer terms available

Requirements: age 18+

Location: Cusco, Peru

Working hours: Monday – Friday 5 hours per day

Project availability: Every Monday
Project is closed at the end of July and December to March for school holidays.

Also, closed during Public Holidays. Speak to your Kaya Advisor to find out more.

Arrival day: Saturday

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Meals: 3 meals provided per day

Airport: scheduled pickup and dropoff from Cusco International Airport

On the ground transportation: to/from projects included

Access to personal online Kaya

Community account including:

- Pre-departure information pack
- Fundraising Guide
- How to Manage your Money Abroad
- Learning Reflection Guide

On the ground training: cultural and safety orientation and project induction

Internship support:

- Certificate upon completion of your internship presentation
- Supervision from qualified professional

Support: 24-hour support including emergency contact numbers from local team

Excursion Planning assistance from local staff (activity prices may be extra)

What's not

Flights

Insurance

Visas

Extra Spanish classes are available for £85/\$149 for 10 hours. Please contact us for more information about booking

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Summer Study Abroad and Service in Peru – Health and Nutrition Track

The project

Earn credits for your university course while volunteering with Kaya on our Summer Study Abroad and Service in Peru program in Cusco.

This Study Abroad and Service is the perfect way to accumulate credits towards your degree while being located in one of the most important historic city in South America, once capital of the Inca Empire. As one of the Seven Wonders of the World, the Inca royal residence of Machu Picchu, this is the perfect place to spend your summer while studying and giving back to society.

You will spend your first five weeks studying in English or Spanish (depending on your selection) while participating in some site visits as part of your class or on the weekend.

After your studies are completed, you will volunteer for an additional 2 weeks or more while immersing yourself even more in the local communities to help make a difference.

During your Study Abroad and Service, you will be living with a homestay family immersing you even more into Peruvian culture and customs.

Classes you can take

You will take 2 courses on this Summer Study Abroad and Service in Peru program. The courses (depending on what you choose) include a variety of field trips such as local sites, governmental institutions, exhibitions, local educational establishments amongst many others. This will be a great way to gain hands-on experience, practical knowledge in the classrooms as well as personalized tutoring with your professors. The course available in the Health and Nutrition Track are listed below:

- Healing and Shamanism in the Andean and Amazonian Culture (3 credits)
- Andean Nutrition (3 credits)

You may also choose to have a Spanish Course accompanied with one of the classes listed above. A class of Spanish Language is worth 4 credits depending on your level of Spanish. You will be placed according to the results of your Spanish Placement Test (see more information under skills required).

After your courses, you will be able to stay in the community for an additional 2 weeks or more if you wish to volunteer. Some of the volunteering may include helping construct greenhouses to improve the diet of local families, or assist in delivering health workshops to the community alongside local nurses. Kaya placement advisor will work with you to identify the best volunteer opportunity depending on your skills and interests.

A full description of the classes can be found [here](#).

Why choose this project

If you are a university student wishing to earn credits abroad towards your degree, this Summer Study Abroad and Service in Peru program is the perfect way to do so.

You can earn up to 8 credits during the summer while living in Peru with a homestay. You will be taking courses at Universidad San Ignacio de Loyola and immerse yourself into Peruvian culture, and after your courses are complete, you will also be able to give something back to the local community through your volunteering efforts. What a great way to build up your resume!

This Study Abroad and Service is perfect for nutrition and health student given the selection of courses and the volunteering opportunities.

Project location

Well-known for being the Inca majestic city for its baroque style of architecture, Cusco is a nice little Peruvian small city worth to visit. Also referred to as the "Archaeological Capital of the Americas", Cusco mixes modern architecture and indigenous styles of building. The majestic cathedral on the Plaza de Armas and Qoricancha both gives a good example of the history of the City.

Whilst volunteering in Peru, you will be staying with a homestay family in Cusco. The homestay families are familiar with receiving volunteers and will make you feel right at home. Staying with a local family allows you to fully engage with Peruvian culture for the period of time you are there. All homes have electricity, running water and indoor plumbing so you will be quite comfortable. You will generally have your own room, though in the summer months you may be required to share with another participant.

Cusco is a vibrant city with lots to do. Many visitors choose to go to Machu Picchu, either by trekking for 4 days along the Inca Trail or by 4 hours on the train. You may choose to spend your weekends touring the City, the nearby Inca Ruins of Sacsayhuaman, Qenko, Puca Pucara and Tambomachay or spending in the Sacred Valley of the Incas. Make sure you include a visit to the traditional Indian market at Pisac, the beautiful village of Ollantaytambo and the small village of Chinchero located high up in the mountains.

Project facts

Duration: 7+ weeks

Requirements: Age 18+

Location: Cusco, Peru

Working hours: Take two courses (up to 8 US credits) at Universidad San Ignacio de Loyola Option to make one of the classes a Spanish Language Class

Project availability: Dates: 2 start dates available in 2020 – 18th of May (deadline early April) – 30th of June (deadline end of May)

Arrival day: Specific Date. Please speak to your Kaya advisor

What's included

STUDY ABROAD

Accommodation: Homestay with a local Peruvian family for basic price, or option to stay in student housing for an extra fee

Meals: 3 meals provided per day

Airport: scheduled pickup and dropoff from Cusco International Airport

Support: 24-hour support including emergency contact numbers from local team

2 courses at Universidad San Ignacio de Loyola

Course-related materials

Welcome ceremony and orientation

Site visits as part of the courses with hands-on fieldwork

Internet access

Universidad San Ignacio de Loyola

University transcript

SERVICE COMPONENT

Transfer to service site

Accommodation: Homestay with a local Peruvian family for basic option

Meals: 3 meals a day if staying with a family

Support: 24-hour support including emergency contact numbers from local team

What's not

Flights

Insurance

Visas

Project Costs for Healthcare in Africa

COUNTRY	PROJECT	2 WEEKS PRICING		4 WEEKS PRICING		EXTRA WEEKLY PRICING	
		Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)
Ghana	Volunteering in Hospitals in Ghana	£1227	\$1915	£1514	\$2363	£144	\$224
Ghana	Volunteer in a Laboratory in Ghana	£1227	\$1915	£1515	\$2363	£144	\$224
Ghana	Dentistry Internship in Ghana	£1227	\$1915	£1514	\$2363	£144	\$224
Ghana	Public Health Internship Ghana	N/A	N/A	£1737	\$2711	£336	\$524
Ghana	Ghana Physiotherapy Internship	N/A	N/A	£1354	\$2114	£240	\$374
Kenya	Healthcare, Community & Hospital Volunteering in Kenya	£1248	\$1949	£1736	\$2710	£244	\$381
Morocco	Occupational Therapy Internship in Morocco	N/A	N/A	£1723	\$2690	£277	\$432
Morocco	Medical Internship in Morocco	N/A	N/A	£1723	\$2690	£277	\$432
South Africa	Equine Therapy for Disabled Children in Cape Town	£1254	\$1958	£1947	\$3039	£410	\$639
South Africa	Support the Recovery of Children in a South African Hospital	£1254	\$1958	£1947	\$3039	£410	\$639
South Africa	Community Health & Home Based Care Volunteering in South Africa	£1204	\$1880	£1692	\$2642	£244	\$381
South Africa	Nursing and Medical Internship in South Africa	N/A	N/A	£2501	\$3904	£46	\$72
South Africa	Social Work and Youth Internship in South Africa	N/A	N/A	£2501	\$3904	£46	\$72
South Africa	Public Healthcare Internship in South Africa	N/A	N/A	£2501	\$3904	£46	\$72
South Africa	Occupational Therapy in South Africa	N/A	N/A	£2501	\$3904	£46	\$72
Swaziland	Nutrition Internship In Swaziland	N/A	N/A	£1663	\$2595	N/A	N/A
Uganda	Community Health and Hygiene Education Internship in Uganda	N/A	N/A	£1628	\$2542	£336	\$524
Zambia	Public Health Internship	N/A	N/A	£1822	\$2845	N/A	N/A
Zambia	Health Promotion and Community Volunteering in Zambia	£1155	\$1803	£1560	\$2435	£185	\$288
Zimbabwe	Medical Support and Health Awareness in Zimbabwe	£1285	\$2006	£1822	\$2845	£270	\$421

Project Costs for Healthcare in Asia

COUNTRY	PROJECT	2 WEEKS PRICING		4 WEEKS PRICING		EXTRA WEEKLY PRICING	
		Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)
Cambodia	Social Work Volunteering in Cambodia	N/A	N/A	£1266	\$1976	£109	\$171
Cambodia	Healthcare, Nutrition and Dentistry Projects in Siem Reap	N/A	N/A	£1266	\$1976	£109	\$171
China	Healthcare Internship in China	N/A	N/A	£3453	\$5391	N/A	N/A
Philippines	Volunteer in a Rural Health Clinic In The Philippines	N/A	N/A	£1172	\$1829	£109	\$171
Philippines	Improve Nutritional Standards in The Philippines	£953	\$1488	£1172	\$1829	£109	\$171
Philippines	Work in a Rural Health Clinic in the Philippines	N/A	N/A	£1172	\$1829	£109	\$171
Thailand	Medical Internship at a District Hospital in Chiang Mai	N/A	N/A	£1860	\$2904	£217	\$339
Vietnam	Occupational Therapy Internship in Vietnam	N/A	N/A	£2464	\$3847	£199	\$310
Vietnam	Social Work Internship in Vietnam	N/A	N/A	N/A	N/A	£199	\$310
Vietnam	Medical and Healthcare Internship in Vietnam	N/A	N/A	£2464	\$3847	£199	\$310

Project Costs for Healthcare in Latin America

COUNTRY	PROJECT	2 WEEKS PRICING		4 WEEKS PRICING		EXTRA WEEKLY PRICING	
		Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)
Belize	Dance Therapy in Belize	£1432	\$2235	£2118	\$3306	£359	\$560
Belize	Counselling and Social Work in Belize	N/A	N/A	£2584	\$4033	£272	\$424
Belize	Work in Hospitals and Clinics in Belize	£1606	\$2507	£2580	\$4027	£487	\$760
Belize	Volunteer in Rural Health Clinics in Belize	£1606	\$2507	£2580	\$4027	£487	\$760
Belize	Medical Elective/ Rotation/ Internship in Belize	N/A	N/A	N/A	N/A	£594	\$927
Bolivia	Horse-assisted therapy volunteering in Bolivia	N/A	N/A	£1099	\$1715	varies	varies
Bolivia	Special Needs Equine Therapy Internship in Bolivia	N/A	N/A	£1299	\$2028	varies	varies
Costa Rica	Mother and Child Nutrition in Costa Rica	£1401	\$2241	£1905	\$3044	£252	\$401
Ecuador	Health and Medical Internship in Ecuador	N/A	N/A	£1971	\$3077	£251	\$392
Ecuador	Integrated Music, Dance & Art Therapy for Children with Special Needs	£1423	\$2221	£1915	\$2989	£246	\$384
Ecuador	Rural Public Health Volunteering in Ecuador	N/A	N/A	£1915	\$2989	£246	\$384
Ecuador	Health and Medical Internship in Ecuador	N/A	N/A	£1971	\$3077	£251	\$392
Ecuador	Medical Spanish Language Course in Ecuador	£1853	\$2892	N/A	N/A	N/A	N/A
Jamaica	Nursing Internship in Jamaica	N/A	N/A	£2996	\$4677	£516	\$805
Jamaica	Medical Internship in Jamaica	N/A	N/A	£2996	\$4677	£516	\$805
Peru	Global Health and Nutrition Volunteering in the Andes	N/A	N/A	£1343	\$2096	£306	\$477
Peru	Special Needs Therapy Internship in Peru	N/A	N/A	£1399	\$2184	£311	\$485
Peru	Summer Study Abroad and Service in Peru – Health and Nutrition Track	N/A	N/A	N/A	N/A	N/A	N/A

Program Agreement, Terms and Conditions

Thank you for choosing to apply for placement on a Kaya programme. We are committed to providing you the best support as you prepare for the experience of a lifetime, which is why we have laid down the following terms and conditions. By checking the agreement of these terms and conditions you have accepted to abide by the rules laid down in this agreement, and we suggest that you read the details carefully and speak to us if you require any further clarification. Please note there may be additional conditions that apply to individual placements.

Program Agreement Terms and Conditions

NOTE: The current terms outlined include temporary accommodations made to address the current Covid-19 global pandemic. We have called these Kaya Amended Coronavirus Terms – Kaya ACT. These temporary terms are outlined alongside Kaya regular terms and conditions and may be amended at any time. These are all shown in red for easy identification.

Deadlines, Dates and Prices

Applications are accepted throughout the year and are subject to limited space availability. Programs are priced individually and displayed on the Kaya website alongside each project. Deadlines are based on the dates of the desired placement. Some programs and project placements fill up prior to their published application deadlines. Apply early to secure your space. Important deadlines for the Kaya Programs are:

Early Application

Application can be made up to 1 year in advance, however, arrangement and communication of the program specifics will commence 2-3 months prior to program start.

Application Deadline

Programs have varying deadlines. Most are around 3 months prior to the program start. Last-minute bookings will be considered on an individual basis. Last-minute bookings are advised that their placement arrangements may require more flexibility to accommodate.

Total Fee Due

60 days prior to program start – unless specified for a particular project

Late Payment

Payment deadlines are displayed on the invoices provided. It is important to meet these deadlines to secure your placement, and missing these deadlines may result in the cancellation of your placement. Where a payment extension is requested, this will be considered on a case-by-case basis and will incur a late payment fee of £35/\$60 basis.

Program Start and Finish Dates, Current Prices, and “What’s Included” are displayed on the Kaya website alongside each project. Details shown on printed materials are subject to change. Projects prices are reviewed annually and bookings for the following year may differ from those listed. Payments may be made in GBP or US\$.

Application Instructions

Apply online: <https://www.kayavolunteer.com/book-now>

At the time of initial application, an application fee of GBP£75/ US\$95 is requested. This fee will be deducted from your total program fees. This is a non-refundable fee that enables us to process your application and ensures we work to match you with the best possible placement for your skills, interest, and needs. In the event that the application is rejected by Kaya, this payment will be returned in full. You will be provided the option to “speak to an advisor before submitting your fee”, but please note that your application may not be completed until payment of this fee is received.

Upon receipt of the application form and fee, we will contact you to arrange an online interview, work with our in-country teams to review your information, and offer you a placement in line with your request. Kaya will contact all applicants within 2 weeks of receipt of the application.

Confirming your placement: Once a placement is offered, you will have the option to confirm your placement and dates, and reserve your space with a confirmation fee of GBP£150/ US\$250. This fee will be deducted from your total program fees.

Kaya ACT: During the Covid pandemic, this payment will not be requested until travel to that country is possible (the host country borders open to you, and your home country is allowing travel to the host country). These will be deferred until confirmation of travel dates can be provided, at which time applicants may decide whether to proceed with, or cancel their application.

Until your confirmation fee is received we cannot guarantee your space on the program. See Trip Cancellation & Refund Policy below for further details.

Additional deposit fees: A small number of our programs have an additional deposit applied by our in-country project partners. You will be notified of this on initial inquiry if this exists for your program. Any payments made will be applied toward the total program fee. These additional deposits are non-refundable in all cases but can be applied to future participation for that specific placement if your placement dates need to be moved.

Trip Cancellation & Refund Policy

Kaya reserves the right to cancel any program if there are insufficient registrants (where minimum numbers apply) or if Kaya determines it is in the best interest of the applicant's safety and quality of programming to cancel the program. Kaya is not responsible for other costs incurred by applicants preparing for the trip. Should a program be canceled by Kaya, for any reason, applicants will be offered the option of positions in other Kaya Programs or a full refund on all fees paid, minus application fees and bank charges.

For participants wishing to cancel or shorten their program, the following terms apply:

- Application fees are non-refundable in all instances for successful applicants. Unsuccessful applicants will be fully refunded.
- Additional deposits, where applicable, are also non-refundable in all instances.
- Confirmation fees: If you decide to cancel, for any reason, any time up to 61 days before travel, we will provide a 50% refund, less application fee, and bank fees.

If the travel status of your program changes prior to your travel dates, and those are likely to interrupt your travel at your booked program time, we will provide a full refund, less application fee, and bank fees. Cancellations made within 60 days before departure will make confirmation fees non-refundable.

- Program fee balance – Payment of all remaining program fees are due 60 days prior to your program start date. Payment of program balance fees prior to this deadline are fully refundable up to 61 days before departure (minus any bank fees incurred). Payments not received by this deadline may result in the cancellation of your program or a late payment surcharge of £35/\$60.

If the travel status of your program changes prior to your travel dates, and those are likely to interrupt your travel at the booked program time, we will provide a full refund, less application fee, and bank fees.

- Under our standard terms, if you decide to cancel or shorten your program within 60 days of your program start, no refunds will be provided.

Individuals who cancel or shorten their program, for any reason (including health, bereavement, and visa issues) less than 60 days prior to the program start or during the program will not receive any refund, and we encourage you to approach your travel insurance to seek compensation in this instance. We are happy to provide proof of payment and cancellation if required. Travel insurance with trip cancellation coverage is strongly encouraged for this reason.

- **Kaya ACT:** Due to the impacts of Covid-19, for programs planned for 2021 we will be providing a more flexible cancellation policy. For programs with start dates in 2021, if you decide to cancel between 60-31 days prior to travel, a 50% refund less application fee and bank fees will be provided. Some programs are exempt from this flexible arrangement and you will be notified of this upon booking. After 30 days, no refunds will be provided.
- **Date Flexibility** – Participants will be permitted to change program dates any time until 2 weeks prior to departure, for any reason, for no additional fees. Last-minute changes will be considered on a case-by-case basis. New dates will be subject to availability. Programs being delayed to a future year may incur program fee increases. Dates must be changed prior to payment deadlines for “payment due” dates to be amended.

Program Agreement, Terms and Conditions

- If the Participant cancels for any reason, the Participant must notify Kaya in writing. The cancellation will be effective upon receipt of the written notification by Kaya to info@kayavolunteer.com. Careful planning goes into developing volunteer and intern programs for every individual applicant. As a result, Kaya and our host communities and partners incur substantial administrative and planning costs, including accommodation reservation fees, prior to the start of each program.
- Kaya strives to ensure sustainable projects and quality programs for Participants. The Refund Policy is defined in an effort to protect and accomplish these goals. Kaya deals with each situation fairly, in consideration of well-established policies, and with the best interests of community members and Participants in mind.

Date and Project Changes

Upon application, you will receive an interview in which your placement and program dates will be discussed. When you confirm your placement and pay your confirmation fees, we will agree program dates against which your placement will be held. We encourage you to stick to these as the projects plan around your participation. Under standard terms, one (1) date or program change made prior to 60 days before departure will be accommodated for, at no charge, subject to availability. Placements moved to the following year may be subject to price increases. After 1 change has been accommodated for, any future changes made will be subject to an administration charge of GBP£40 / USD\$70 – payable at the time of change. For project changes where the original project incurred an additional deposit, the additional deposit amount will NOT be transferable to your new project.

Date changes requested within 60 days prior to departure will be considered on an individual basis, the original payment deadlines will apply and changes will be subject to an administration charge of GBP£40 / USD\$70 – payable at the time of change. Placement changes within 60 days prior to departure are typically not accommodated for, due to project commitments made at that time.

Under Kaya ACT, the 60-day deadline outlined for changing program dates without a fee has been reduced to 14 days, with further flexibility considered as a result of travel bans and advisories in place at the time of your placement.

Age

Participants must be aged 18 years over at the time of pick up, unless expressly agreed in advance by Kaya. Kaya reserves the right to cancel any application or terminate any placement, without refund, if false proof of age is found to have been supplied.

For participants under 18yrs, who have been accepted onto a Kaya program, parental consent is required and participants agree to our Code of Conduct, which includes strict policies about alcohol consumption. Where accepted, participants under 18yrs will not be offered any different or additional service or treatment to other participants. All participants under 18yrs must participate in an interview and require a reference from a professional person who has known them for over 2 years.

Program Flexibility

Kaya programs are different from travel or adventure programs. Each development project and work experience placement is unique and often cannot be implemented exactly as planned for a variety of reasons. Itineraries shown are a guide and the order of activities may be shifted in line with factors, including, but not limited to the weather, changing project needs, local regulations and individual situations. Project activities shown cover most areas that you may be asked to get involved, but additional activities may arise that require your assistance and not all activities shown may be carried out in the period of your stay. Applicants are advised that these variables may require changes before or during a program. Part of the challenge and growth opportunity is in adapting to changing conditions and overcoming the obstacles they may present.

Legal Jurisdiction, Release of Liability and Assumption of Risks

UK and European Participants:

Participants from the UK and European countries booking their placements on kayavolunteer.com enter a contract with Kaya Responsible Travel Ltd., of The Arches, North Campus, Sackville St, Manchester, a company registered in England and Wales (company number 6885700). This contract is governed by English law under the exclusive jurisdiction of English courts.

Participants from North America and other Non-European countries:

Participants from North America and other Non-European countries booking their placements on kayavolunteer.com enter a contract with Kaya Responsible Travel Ltd, part of the Global Educators Inc consortium of 3 Ferry Street, Studio 3-West, Easthampton, MA, a company registered in the state of Massachusetts, USA. This contract is governed by the laws of the State of Massachusetts, U.S.A., excluding Massachusetts's conflict of laws rules, regardless of your location. You hereby expressly consent to exclusive jurisdiction and venue in the federal and state courts located in Massachusetts U.S.A., for all matters or disputes arising out of or relating to these Terms and Conditions or your access or use of the Website.

All Participants:

In organising and managing volunteer projects, work experience placements, group programs, and courses, Kaya, its agents, employees, and staff give notice that they act solely on behalf of and for the benefit of the participants, on the express agreement that Kaya shall not be liable, financially or otherwise, for non-performance or unsatisfactory service; for the injury to persons including death, for loss of or damage to property, for accident or delay, and/or for expenses arising from strikes, weather, quarantine, sickness, government regulation, civil unrest or war, or from any act or omission of Kaya agents or employees, and/or airline, mail services, rail, bus company, vehicle rental entity, hotel, restaurant, or other suppliers of service.

By submitting this application form the participant assumes all of these risks and agrees to indemnify Kaya, its officers, directors, and employees harmless for any and all liability that may arise in connection with participation in the Kaya Programs. Kaya reserves the right to refuse any applicant admission to any program if he or she is deemed ill-suited for the program. Important program information will be sent to the email address provided on the application. Photographs, videotapes, and/or statements of participants may be used in promoting Kaya. Kaya publishes program and project photos on a regular basis on the Kaya website. These photos and videos are available for participants, friends, family, and interested individuals to download, email, or print for personal use. Photography usage for distribution purposes will be considered on an individual basis on application to Kaya.

Participants accept that they will be subjected to various physical and emotional demands and accept that the standard of living, including food, hygiene and accommodation in the relevant country may be below the general standards of their own country. The Participant also understands that certain risks may arise, including, but not limited to, hazards of traveling in remote areas; travel by automobile, van, bus, airplane, boat, train or any other means of conveyance; the forces of nature; civil disturbances; national or international conflicts; terrorism; arbitrary itinerary changes made by foreign governments or vendors; dive related accidents, boat accidents; interacting with dangerous wildlife; personal injury or illness from the local environment; accident or illness in remote locations without immediate evacuation or medical facilities; or negligent acts of third parties. The Participant asserts that they know, understands and appreciate these and other risks inherent in the program, agrees that participation is completely voluntary and assumes all risk associated with the program.

Kaya shall have no responsibility for any activities undertaken by the Participant outside the scope of those directly relating to the program, including activities that may have been recommended by Kaya staff, or it's partners, within the location. For all excursion activities, Kaya acts as an agent, not a principle of the activity. Any information provided by Kaya, including but not limited to information about visas, vaccinations, healthcare, climate, group sizes and packing requirements is given in good faith for information and educational purposes only but without responsibility on the part of Kaya or it's partners.

Travel Documents and Insurance

All participants must possess a valid passport for their Kaya trip. Participants are responsible for any costs associated with visas, airport taxes, obtaining the proper travel documents for their trip, and changes to flight itineraries. All participants must have valid, comprehensive health and travel insurance during the time of their program covering risks associated with a 'Force Majeur' event, medical emergencies and repatriation. Details of insurance must be supplied to Kaya prior to commencement of any program. Kaya reserves the right to refuse entry to programs if insurance details are not supplied.

Program Agreement, Terms and Conditions

Behavioural Expectations

By joining a Kaya Program, the participant assumes certain obligations to Kaya, its community, and other program participants. If on-site program directors determine a participant fails to meet the behavioural expectations set out in this contract and within Kaya's Code of Conduct document, that participant will be asked to leave the program. Participants asked to leave under these circumstances will not receive a refund. In addition to other program responsibilities, as a program participant you are responsible for:

- Being in sufficient good health to undertake the program.
- Acting in an appropriate and respectful manner towards the local people, fellow travellers, program participants, and staff in accordance with the customs, laws, regulations, and ordinances of the country of placement.
- Following all health and safety protocols and precautions outlined by ground-team members.
- Communicating effectively your interests, skills, limitations, and needs to home community members and program staff members.

Disclosure

All participants must disclose at the time of application any pre-existing or existing medical conditions (including depression and eating disorders) and disabilities. Some placements may require doctor's notes as a requirement for participation – some of which may be dictated by legal requirements or liability purposes. Any medical conditions arising after Application and prior to Placement must be disclosed to Kaya prior to placement commencement. Kaya reserve the right to refuse applications based on these disclosures, if deemed necessary for the safety of the participant and the project. Kaya operates a policy of non-discrimination and any information provided that may impact an application will be discussed with the applicant prior to any decisions being implemented to establish the basis for any concerns. Kaya reserve the right to cancel any application, or terminate a placement without refund if false information or lack of disclosure is found to have been supplied. Kaya is not held responsible for the administration or monitoring of any medication. While Kaya makes every effort to establish safety conditions and risk assessment, Participants are warned that the general standards of health, safety and hygiene in many countries visited may not be of comparable standard to Western countries and hence a risk of injury and illness is inherent to this venture.

Some placements may require a police criminal background check, conducted by the government. This check shall be carried out at the applicant's expense with guidance from Kaya. Some placements require proof that volunteers are clear of certain medical conditions, through the provision of a health certificate. This check shall be carried out at the applicant's expense.

Complaints

If a Participant wishes to lodge a complaint in relation to their program, they shall first bring the complaint to the attention of the in-country coordinator, who will make reasonable efforts to deal with and, where possible, resolve the complaint within a reasonable time. If a Participant feels that a complaint is not being dealt with adequately by their in-country coordinator they should then contact the Kaya placement advice team to escalate the issue. If the coordinator is unable to resolve any serious complaint, and the participant chooses to terminate their placement early and depart the project, they shall provide the coordinator with a written version of events leading to their early termination, prior to departure. Refunds cannot be provided for early departure unless extreme circumstances are found, which will be determined at the sole discretion of Kaya. Issues reported after the end of a program that were not reported during the program, giving the site team an opportunity to address the issue in country, will not be considered for any compensation. Participants agree that Kaya shall not be liable for damages or compensation relating to any claim regarding inconvenience, disappointment, discomfort or loss of enjoyment.