



VOLUNTEERS AGED UNDER 18

Brochure

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If you are aged under 18 and are keen to explore the big wide world while making a difference, why not join one of Kaya's placements?

Having the chance to go volunteer abroad can be the opportunity of a lifetime! It is an amazing chance to do something different with your life during the holidays while visiting a stunning place, practicing a new language, learning a new culture and making new like-minded friends.

Whether you long to visit Africa, Latin America or Asia or you want to have hands-on experience in learning a new language or perhaps you are simply fascinated by global wildlife, the environment or helping others, we have a range of projects for you to choose from that will allow you to make a difference.

From experience, we know that young people can bring new ideas, youthful enthusiasm and a good work ethic. That's why, at Kaya, we have a handful of amazing projects geared towards your age group (13+).

Volunteering is a great way of not only helping others or supporting a cause, but also learning about yourself, developing your confidence in new situations and in some cases even giving you an insight into your future career aspirations. Volunteering abroad is also something that you can add to your CV/Resume, ideal as you start to think about college, university or job applications, surely making you stand out from the crowd.

Making new friends is an important part of the volunteering overseas experience especially for young people. You will have the chance to make a completely different group of new friends from your ones at home. New friends will include members of the community, project staff as well as other international volunteers.

So read on, and find out more about why you should volunteer abroad with Kaya and the options available to you.

VOLUNTEERS AGED UNDER 18



Scan for more!



Kaya understands that the local support and your safety while on your placement is the most important in your mind and the mind of your parents/guardians. This is why Kaya's placements include the following:

- A one-on-one interview with one of our knowledgeable advisors to ensure you are ready for your placement
- The option for you and your parents / guardians to speak to Kaya at any time before, during or after your placement
- A comprehensive fundraising guide to help you raise the funds for your placement
- Airport pick-up and drop-off to ensure your safety
- Detailed pre-departure information to help you prepare for your trip
- Orientation including safety training on arrival to help you remain safe and knowledgeable about your host country
- Accommodation and the majority of your weekly meals in a homestay or volunteer house.
- A genuine vetted volunteer placement that will help you make a difference
- 24/7 in-country support and an emergency line for you and your parents

At Kaya we know there are many young people who are passionate about development and eager to learn more about other places and cultures. Projects have been selected that are deemed to be suitable for younger volunteers while still being meaningful for the projects and local communities.

As an under 18 volunteer, there are 4 different volunteering options available for you:

- Individual placements for 16 and 17 year olds - we have a range of projects in this brochure that have been specially selected for younger volunteers.
- Tours - we have a couple of fantastic tours in this brochure which include both travel and volunteering
- Teen Volunteer Programme - suitable for 13 - 18 year olds this runs during June/July each year. With other teenagers discover South African culture and participate in 1 week's reforestation volunteering.
- Family volunteering - if you don't feel ready to do it by yourself, why not ask your family to join you? We have a range of projects available for families to share the experience. Please see the projects available on our website.

Which project is the best for me?

Every placement has different elements to it, from accommodation, project goals and weekend activities available. There are a range of destinations and project types to choose from as well as a whole host of other considerations. One of our Kaya Placement Advisors will be happy to discuss the choices available with you so call 0161 870 6212.

How do I know that I will be safe?

Kaya works with partners and projects that it trusts and has been vetted. We have worked with many of them for several years. The in-country teams work with young people year round. Each placement included in this brochure has been deemed suitable for a younger volunteer, and this is a selection of the 160 in the Kaya range.

On arrival, you will be collected from the airport by a driver or team member and taken to your accommodation. This will be a vetted homestay or volunteer accommodation. After you have settled in you will attend orientation and learn about cultural do's and don'ts, the local area, health and safety tips and project expectations. You will also be taken to your project if you are not staying at the project site. During your stay you will have the contact details of an in-country coordinator that speaks English and he/she will be in touch with you. You will also have access to a 24/7 emergency number. Kaya head office staff will also check in during your stay.

What about my parents or guardians?

We are happy to speak to any parents or guardians about the project before, during or after your placement. We understand that parents want to feel confident that you are doing the right thing, that you will be safe and that Kaya is knowledgeable about its placements. We also do need their consent before accepting you onto the project as it would be irresponsible of us not to get this.

What is the process?

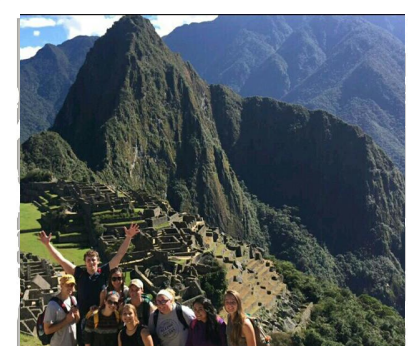
Select your project, complete the online booking form and pay your deposit. A Kaya Placement Advisor will contact you to arrange a telephone interview to ensure that the placement is right for you. We will need your parents/guardians to sign consent forms agreeing to your participation. Once these have been received we will confirm your place. We also ask for a reference from an adult who is a non-family member that has known you for more than 2 years.

Things to consider before booking

Volunteering overseas is an amazing opportunity and adventure but here are a few things to consider, as it is not always right for every young person:

- Will you be happy away from your parents and/or friends?
- Do you understand where you are going and what you will be doing?
- Are you prepared to be treated as an adult? This is expected of 16 and 17 year olds completing individual placements.
- Who is going to pay for it? Are you prepared to do some fundraising? We will help you with this by providing you with a comprehensive guide once you book your place with us.

Once you are happy with the above, explore this brochure and let your adventure begin!



Volunteer Teaching At A Day Care Centre In Swaziland

AFRICA

SWAZILAND

The project

If you are fun, outgoing and enjoy spending time with children, our volunteer teaching at a day care centre in Swaziland project could be perfect for you. The project established 7 non-fee paying preschools that are attended by children that have been selected by their communities as taking priority for the support provided. With one of Africa's highest HIV / AIDS rates, many of the children have lost their parents and thus face food shortages, lack of adequate shelter and care, and most of all, lack of attention. These centres provide the children with a safe place to be, 2 nutritious meals a day, early years education and the promise of better futures. The project has made great progress over recent years from rough structures and lessons under trees to brick classrooms, kitchens and playgrounds. Work continues on the physical structures but it is the development of the teachers and children that is now a priority. The preschools help to prepare children for their entry into primary school and a curriculum has been developed to help the largely untrained local teachers with this. The schools vary in size from 25 to over 100 so teaching assistance and activity support is essential. With a new curriculum in place, assisting the teachers with this is important. Join us in Swaziland and help the local team, teachers and children with this community based teaching abroad placement.

Role of the volunteer

The volunteer teaching tasks at the day care centre in Swaziland role are varied. Each morning you will attend your designated preschool and work alongside the local staff in the classrooms, in the playground and at mealtimes. You will also join in with the regular activities that are run by the sports project which is great fun. You will help the teachers to implement the curriculum by planning and using a teachers' resource book. You may also be able to help organise craft sessions and develop classroom materials. The provision of breakfast and lunch is an important service offered by the preschools and you will help the local teachers with this. On an ongoing basis the intention is to create profiles of the children for the project to be aware of their ongoing needs and the progress that they are making. You can discuss this in the weekly volunteer catch up meeting. In addition to the preschool work, you will also support primary children from a sponsorship programme with homeworks in subjects such as spelling, English grammar, maths and social studies. You will also help out at a local children's home one afternoon per week. While you are there, you may even be asked to go out with the sports team on swimming, horse vaulting or other activities. It really is a great child-focused project.

Skills required

No specific skills are required for this project, but enthusiasm and energy are important for working with children. Those with previous teaching experience are highly valued as the teachers need support with delivery of the curriculum. You will be asked to send your CV/resume before being accepted onto this project. Bring your stories, games and songs and bring joy to the classrooms.

Why choose this project

- ✓ Share your ideas, knowledge and love of learning with the children and teachers by inspiring them and developing games, stories and rhymes to support the curriculum.
- ✓ Provide extra support to the untrained teachers to run more focused lessons and manage the children, especially where the class sizes are large.
- ✓ Gain an incredible insight into the reality of the lives of those living in poor communities abroad and understand the issues and challenges facing those that are trying to create better futures for these impoverished people.

Project location

The project is located in the stunning Ezulwini valley of central Swaziland. This is the cultural heart of Swaziland and is where most of the tourist activities are based and home to the Royal Palace, houses of parliament, national sports stadium and national museum. There is a western style shopping mall with all you could need plus local market stalls and a range of craft centers within an easy taxi ride. Hiking is a-must here and you should take advantage of the opportunity to visit a reserve during your stay. The project communities are scattered within a few kilometers radius of this area. A stable and friendly destination for those volunteering abroad for the first time.

Project facts

Duration: 4+ weeks
Cost: See project pricing on our [website](#)
Requirements: age 16+
Location: Swaziland, Southern Africa
Working hours: 08:30 – 15:00 Monday – Friday
Project availability: Projects start 1st Monday of each month. Project closed during December. RECRUITING NOW
Arrival day: 1st Monday of every month, additional date mid-July

What's included

Accommodation: Shared room in a volunteer house, communal space, kitchen, TV room and small pool.
Meals: 3 per day - Breakfast, Lunch and Dinner (volunteers help on a rota)
Airport pick up: pick up and drop off from OR Tambo airport in Johannesburg, SA
Training: Pre-departure information pack, on-site orientation, cultural tour and project induction provided
Support: 24-hour support

What's not

Flights
Insurance
Visas
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.
Daily transfers to and from your project. This will cost approximately 20 Rand per day (£1.50)

Sports Volunteering Abroad in Swaziland

AFRICA

SWAZILAND

The project

Join us on our sports volunteering abroad in Swaziland project and assist a locally led team in providing access to sports, exercises and games for children aged under 6. The local project has successfully incorporated sports into the curriculum of 7 community preschools. We all know that exercise and sport are essential for children's development as they help to develop gross and fine motor skills as well as team working, listening and other essential skills. The children are from vulnerable backgrounds and absolutely adore having access to these activities, especially as bean bags, hula hoops, footballs and more are provided during the sessions. Without the project, they would not be able to access these activities, therefore falling behind other children who come from more affluent families. Circle time games and activities are the focus of the first session, developing the children's confidence, listening, clapping and dancing skills. After breakfast, the children participate in relay races, learning to take turns and developing their athletic abilities. This is followed by free sports time when the children join the local team and volunteers to play football, hula hooping, skipping, gymnastics, frisbee throwing and more, largely developing their hand-eye coordination. Additional sessions are funded by a foundation and 5-year-olds are also given the opportunity to learn to swim or to participate in horse vaulting. Both of these activities are loved by the children. The project also supports a soccer league on the weekends to encourage older children to remain active. Come to Swaziland and help the local project team improve participation in sports and fitness activities while seeing and experiencing first-hand all that Swaziland has to offer.

Role of the volunteer

Sports volunteering abroad in Swaziland entails working alongside the local sports project team who provide games and activities to the local preschool children on an ongoing basis. The help of volunteers help enables children to get more one-on-one attention. As a sports volunteer abroad, you will participate in the activities, supporting and encouraging children who are on the shy side, or who are struggling with following the rules of games. You can also bring your own activities and games along that you enjoyed as a child or have been a success when you have worked with young children. Extra pairs of hands are always needed at swimming lessons; a real joy to watch as the little ones gain water confidence. Horse vaulting sessions are run at a riding school by a trainer and volunteers enjoy going along to support those teachers and children. In some afternoons, you will be asked to help with other community work such as homework club or even work on sports workshops and competitions so please come prepared to help where needed.

Skills required

No specific skills are required, but a lot of energy and enthusiasm, is needed to keep up with these energetic youngsters. It is necessary to be interested in sport and those who are knowledgeable about the rules of games are welcome. Anyone with sports coaching experience will be a great asset. Bring your enthusiasm and energy and motivate others to learn more about the benefits of physical activity and the joy of being part of a team.

Why choose this project

- ✓ Help the local teachers who often are ladies from the community with no background in sports making your enthusiasm and energy essential to deliver the sports' curriculum.
- ✓ Help local children access sports and spread the love sports and games that are an essential aspect of their development.
- ✓ Share your skills with others and increase interest in your favourite sport while learning about a different country.

Project location

The sports volunteering project is based in the heart of the traditional capital of Swaziland, Lobamba in semi-rural communities in a valley surrounded by mountains. These are great for weekend hikes which many volunteers tackle. The Ezulwini Valley is surrounded by symbolic national monuments such as the Houses of Parliament, Ludzidzini Royal Residence, the National Church, the National Museum, the late King Sobhuza II memorial. Popular weekend activities include wildlife at Mkhaya Reserve, visits to cultural markets, relaxing at the spa and even a film at the local cinema! From Swaziland it is possible and easy to travel to neighbouring South Africa or Mozambique so why not add a tour to your project and get to know more of southern Africa.

Project facts

Duration: 2+ weeks

Cost: See project pricing on our [website](#).

Requirements: age 16+

Location: Ezulwini Valley, Swaziland

Working hours: 8.00 – 17.00.

Project availability: All year round, except 2 weeks at Christmas. RECRUITING NOW

Arrival day: 1st Monday of the month, extra date available in July

What's included

Accommodation: Shared room in a volunteer house, communal space, kitchen, TV room and small pool.

Meals: 3 per day - Breakfast, Lunch and Dinner (volunteers help on a rota)

Airport pick up: pickup and drop off from OR Tambo airport in Johannesburg, SA

Training: Pre-departure information pack, on-site orientation, cultural tour and project induction provided

Support: 24-hour support

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Daily transfers to and from your project. This will cost approximately 20 Rand per day (£1.50)

School Building and Gardening Volunteering in Swaziland

AFRICA

SWAZILAND

The project

Join us and assist the local project manager with schools building work and gardening volunteering abroad in Swaziland and help with the development of 7 preschools provided for vulnerable children in semi-rural communities. The project has changed in scope from building the main classrooms to providing each school with a stand for the giant jojo (water) barrel, building storage rooms for kitchen supplies, building latrines for students and staff, erecting sheltered play areas and playgrounds. In addition, as the schools also provide food for the children digging, planting trees for long-term nutritional needs are also important duties. This includes cementing water points and redirecting water supply to meet the needs of the preschools. As with many building placements abroad maintenance tasks and painting are also needed to help improve the school grounds and the playgrounds. It is a great placement that ensures that the preschools are well provided for and are maintained to a good standard so why join us in Swaziland and literally help to build better futures.

Role of the volunteer

As a volunteer on the build a future program, you will be at the preschools in the communities, building and maintaining structures for orphaned and vulnerable children. Typical tasks you may be involved with include:

- Making local bricks and building school structures such as sheltered play areas, storage rooms and where it is needed and resources are available, an extra classroom
- Preparing land for planting crops.
- Planting trees and crops to satisfy short term and long term nutrition needs at the preschool.
- Maintaining classrooms, fences and erecting storage cupboards.
- Painting play structures and murals.
- Cementing water sources and redirecting water supply within the school grounds.

You will use local techniques of making mud bricks, then lay foundations, complete plastering, flooring, windows, doors and roofing under the supervision and direction of a local builder. The work is dependent on the phase of construction at the time of your placement, so be prepared to get involved in a range of activities. You may not build all day as this can be very tiring so you will be asked to help with projects such as homework club instead.

Why choose this project

- ✓ Contribute to the completion of structures in the community preschools as well as maintaining the preschool grounds.
- ✓ Practice your Siswati and learn about the local culture as you may be joined by locals on your building efforts.
- ✓ Help provide the children with a safe, interesting and sustainable place to play and study.

Skills required

The main skills required are to be reasonably fit as this is a physical placement and have the motivation to get stuck in. You will be shown how to use all of the equipment so don't worry if you have never done anything like this before - you will learn a whole new skill set! Those with particular building, plumbing, electrical and carpentry skills will be a great asset to the project. You must be culturally sensitive and enjoy working with others, as you will be part of a team. You will be asked to send your CV/resume before being accepted onto this project and those with a positive attitude are sure to enjoy this placement.

Project location

The project is located in the Ezulwini valley of central Swaziland surrounded by beautiful mountains that volunteers love to hike. This is the cultural heart of Swaziland and is where most of the tourist activities are based so you will be able to visit, national sports stadium and national museum as well as craft centres such as Malandela, Swazi candles and Mantenga. The Lobamba, Ezulwini and Mahlanya communities are scattered within a few kilometers of this area.

Project facts

Duration: 2 – 12 weeks

Cost: See project pricing on our [website](#).

Requirements: age 16+

Location: Ezulwini Valley, Eswatini

Working hours: 08:30 – 15:00 Monday – Friday

Project availability: Projects start 1st Monday of each month. Project closed during December. RECRUITING FOR NOW

Arrival day: 1st Monday of the month, extra date available in July

What's included

Accommodation: Shared room in a volunteer house, communal space, kitchen, TV room and small pool.

Meals: 3 per day - Breakfast, Lunch and Dinner (volunteers help on a rota)

Airport: pickup and drop off from OR Tambo airport in Johannesburg, SA

Training: Pre-departure information pack, on-site orientation, cultural tour and project induction provided

Support: 24-hour support

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Daily transfers to and from your project. This will cost approximately 20 Rand per day (£1.50)

Volunteering for 16 and 17 Year Olds in Swaziland

AFRICA

SWAZILAND

The project

Spend your school holidays doing something different by signing up for volunteering for 16 and 17 year olds in Swaziland. Working in the heart of communities in the Ezulwini Valley, you will be assisting local staff with projects supporting impoverished children from the communities. The activities are located at 7 preschools which are funded by the project and coordinated with local community leaders. The centers welcome children who are orphans, or whose parents are unable to work or are on a very low income and are identified by the community as needing support. The project goal is to provide children with access to early years education at safe centers, where their nutrition, education and development needs are addressed.

The project offers three elements; sports, building and gardening and education (for those staying 4 weeks or longer). Sports addresses confidence building, fine and gross motor skill development, team games, football, hula hooping, skipping and swimming. The building project focuses on developing the grounds and structures through cementing, painting, digging and repair work as well as planting trees to help with nutritional needs. If you join the education placement, you will assist teachers following an early years curriculum, reading stories and helping in class. In the mornings, the projects focus on the main activities and then in the afternoon there are a range of community based activities to join. These include after school and reading clubs. This is a great location with project activities focused on children who deserve a better start in life. Volunteer in Swaziland and help the project and communities with their efforts to make this happen.

Role of the volunteer

Depending on the project focus that you select you may get involved in the following activities:

- **Building** - making local bricks and building school structures, preparing land for planting crops or trees, painting classrooms and play structures, repairing fences and structures.
- **Sports** - circle time games and actions, relay races, football, swimming, and horse riding.
- **Education** - working with small groups, reading stories, running activities, preparing lesson content - all with the local teacher (for placements of 4 weeks or longer).

All volunteers will be asked to help with general community activities in the afternoons. This is a good balance for those on the building project as it can be hot and hard work building all day! You are asked to be flexible and work with the local project team ensuring that there are sufficient volunteers supporting the activities. While you are in Swaziland, you may wish to add on an organised trip to Kruger to see the amazing Big 5 and more. Why don't you speak to an advisor to find out how you are able to do this.

Why choose this project

- ✓ Develop your understanding of the challenges that face many young people around the world and perhaps learn to appreciate more the opportunities and life you have at home.
- ✓ Provide the communities and the projects with your enthusiastic and vibrant personality to help develop the centers and its activities.
- ✓ Develop your independence skills, become more of a global citizen and improve your communication skills through volunteering alongside a range of nationalities.

Skills required

You need to come with an open heart and mind to make the most of this volunteering placement. You will be living and working alongside volunteers and local staff from a range of backgrounds which is exciting but can be challenging too. Please come prepared to listen and help where needed and you will have an amazing experience. You will be asked for a telephone interview and to send a CV/resume, reference letter and parental/guardian consent for this project.

Project location

The project is located in the Ezulwini valley Swaziland which is surrounded by beautiful mountains and red dusty villages. This is the cultural heart of Swaziland and is where most of the tourist activities are based. During the week, you will probably head for the shopping centre to catch up with friends on social media or relax by the pool. Most volunteers spend their evenings playing games, listening to music or watching DVDs. On the weekends, you can visit the national sports stadium, national museum, and craft centres such as Malandela, Swazi candles and Mantenga. You can even learn how to drum! Volunteers love to hike up the hills to take amazing photos.

Project facts

Duration: 2 – 12 weeks

Cost: See project pricing on our [website](#).

Requirements: age 16+

Location: Swaziland, Southern Africa

Working hours: 08:30 – 15:00 Monday – Friday

Project availability: Projects start 1st Monday of each month. Project closed during December. RECRUITING NOW

Arrival day: 1st Monday of the month, extra date available in July

What's included

Accommodation: Shared room in a volunteer house, communal space, kitchen, TV room and small pool.

Meals: 3 per day - Breakfast, Lunch and Dinner (volunteers help on a rotation)

Airport: pickup and drop off from OR Tambo airport in Johannesburg, SA

Training: Pre-departure information pack, on-site orientation, cultural tour and project induction provided

Support: 24-hour support

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Daily transfers to and from your project. This will cost approximately 20 Rand per day (£1.50)

Community Teaching Volunteering in Cape Town

AFRICA

SOUTH AFRICA

The project

Assist with early years education and homework clubs in South Africa by joining us for community teaching volunteering in Cape Town. You will assist with providing essential teaching support in the poverty stricken communities in the townships of Cape Town. Through education, the project aims to promote, support and provide Orphans and Vulnerable Children (OVCs) with better opportunities and futures. Pre-school preparation has been identified as being extremely important and this project helps to give children from impoverished backgrounds a head start by focusing on the basic skills. It also works with after school programmes with homework support. Where possible, the schools are looking to incorporate sports and arts into their programmes, as these are often deemed less important than academic subjects. Throughout this volunteer experience, you will have rewarding opportunities to help prepare and implement weekly learning activities as well as getting to know the children. You will leave knowing that you have helped in a small way in providing teachers and children with pre-school education and homework support.

Role of the volunteer

As a teaching volunteer placement vary due to the ever changing needs of the community. The placements and your role may include:

- Pre-school - support the development of the children, as schools are often understaffed and lacking in essential resources. Help is needed to prepare them for their move to primary school where English is part of their curriculum through song, play, and fun activities!
- After-school Care - established in 2007 by grandmothers who saw the need to provide a safe environment for at-risk children. You will provide reading support, homework help, planning outdoor and gardening activities, and arts and crafts.

In addition to teaching and depending of the length of time that you are volunteering, you may be able to also become involved in community work related to OVCs, sports development, dance or healthcare initiatives. Please speak to a Kaya Placement Advisor if you would like to find out more. During the school holidays, there will be holiday clubs and other activities so your support will be valued.

Skills required

Teaching in the schools requires no formal experience but those who have worked with children before or in an educational setting are most desired. As projects like this have many needs and with children's needs changing each day, the adaptability of volunteers to help in different situations is key to the project. You will be asked to send your CV/resume before being accepted onto this project. If you are a trained teacher and have classroom experience your skills will be most welcome!

Why choose this project

- ✓ Assist in the efforts in providing OVCs from townships a better education and a brighter future.
- ✓ Provide extra educational support from delivering the day-to-day curriculum to providing a safe and stimulating environment in which to learn.
- ✓ Get to know the local children, learn how to engage large numbers of children and assisting the teachers with their daily efforts to provide children with quality education.

Project location

Cape Town is considered amongst the most beautiful cities in the world, with its crystal blue waters. Considered to be amongst the most beautiful cities in the world, Cape Town, with its crystal blue waters resting under the shadow of the magnificent Table Mountain, has the city wrapped around its base. Cape Town, like many cities in South Africa, houses some of the richest as well as some of the poorest communities of Cape Town. The project works in a number of townships where there is a melting pot of people of different cultural backgrounds who are facing issues such as high unemployment, HIV/AIDS and crippling poverty. The spacious and comfortable volunteer house, by contrast, is situated in Observatory, the city's most bohemian suburb located 10 minute drive from the centre of Cape Town. It has lots of bars where live music is played. Spend weekends visiting the Cape Peninsula where penguins dive around bathers at the beach, an amazing experience. For the more adventurous, take a trip to meet the infamous Great White Shark, go abseiling or paragliding.

Project facts

Duration: 2-12 weeks (from May-July only 4 week placements accepted)

Cost: See project pricing on our [website](#).

Requirements: Age 16+

Location: Observatory, Cape Town, South Africa.

Project Activities: assist teacher with activities, reading support, running craft activities and games, dance lessons

Working Hours: 08.30 - 17.00, Monday -Friday

Project availability: Contact a Kaya advisor to confirm exact dates. Project closed over Christmas holiday.

During the months of June and July this project is only available for a maximum of 4 weeks

Arrival day: Monday

What's included

Accommodation: Shared room in a volunteer house, communal bathrooms

Food: 3 meals a day Monday to Friday

Airport pick up and drop off from Cape Town International Airport

Training: Pre-departure information pack, on-site orientation and project induction provided

Daily transfers to and from your project.

Wifi

Support: On-site coordinator providing 24-hour support.

Staff will be available to help weekend excursions on sites such as Table Mountain, Boulders Beach and Cape Point (fee payable).

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Community Sports Coaching Volunteering in Cape Town

AFRICA

SOUTH AFRICA

The project

Join our project and help with community sports coaching volunteering in Cape Town and improve access to sports in South Africa. You will support 2 coaches who are working to provide access and better quality skills and fitness awareness to children of two townships. In 1994 post-Apartheid, the South African government Physical Education was removed as a main activity and incorporated into life skills sessions, meaning that it only happens on rare occasions. This has led to a reduction in student involvement in physical activity. Sport is an integral part of development and helps to increase concentration and develop crucial skills such as leadership, team work, and communication. However, without intervention, this would not be available to the children of the townships. Through the work of a sports charity, the integration of these two coaches into primary education means that sports inclusion is possible. Extra-curricular programs have been established which provide children with a mean to get off the street and get engaged in physical activity and activities at after school programmes. Some of the centres offer children protection from abuse and access to sport and exercise gives them an outlet for their anxieties as well as stimulating their feeling of wellbeing. Volunteer on this community sports coaching project and be a part of activities that are helping provide basic needs and development opportunities for vulnerable and disadvantaged children.

Role of the volunteer

As a sports coaching volunteer in Cape Town, you will be able to assist in PE lessons as follows:

- Creating innovative games and lesson plans.
- Playing and coaching popular sports such as soccer and netball.
- Designing drills and fitness tests to measure personal improvement through working with the coaches.
- Sharing your knowledge and skills with coaches and students.
- Develop gross motor skill of children aged 0 -7 years in a limited space.

You may help run drills, warm-ups, and referee games such as soccer, basketball, cricket, and field hockey. The students in Khayelitsha and Langa greatly benefit from your experience and friendship as you become a role model and share your enthusiasm for sports related activities. Depending on the length of time that you are volunteering, you may be able to also become involved in other community work related to OVCs, teaching, girl's empowerment or healthcare initiatives. Please speak to a Kaya Placement Advisor to find out more.

Skills required

Sports coaching requires no formal experience but those who have worked with children before or in an educational setting are most desired. It goes without saying that a passion for sport will be beneficial. It is recommended that you do some prior reading on South Africa, Apartheid and HIV/AIDS to give you an overview of the issues related to this project.

Why choose this project

- ✓ Assist two sports coaches in the provision of sports lessons in primary schools.
- ✓ Provide more attention for the children and help those that are struggling or those with a passion for sport.
- ✓ Help with skills training, teaching rules and umpiring games while focusing on your enthusiasm for sports.

Project location

Cape Town, with its crystal blue waters resting under the shadow of the magnificent Table Mountain, is considered to be one of the most beautiful cities in the world. Cape Town, like many cities in South Africa, houses some of the richest and poorest communities of Cape Town. The project works in a number of townships where there is a melting pot of people who are facing issues such as high unemployment, health issues and crippling poverty. The spacious and comfortable volunteer house is situated in Observatory, the city's arty suburb located just 10 minutes from the centre of Cape Town. It has bohemian bars where live music is played. Have fun on the weekends visiting Boulders Beach to visit the penguins, see the seals at Kalk Bay or participate in an adrenaline filled experience such as skydiving. Robben Island and wine tasting are activities not to be missed!

Project facts

Duration: 2-12 weeks (from May-July only 4 & 8 weeks placements accepted)

Cost: See project pricing on our [website](#).

Requirements: Age 16+

Location: Cape Town, South Africa

Project activities: Taking PE lessons with disadvantaged kids, bringing fresh ideas and stimulation to activities.

Working Hours: 08:30 - 16:30 Monday -Friday

Project availability: Please speak to an advisor about dates.

During June and July this project is only available for a maximum of 4 weeks

Arrival day: Monday

What's included

Accommodation: Shared room in a volunteer house with communal bathrooms

Food: 3 meals a day Monday to Friday

Housekeeping, laundry is available for 60 ZAR per week payable locally

Airport pick up and drop off from Cape Town International Airport

Training: Pre-departure information pack, on-site orientation and project induction provided

Daily transfers to and from your project. **Wifi**

Support: On-site coordinator providing 24-hour support

Staff will be available

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Volunteer with the Big 5 in Port Elizabeth

AFRICA

SOUTH AFRICA

The project

Volunteer in Port Elizabeth and work alongside South Africa's Big 5: lion, African elephant, cape buffalo, rhino and leopard. This impressive game reserve is situated in the Eastern Cape (85 km out of Port Elizabeth, towards Grahamstown) and spans almost 6000 hectares. In addition to the Big 5 roaming free, the reserve has a predator educational and rehabilitation centre, which houses endangered and orphaned predators, such as rare Bengal tigers, wild dogs, white lions and more. Volunteering on this project will allow you to make a difference in the lives and futures of South African animals through conservation efforts.

Role of the volunteer

As a volunteer you will be providing an essential extra pair of hands as there is always plenty to do on the reserve. Volunteers will work together in groups with an assigned leader to work on a number of daily activities. Some of the activities that you may be involved in will be:

- Lion tracking and monitoring
- School feeding schemes (let us know if you are interested as spaces are limited)
- Wildlife structures
- Game count
- Game capture
- Removal of alien vegetation in and around the reserve
- Planting of indigenous trees
- Predator interaction and caring
- Fauna and flora work in the nursery
- Wilderness trail walks and patrols
- Fence patrol

Activities vary on a day to day basis so expect the itinerary to alter.

Skills required

No specific skills are needed for this project. However, it is expected that volunteers will have a genuine interest in wildlife and conservation. Patience and flexibility are required as this is a dynamic environment and project activities often change.

Why choose this project

- ✓ Experience a truly African placement while making a difference to the local wildlife and environment.
- ✓ Contribute as an assistant conservationist as all of the work done by you will improve the quality of the reserve.
- ✓ Get a good deal of satisfaction from your work, as your efforts directly contributes to improving the reserve and the data collected will be utilised to make important conservation decisions for the reserve.

Project location

Port Elizabeth is located on the southern tip of South Africa and the lodge is approximately 85 km away. This magical enchanting place is situated in the Eastern Cape; it is home to the village of Sidbury that was built by British Settlers to support sheep farming communities. It has 5 of the 7 biomes and has a past as rich as its abundant wildlife population. Port Elizabeth has a beautiful beach and there are a range of activities to participate in including hiking, bungee jumping, whale watching and water sports.

The game reserve offers a luxury accommodation to guests as well as the dormitory accommodation used by the volunteers. The game reserve serves African traditional cuisine with a touch of spice and is an absolute must have. Spend evenings with fellow volunteers sitting in the balai(BBQ area), visiting the entertainment room, or simply enjoying the amazing view over the dam.

Project facts

Duration: 2+ weeks

Cost: See project pricing on our [website](#)

Requirements: age 16+

Location: Port Elizabeth, South Africa

Project activities: caring for animals, conservation education, vegetation rehabilitation, planting, fencing, monitoring of animals.

Working hours: 7:30 – 16:30

Project availability: all year round; placements start on Tuesdays. RECRUITING NOW

Arrival day: Monday

What's included

Accommodation: Luxury single sex dorms, dining room, lounge outdoor braai (BBQ) and swimming pool. (upgrades available for an extra fee)

Food: 3 meals per day - Breakfast, lunch and dinner while on the reserve, soft drinks with meals

Scheduled airport pick up and drop off in Port Elizabeth.

Training: Pre-departure information pack, on-site orientation and project induction provided

Cap and t-shirt

Support: 24 hour support from on-site coordinator

Scheduled weekend excursion to Port Elizabeth or Jeffreys Bay (accommodation in dorms & transportation is covered, extra costs are your responsibility).

What's not

Flights

Insurance

Visas

Activities on excursions and trips other than those mentioned above

Food during weekend excursions

Private weekend excursions

Rhino, Elephant and Big Cat Research and Conservation in Kruger

AFRICA

SOUTH AFRICA

The project

Volunteer in South Africa and work on an incredible rhino, elephant and big cat research and conservation project in Kruger, home to the Big 5. The Greater Kruger area is home to lions, elephants, buffalos, rhinos and leopards, as well as over 400 species of birds. This project aims to share data with large scale projects, conservation agencies and the authorities to protect habitats and species and to help with education of humans to reduce their impact. Game drives are an important aspect of this placement. As well as having the opportunity to be involved in research about reptiles, project initiatives relating to the Big 5, include:

- The rhino population has dropped from 100,000 in the 1960s to around 3,500 today and a reintroduction programme has taken place in the park, to protect and monitor this species.
- Elephants are suffering because of the conflicts with humans in the region, so the project monitors the elephant's environment and behaviours in an effort to secure their futures.
- Big cats populations have seen a 80% decline in numbers in the last 30 years due to illegal poaching, a lack of prey and reduction in habitat.
- Buffalo continue to be vulnerable and so tagging and recording data about them is important to their survival.

Come and learn or develop your research knowledge and skills and help the project team to protect and conserve these magnificent species futures in their natural habitats.

Role of the volunteer

As a volunteer, living and working in the heart of a Big 5 Game Reserve, you will be actively involved in carrying out research on the wildlife population, as well as helping with the maintenance of the habitats of the animals. Your tasks will be determined by the needs of the local project at the time of your placement and you will be supported by an experienced local team while:

- Gathering information in the bush captured for a number of species
- Observing hunting practices as well as noting social, breeding and territorial behaviour
- Recording the night time movements of the rhinos
- Collating and recording research data and participating in office-based conservation work
- Contributing to habitat maintenance and conservation initiatives such as creating waterholes, road clearing, soil erosion prevention, and litter collection
- Participating in conservation education with the local community

Skills required

You must have a genuine love and concern for animals and the environment to join this project. Due to the physical nature of the work and the days spent on your feet in the park, a reasonable level of fitness is required. An enthusiasm, openness and the ability to be flexible and cooperative is vital and awareness of research skills, knowledge and experience in African wildlife is helpful, but not necessary, as you will learn on your placement. If you are studying and wish to gain credit, speak to a Kaya Placement Advisor. Please bring a laptop to help with data and project activities.

Why choose this project

- ✓ Support local communities and the project with their conservation efforts through providing hands-on help, collecting and analysing data, and discussing projects.
- ✓ Learn about local history and gain cultural immersion while learning about rhinos, elephants, big cats and so much more.
- ✓ Learn more about research techniques taking place to protect wild animals who are at risk from climate and habitat change, due to human interaction. A great outcome if you are studying animal welfare or wildlife conservation as it may help you with your studies.

Project location

You will be based in a beautiful Private Game Reserve in the Greater Kruger area in stunning South Africa famous for the Big 5. Days will be spent on the reserve learning about the animals and their habitats and you will have plenty of opportunities to see the animals in their natural environment. At night time, sit around a fire listening to the sounds of the wild while gazing at an amazing sky. You can also relax by the pool in your time off, or if you bring your own laptop use the wifi to touch base with friends at home. At weekends, there are a range of excursions that you can join to complete your true African adventure.

Project facts

Duration: 2 -12 weeks

Cost: See project pricing on our [website](#).

Requirements: Age 16+

Location: Greater Kruger, South Africa

Project activities: Research, data capture, monitoring wildlife, maintaining habitats

Working Hours: Monday - Friday; 6.00 - 17.00
schedules may vary depending on the time of year of your visit)

Project Availability: Project runs every second weekend. RECRUITING NOW. Contact a Kaya Advisor to confirm exact dates.

Arrival day: Sunday

What's included

Accommodation: Shared twin accommodation within the game reserve with outdoor area and swimming pool

Food: 3 meals per day

Airport pick up and drop off on Sundays into Nelspruit Airport

Weekly laundry service, for a small fee

Training: Pre-departure information pack, on-site orientation and project induction

Research drives and transfers relating to your project during your stay

Support: 24 hour support from on-site coordinator.

Activities: Staff help organise weekend activities. (Activity price may be extra)

What's not

Flights
Insurance
Visas

Wifi (available locally for a fee and you will need your own device)

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check.

Photography and Conservation Project In Kruger, South Africa

AFRICA

SOUTH AFRICA

The project

Volunteer on an incredible wildlife photography and conservation project in Kruger, South Africa and develop your abilities in taking great shots whilst participating in essential conservation education and activities in the Greater Kruger Area. The project aims to develop the skills of amateur or experienced photographers through a 1 week course under the supervision of a professional photographer and then use these skills to produce incredible marketing materials and stories to help raise the profile of the plight of the Big 5 and other African species. In addition, the aim is to educate those living alongside the wildlife to help further protect them and encourage wildlife and humans to live in harmony. These activities take place in association with wildlife trusts and other foundations to help to promote these foundations through social media. This project really is a unique opportunity to encounter some of Africa's most beautiful animals on a daily basis, to improve your photography skills, as well as to contribute to conservation efforts in the Greater Kruger area.

Role of the volunteer

As a volunteer on this photography and conservation project you will be involved in the following activities:

- 1 week photography course where you develop your photography skills and understand the techniques in taking photos from a professional and experienced landscape and wildlife photographer.
- Share images onto the photographic database that can be used for the basis of research programmes to support the preservation and education initiatives.
- Conservation research participation through collecting animal identification information.
- Hands-on field work to conserve habitats including clearing invasive species, litter picking etc.
- Education in the community activities.

Those that wish to stay on for extra weeks will be working closely with the volunteers to assist them in gathering photo research that is still needed.

Skills required

For this project, enthusiasm for photography is essential. Photographic knowledge and experience is helpful, but not necessary as you will develop your skills on this placement. Volunteers will need to bring their own photographic equipment. As a minimum, you should bring an SLR digital camera with 18-55 mm lens, battery charger and external hard drive (in the form of at least a 100GB external drive). You also need to bring a laptop and access to Lightroom will be needed for editing purposes. A tripod is recommended for those more difficult shots.

Why choose this project

- ✓ Help collate a strong portfolio of photographic data to aid education and research.
- ✓ Develop your skills as a photographer and diversify your portfolio to help with direct conservation efforts.
- ✓ Learn about the local culture and challenges facing humans and wildlife in this stunning area of South Africa.

Project location

You will be based in a beautiful Private Game Reserve in Mpumalanga in the Greater Kruger Area of South Africa, home to thousands of animals, birds and reptiles. During your placement, you will have the opportunity to see an abundance of wildlife in its natural habitat. An area famous for the Big 5, what better location could you chose to develop your wildlife photography skills? In the evenings, you can spend time relaxing around a campfire, discussing your day's sightings with your fellow volunteers. At the weekends relax by the pool, have a drink at the pool bar or spend evenings exchanging stories with your fellow volunteers under the starry skies. What a magnificent location!

Project facts

Duration: 4 - 10 weeks

Cost: See project pricing on our [website](#)

Requirements: Age 16+

Location: Greater Kruger Area, South Africa

Project Activities: Photography course, photographing wildlife, organising shots in a database, attending workshops and education days for locals.

Working Hours: Monday – Friday 06.00 - 18:30 (some early mornings required for photography)

Project availability: Project runs every month. Contact a Kaya advisor to confirm exact dates. RECRUITING NOW.

This project is incredibly popular and gets booked up months in advance

Arrival day: Sunday

What's included

Accommodation: Shared twin accommodation within the game reserve with outdoor area and swimming pool

Food: 3 meals per day

Airport pick up and drop off on Sundays into Nelspruit Airport

Weekly laundry service, for a small fee

Training: Pre-departure information pack, on-site orientation and project induction

Research drives and transfers relating to your project during your stay

Support: 24-hour support from on-site coordinator.

Activities: Staff help organise weekend activities. (Activity price may be extra)

What's not

Flights

Insurance

Visas

Wifi (available locally for a fee and you will need your own device)

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Teaching and Community Volunteer Work in Zanzibar

AFRICA

TANZANIA

The project

Join us for teaching and community volunteer work in Zanzibar, located just off eastern Africa's coast. The project works with a number of different institutions where you will be volunteering on a combination of different activities. Work with pre-schools, primary and secondary schools supporting local teachers in educating and playing with children as there are often too many children to accommodate at one time, and shortages of staff and facilities. You can also get involved with teaching not only English but also computer and life skills to adults at the local tourism training institute, helping them get work. You may also have the chance to get involved with the local beach and marine conservation program. The focus of your project will depend on the time of year you visit and the school holidays, but there is plenty of work all year round.

Role of the volunteer

As a volunteer, you will assist teachers in providing better education to children, especially in improving their English language. You will teach English, singing and dancing, develop creative skills such as painting and drawing, and get involved with after-school sports for preschool children. There will be some special refurbishment days scheduled at the schools too as they are quite run down.

For adults, training in all areas of language, computing, administration and hospitality skills helps locals to get work within the growing tourism industry. Any specific skills brought by volunteers are valuable. You will also be involved in a community marine project in the town. This entails keeping the beach clean and planting local trees.

There may also be an opportunity for you to get involved at the local Primary School, depending on needs at the time and your skills if you have prior teaching experience. Should you have teaching experience and/or skills and wish to get involved in teaching at the local Primary School, please let us have your Department of Education Certificates, CV and any other relevant Certificates or qualifications before you arrive so that we can put this in place for you if possible.

Skills required

Volunteers with a keen interest in education and who work well with children are sought for this project. For those wishing to lead lessons, a teaching qualification will be needed. We do recommend carrying out your TEFL/TESOL before your arrival, as this will greatly improve your ability to teach English. Volunteers are asked to respect local culture, religious celebrations and dress appropriately. If you have good English skills and a passion to teach then this project is for you. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Get involved in the local nursery, primary and secondary schools, tourism training schools and local environmental programmes to aid community development.
- ✓ Assist teachers and contribute to the local effort of providing children and adults with better education, especially by helping them improve their English language.
- ✓ Add the experience to your CV/Resume and stand out from the crowd when applying for jobs.

Project location

The island of Zanzibar, just off the Tanzanian coast, is where our projects are based. This archipelago is famous for amazing powder white beaches with crystal clear waters and a lush tropical island. Zanzibar is famous for its spice plantations, with which it was a hub of trade between Asia, Africa and the West. At the heart of Zanzibar Town is the old Stone Town, with its labyrinthine alleyways and fascinating architecture. Jambiani, where you will spend most of your time as a volunteer, is a village located on the southern part of Zanzibar's beautiful and quiet east coast. About an hour's drive from Stone Town of Zanzibar, Jambiani is a long village stretched along the coastline, with stunning and long white-sand beaches where it will seem like you can walk forever. Here you will find a community operating at a leisurely pace amidst the sunny, tropical climate. You will witness incredible sunrises and enjoy the warm waters, but more importantly, gain a deep insight into life on the island and an array of experiences you will treasure for a long time.

Project facts

Duration: 2 - 12 weeks

Cost: See project pricing on our [website](#).

Requirements: age 17+

Location: Zanzibar, Tanzania

Project activities: Teaching in preschool, primary, secondary schools and tourism institute, Beach conservation

Working hours: 08:30 - 18:00, Monday Friday

Project availability: Project start every 2nd Monday of each month. Activities alter in school holidays when schools close. The project closed over the Christmas period. RECRUITING NOW.

Arrival day: Monday

What's included

Accommodation: Shared room in a volunteer house.

Meals: 3 per day except for weekends lunches and dinners (only breakfast is provided on weekends)

Airport pick up: Airport pick up and drop off

Training: Pre-departure information pack, on-site orientation & project induction provided

Support: 24-hour support from on-site coordinator

Use of a bicycle for your stay

Excursion Planning: Staff help organise weekend activities. (extra fees may apply)

What's not

Flights

Insurance

Visas - please note that a volunteer visa for Tanzania costs approximately \$30 on top of the entry visa (\$50 to \$100 depending on your nationality)

Weekend lunches and dinners

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Police/Government Background Check; US and U

Dolphin and Marine Conservation in Zanzibar

AFRICA

TANZANIA

The project

Volunteer in Tanzania on a fabulous Dolphin and Marine Conservation project based on the island of Zanzibar and help to preserve the habitats of amazing species by monitoring tourist and human interaction. Located in Menai Bay, home to numerous sea creatures, including bottlenose and humpback dolphins and whales, the area is popular with tourists from all over the world. However, tourists go out in fishing boats to see these dolphins and often jump into the water to swim with them and although friendly, the dolphins can sometimes be surrounded by up to 20 boats chasing after them, and this can cause them stress, particularly when they are feeding or nursing.

The main aim of the project involves working with the local community to promote marine conservation and the protection of the dolphins and their habitat. Dolphin tourism in the area is booming as it brings a good source of income to the local inhabitants. However, there are no tourism regulations and therefore, it is essential to ensure that the sea life in the area is not put at risk. The project scope includes working with the local community, run ethical dolphin tour workshops educating boat drivers on dolphins and monitor human-dolphin interaction and how it may affect their behaviours. The project also runs a resource centre which aims to educate locals and tourists about marine life. The data collected is fed into research studies which will help the government to determine how to regulate dolphin and tourist interaction in the long term, ultimately protecting this amazing species

Role of the volunteer

As a volunteer you may be involved in the following activities:

- Monitoring dolphin behaviour: feeding, daily habits, reaction to humans, taking photos etc.
- Monitoring tourist numbers and tourist-dolphin interaction.
- Researching and monitoring fish and other species including whales (June to September).
- Researching coastal activities such as bivalve collection, coconut husk burying, rope making and seaweed farming.
- Assisting research students with their research.
- Helping a marine conservation club for youths.
- Helping develop and maintain the local resource centre
- Advocating for responsible dolphin interaction with local businesses and boat operators.

The project needs vary from time to time and volunteers' tasks and activities will change accordingly, giving you the opportunity to gain insight into several aspects of marine conservation.

Skills required

All volunteers are welcome on this project as long as they can swim as this is an important factor for the research element of this project. You do not need any specific technical skills to participate in the project, although an interest in marine wildlife would be useful. You must love the outdoors. Cultural sensitivity is essential both at your placement and in your spare time. If you are a student and have specific course requirements, please speak to a Kaya Placement Advisor.

Why choose this project

- ✓ Provide more manpower and ensure the future protection of dolphins by getting involved with this local Tanzanian community and research experts.
- ✓ Learn about marine conservation and threats to wildlife including the impact of tourism and human interactions on the underwater world.
- ✓ Add the experience to your CV/Resume if you are studying or are already a marine conservation/tourism student

Project location

The island of Zanzibar, just off the Tanzanian coast, is where this project is based. This archipelago is famous for amazing powder white beaches with crystal clear waters and a lush tropical island. At the heart of Zanzibar Town is the old Stone Town, with its labyrinthine alleyways and fascinating architecture. This project is located about 30 minutes away from Jambiani. You will find a laid back community set amongst the beautiful scenery. You will be staying in a volunteer house directly on the beach. There is no better place to wake up and watch the sun rising over the Indian Ocean! You will have en-suite shared accommodation with other volunteers and will be able to meet like-minded participants.

Project facts

Duration: 2 - 12 weeks

Cost: See project pricing on [website](#).

Requirements: age 17+

Location: Zanzibar, Tanzania

Working hours: Monday – Friday, 6:00 – 16:00, with a 2 hour lunch break

Project availability: RECRUITING NOW

Arrival day: Monday

What's included

Accommodation: shared same sex rooms in a beach bungalow

Meals: 3 per day except for weekends lunches and dinners (only breakfast is provided on weekends)

Airport pick up: Airport pick up and drop off

Training: Pre-departure information pack, on-site orientation & project induction provided

Support: 24-hour support from on-site coordinator

What's not

Flights/ transfers to Zanzibar Island
Insurance

Visas - please note that a volunteer visa for Tanzania costs approximately \$30 on top of the entry visa (\$50 to \$100 depending on your nationality)
Weekend lunches and dinners
Wifi (additional fee apply)

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Sports and Community Volunteering in Zambia

AFRICA

ZAMBIA

The project

Share your energy and skills on this project focused on sports and community volunteering in Zambia. The project team support the belief that sport is an essential and effective tool to teach various subjects such as HIV, nutrition and a healthy lifestyle. Working within primary schools, with sports teams for teenagers in the community and as part of a wider community outreach, this project provides the social and physical benefits of sport alongside an important educational tool. Children are also reminded about the importance of teamwork, trying their best, not cheating and listening. Through connections with the community, the project is also involved with various other activities as they arise, such as building and refurbishment and farming initiatives. The project aims to make sports available to everyone, whether they are at school or not and helps out with youth groups to ensure that this is a possibility. Join this sports development and rural community work placement and help the project realise its goals in Zambia.

Role of the volunteer

Sports volunteers spend their time training, guiding and working with soccer teams in the Livingstone community as well as providing physical education in schools. As part of the project, volunteers also encourage involvement from the teachers as a mean to train them so they can continue the work. Not only do the volunteers teach sports and its rules, but they also hold team-building exercises and teach basic hygiene and health lessons. As part of the project, you may:

- Work in local government and community schools, running PE lessons focusing on team activities while emphasizing messages such as being honest, taking turns, listening and following instructions. Students are in years 4 to 6 (ages vary as children are often late starting or miss a year or two)
- In the afternoons, volunteers help out on other community projects including building and refurbishment work, helping to care for the elderly, conduct reading club, teach adult literacy classes, or participate in children's art clubs or after-school clubs.
- after school football club for boys and a touch rugby club for girls

During the school holidays, teaching volunteers work closely with sports volunteers. They teach lessons for the first half of the morning and then engage the students in recreational activities. They also teach the importance of a healthy lifestyle ensuring that sport becomes an important part of their day-to-day life.

Skills required

No specific skills are required, but a lot of energy and enthusiasm is needed to keep up with these energetic youngsters. You will need to use good communication skills to manage classes of up to 50 children! Your schedule is set for you by your volunteer coordinator; however, if you have any particular interests or skills you would like to use, we would love to accommodate them! The children at the schools are always keen to learn new sports – particularly if they come from overseas!! We can set up a class for you to teach rugby, athletics, cricket, or whatever your interest is! Equipment is very difficult to come by so please keep that in mind, i.e. hockey sticks. If you are able to acquire donated sporting equipment, it's always greatly appreciated. You will be asked to send your CV/resume before being accepted onto this project to ensure you are a great match for this placement.

Why choose this project

- ✓ Help organise and run the sports activities and manage the training of the local boys football and girls sports teams.
- ✓ Create lasting knowledge, encourage teamwork and help build self-esteem.
- ✓ Build your CV/Resume as well as develop your own understanding of communication and the impact of sport on a community.

Project location

Livingstone is a large town with a wide range of amenities including internet cafes, a bakery, ice-cream parlour, banks with ATMs, curio markets, supermarkets, a post office, museums and various restaurants including local and international foods. You will be located close to the Victoria Falls, one of the Seven Wonders, where you will find a wide range of adrenaline activities, river boats, and game viewing opportunities. Livingstone is situated in a prime location giving the opportunity to spend the weekend in Zimbabwe or in Chobe National Park in Botswana for a day of ultimate game viewing. You will reside in a comfortable and secure complex with lounges to relax, a bar, a swimming pool and even a climbing wall!

Project facts

Duration: 2 - 12 weeks.

Cost: See project pricing on our [website](#).

Requirements: age 17+

Location: Livingstone, Zambia

Project activities: Teaching general PE and football training, organising matches and adjudicating, teaching lessons through sport, supporting community activities

Working hours: 07:45 - 16:00, Monday - Friday

Project availability: Every Monday of each month. RECRUITING NOW

Arrival day: Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 meals per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport pick up: Airport pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) and include Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and more.

What's not

Flights

Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Girl and Women Empowerment Volunteering Project in Zambia

AFRICA

ZAMBIA

The project

Support girls and women who have not had access to education and are wanting to make better futures for themselves and their families by joining us on our girl and women empowerment volunteering project in Zambia. Whether it is because they are able to read and communicate in English with the various visitors to Livingstone or hope to gain skills to develop a business to increase the income in their family or to support their children with their studies. Activities also encourage girls to participate in sports and dream big for themselves. Groups for girls and women focusing on things such as life paths, emotional and social issues and other topics such as sexual and reproductive health, staying safe and their rights are also discussed. A curriculum is in place and is evolving in line with the needs of the community. The project is already doing well with the women's group developing sewing skills, the establishment of an after school touch rugby club for girls and improved English levels. The project has started involving boys and men into the activities to shift the minds of everyone and bring about changes to the conditions and rights of the girls.

There are also many areas within the community where volunteer support is required as the project works on a wide range of activities in the community including adult literacy and manual work like painting and refurbishing. This project provides a range of support for the community and this is an exciting opportunity for you to contribute your time, skills and effort.

Role of the volunteer

As a participant on the girl and women empowerment project, you will be involved in a variety of interesting and participative project activities to help the women and girls in the community such as:

- Sports activities with girls aged 12-14.
- Teaching adult literacy for beginner and advanced students.
- Farming activities with girls and women.
- Women's groups running skills, awareness and reflection sessions on women's rights, safety, self esteem and making a living.
- Girls groups running skills, awareness and reflection workshops on subjects such as menstruation, early pregnancy, safety, girls rights and sexual health.

Those that have areas of specialty may be asked to run focused sessions during their placement. The project activities run when volunteers are not available so the project team always have plenty of options for volunteers to select from. It really is an interesting and rewarding experience.

Skills required

You do not need to have a background in social empowerment focusing on women or girls but a willingness and interest in working on a range of initiatives to enable them to improve their lives is a must. You must be compassionate, friendly and willing to get involved where needed as this is a varied placement to help women and girls feel empowered and improve self confidence. If you have a particular experience or skill set that you can share then please tell us and we can certainly see how that can be applied to your placement. Specialties that are highly sought are teachers, social workers, youth workers, community workers and health workers - but all are welcome. You will be asked to send your CV/resume as part of the application process for this project.

Why choose this project

- ✓ Gain an insight and appreciation of how women and girls around the world are impacted by reduced access to education, healthcare information, work opportunities and rights.
- ✓ Learn about approaches to empower women and girls that are being taken and the challenges that need to be overcome.
- ✓ Gain some front line experience if you are studying women's empowerment, community work or social work.

Project location

Volunteers stay at a comfortable and secure complex, a stone's throw away from Livingstone town centre. The accommodation has a dining room/meeting room, a bar, a pool and several lounge areas. Livingstone is a large town with a wide range of amenities including internet cafes, ATMs, local markets, supermarkets, a post office, various restaurants including local and international cuisine. You will be located close to Victoria Falls, one of the Seven Natural Wonders of the world where you will find a wide range of adrenaline activities, river boats, and game viewing opportunities.

Project facts

Duration: 2 - 12 weeks.

Cost: See project pricing on our [website](#).

Requirements: age 17+

Location: Livingstone, Zambia

Working hours: 07:45 - 16:30, Monday - Friday

Project availability: Year-round, except for 3 weeks over Christmas and New Year. RECRUITING NOW

Arrival day: Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) and include Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and more.

What's not

Flights

Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Teaching and Community Work in Zambia

AFRICA

ZAMBIA

The project

Volunteer in Zambia on a project working with a number of community schools in the local area where large class numbers combined with a small number of teachers means that children struggle and are unable to get the one-on-one attention needed. The schools want to be able to do more, but without funding, they cannot bring in additional staff or create additional resources. The project collaborates with the local Department of Education ensuring that project activities are in line with local needs and solutions include classroom assistance, preparing materials, building and refurbishing school facilities as well as after-school activities. Recently teacher's development has been identified as a priority for the project and experienced volunteers are helping to develop the skills of locally qualified teachers, aiming to improve the ongoing quality of education.

There are also many areas within the community where volunteer support is required as the project works on a wide range of activities including adult literacy and manual work like painting and refurbishing. During school holidays teaching and extra-curricular activities are run at holiday clubs for the students. This project provides a range of support for the community and this is an exciting opportunity for you to contribute your time, skills and effort. Come to Zambia and work with local staff to provide education access for all, and learn about the challenges facing Zambian teachers.

Role of the volunteer

Depending on your qualifications, you may spend the mornings working as a teaching assistant in local schools, giving extra one-on-one attention to those children requiring some additional help with their work. You will also assist teachers with marking tests as this is an important part of the education system in Zambia, and it is very time consuming. You may also help with group work. In the afternoons, you will help out on other community projects including building and refurbishment work, helping to care for the elderly, adult literacy classes, farming activities or children's art clubs. In school holidays, teaching continues in holiday clubs where lessons are mixed with fun activities for the children. If you are a qualified teacher your skills and knowledge can be put to good use in developing training materials and running teaching training sessions, as these are few and far between. Before you join the project, you will be matched with a school and you will spend the mornings of your first week in the classroom assisting the local teachers and gaining an insight into their challenges. In the afternoon, you will join other community activities. In weeks 2 - 4 you will deliver sessions in the afternoons on topics such as behaviour management, teaching styles, and resource development using training sessions, providing model classes and even doing observations and giving feedback.

Skills required

You do not need to have a prior teaching qualification for this project, but it would be useful. You do need to have a good command of English as well as good reading and writing skills. You will be assisting local teachers as well as the possibility of holding your own classes or workshop especially when you are involved in afternoon reading clubs, maths clubs and adult literacy sessions. Above all, you must love children, have a flexible attitude and be a good communicator. You will be asked to send your CV/resume as part of the application process for this project.

Why choose this project

- ✓ Spend your time providing much needed assistance within the community schools of Livingstone.
- ✓ Gain an insight in the challenges of managing children and understanding the challenges of working in a resource poor setting.
- ✓ Share the benefits of your own training if you are already a teacher with those who do not have easy access or opportunities to learn new skills and techniques.

Project location

Volunteers stay at a comfortable and secure complex, a stone's throw away from Livingstone town centre. The accommodation has a dining room/meeting room, a bar, a pool and several lounges to relax. Livingstone is a large town with a wide range of amenities including internet cafes, ATMs, local markets, supermarkets, a post office, various restaurants including local and international cuisine. You will be located close to one of the Seven Natural Wonders of the world – Victoria Falls, where you will find a wide range of adrenalin activities, river boats, and game viewing opportunities. Livingstone is also an ideal location for spending the weekend in Zimbabwe or popping over to Chobe National Park in Botswana. What a fantastic opportunity not to be missed!

Project facts

Duration: 1 - 12 weeks.

Cost: See project pricing on our [website](#).

Requirements: age 17+

Location: Livingstone, Zambia

Working hours: 07:45 - 16:30, Monday - Friday

Project availability: Projects start every Monday. RECRUITING NOW

Arrival day: Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) and include Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and more.

What's not

Flights

Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Community volunteering at Christmas in Zambia

AFRICA

ZAMBIA

The project

Why not do something different this year and join us for community volunteering at Christmas in Zambia. The project is located near the amazing Victoria Falls in Zambia and focuses on working with local communities and do something extra special this Christmas. Instead of over indulging and trying to keep the family happy, why not do something different and help those a lot less fortunate than you this year?

The project works with disadvantaged children and adults in a number of communities located near Livingstone. The days are divided between activities focused on the children in the community who are on their long break from school, the elderly, and other community based programmes. Children's activities include a reading club and art club to give children focused activities during the holidays. The elderly are visited as the community are often very busy dealing with day-to-day struggle to spend extra time with them. The two community initiative are sustainable farming and a building project which can generate an income or provide shelter for the community.

So why not become immersed in local Zambian life and culture and make friends for life on the project, both locals and other international volunteers, by participating on this community volunteering project at Christmas.

Role of the volunteer

During the day volunteers will be split across the programmes, to ensure that each area receives support. There will be a set schedule to follow - meaning that you always know what is expected and where you will be helping out. Some activities in which you may be involved include:

- Reading clubs with children - teaching phonics, helping with pronunciation and spelling.
- Art activities - bring your own activities and ideas and have fun with the children.
- Adult literacy club - teaching adults by following a structured syllabus.
- Farming activities - maintaining crops through planting, watering and weeding.
- Elderly Home - games, reading and physical activities with the elderly.
- Building - mixing cement, laying bricks, cementing or painting walls.

You will be asked to participate in a range of activities during your placement period so you will have plenty of opportunity to interact with various age groups within the community.

Skills required

You do not need to have any specific skills to participate in this project. Just bring along your enthusiasm and willingness to get involved. Anyone with experience in child care, education or working with the elderly will be more than welcome. If you have a specific skill that you are able to share please let us know. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Make a positive impact by using your Christmas holiday and spend it with communities in Zambia.
- ✓ Benefit from cultural immersion and make lifelong friends.
- ✓ Help support local staff and give them a break from their tireless efforts to support disadvantaged children, give some one-on-one time with the elderly and complete essential community work.

Project location

Livingstone is a large town and has many things to offer from internet cafes, a bakery, ice-cream parlour, banks with ATMs, curio markets, supermarkets, local markets, a post office, museums to various restaurants including Chinese, seafood, Indian, Italian, English, of course - Zambian! You will be staying near one of the Seven Natural Wonders of the world - Victoria Falls, where you will find a wide range of adrenaline activities, river boats, and game viewing opportunities.

Livingstone is situated in a prime location between some fantastic countries and will be in an ideal location for a getaway weekend in Zimbabwe or Botswana for the ultimate game viewing in Chobe National Park.

Project facts

Duration: 1 - 12 weeks.

Cost: See project pricing on [website](#)

Requirements: age 17+

Location: Livingstone, Zambia

Working hours: 07:45 - 16:30, Monday - Friday

Project availability: December to January - RECRUITING NOW. Please speak to an advisor

Arrival day: Monday

What's included

Accommodation: Single sex shared room in a backpackers with swimming pool, garden and rock climbing wall!

Meals: 3 per day - Breakfast, Lunch and Dinner Monday to Friday

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra)
Trips include: Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and weekend excursions across to Zimbabwe.

What's not

Flights

Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Public Health Internship in Zambia

AFRICA

ZAMBIA

The project

Quality healthcare in Zambia often depends on locations, educations, gender and income. The disparities to quality healthcare are often anchored from generation to generation as the norm. Zambia is classified as a lower middle-income country with its gender inequality index ranking very low. Zambia's health sector is facing many challenges such as a shortage of trained staff and an increased workload with the HIV epidemic. Family planning services, education for girls and women unemployment are amongst the reasons of Zambia's high fertility rate. The internship was designed to assist in the different steps being taken to improve public health locally. This includes promoting healthy lifestyles, implementing educational programs, conducting research on healthcare disparities, promoting healthcare equity, quality and accessibility, building information package, breaking boundaries with mental health, looking at gender and age issues, amongst others.

Role of the Health Intern

The internship is clearly divided up in 4 weeks of learning where you will:

Week 1 – be provided with the foundation needed to hit the ground running, by learning about the context, partaking in knowledge-sharing and be introduced to the local clinic, and receiving training in data-capture and analysis.

Week 2 – be taught how to run workshops effectively while gaining an understanding of the community and its challenges. You will be supported by the team on real practical service work and be given some time to reflect on your progress.

Week 3 – be growing your knowledge and confidence, as well as get exposure to various influential people in the field locally.

Week 4 – be given the opportunity to fly “solo” by doing research, ensuring the delivery of workshops, sit on a variety of talks within the community and work in the home-based care system.

Skills required

Working knowledge of computers is essential including some experience with word and excel. Fluent level of English is also necessary as you will be working in the public health field. You do not need to be native, but have a good command of the language with the ability to read, speak, write and understand it easily. If you are studying public health or looking to get in the field, this is a perfect placement for you. Positivity, flexibility and passion are a must as you will be working in a challenging environment.

Why choose this project

- ✓ This internship will allow you to explore public health issues in an African context. You will be exposed to various professionals that work in various clinics and NGOs in the local villages.
- ✓ You will have the opportunity to advance your leadership skills and interpersonal skills in a multicultural environment.

Project location

Livingstone is a rural town which will let you experience “the real Africa”. Livingstone offers a great selection of restaurants and has the convenience of offering a walkable living style as the local convenience shop, cafes, and Curio market are all within 5 minutes walk of your accommodation.

You will be staying in a private volunteer house sharing your room with 2-4 other volunteers with access to a swimming pool and many shared common space to catch up with others while relaxing.

Project facts

Duration: 4 weeks.

Cost: See project pricing on [website](#)

Requirements: age 17+

Location: Livingstone, Zambia

Working hours: Monday – Friday, with a 2-hour break for lunch, 07:00 – 17:00

Project availability: Projects start every month and run year round except for the month of December. RECRUITING NOW. Please speak to an advisor

Arrival day: Monday

What's included

Accommodation: Single sex shared room in a backpackers with swimming pool, garden and rock climbing wall!

Meals: 3 per day - Breakfast, Lunch and Dinner Monday to Friday

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra)

Trips include: Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and weekend excursions across to Zimbabwe.

Internship Certificate upon Completion

What's not

Flights

Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Rhino and Elephant Conservation Volunteering in Zimbabwe

AFRICA

ZIMBABWE

The project

Immerse yourself in wild Zimbabwe, and experience its impressive animals in close proximity.

On this family-run conservation reserve, in the heart of rural Zimbabwe, you will take part in a life-changing adventure, working toward the conservation of rhinos, elephants, buffalo, giraffes, and more.

Be part of something incredible on this community-based conservation program, and help the dwindling rhino population toward a safer future. This project is renowned for its rhino breeding and release program, and their successful anti-poaching efforts.

Work with locals in the Zimbabwean African bush to observe the behaviours of the wildlife. The work you do will increase the knowledge surrounding how best to look after the rhino populations and habitats.

The project is home to three rescue elephants who, once orphaned, now have a happy and safe home amongst a herd of buffalo. And just recently, the project added a conservation component on cheetahs.

Role of the volunteer

Learn about the animals' behavior and monitor their activities, whilst playing a role in their protection. From helping with animals' feeds, to assisting in the upkeep of the reserve's fences, each day will be different.

Whilst exploring the bush daily, you will have the privilege of being close to the animals, and watching them exist happily in the semi-wild conservation reserve.

Part of the role is also to carry out anti-poaching and security duties. These could include undertaking snare patrols, lookout duties for possible poaching activities, and collecting snares and traps. You may be put through weapons training using a paintball gun, in a simulation of the rifles used in anti-poaching. It's all part of the experience in getting close to the reality of the poaching problem..

Depending on the time of year, you may work on local community and teaching projects. This could include assisting in literacy programs in primary schools, or working with the conservation club to educate children about their local environment.

Skills required

There are no specific requirements needed to join the project. We only ask that you are open-minded, flexible, and have a love for animals and an interest in their conservation.

Why choose this project

- ✓ Learn about the Zimbabwean wildlife from knowledgeable and passionate local community members
- ✓ Contribute to the local community by working with schools, conducting research, and aiding in conservation as needed at the time of your placement
- ✓ Learn about anti-poaching and security
- ✓ Have an adventure and experience rural Zimbabwe, whilst making strides in wildlife conservation

Project location

You will be located on a 10,000 acres conservancy private park located about an hour and a half away from Harare. This is the perfect place to escape the hustle and bustle of the city and enjoy the wonders of the African Bush in Zimbabwe.

You will be comfortably accommodated in a lodge, where you will share a bedroom with another volunteer (of the same gender). There is a maximum of 12 volunteers on site at any given time. The showers and toilet facilities are western standard and hot water is supplied. Three home cooked meals are provided to you daily on a self-serve basis.

Project facts

Duration: 1-8 weeks

Cost: See project pricing on our [website](#)

Requirements: age 17+

Location: Victoria Falls, Zimbabwe

Working hours: Monday through Saturday morning

Project availability: All year round.

RECRUITING NOW

Arrival day: Thursday

What's included

Accommodation: shared room in comfortable accommodation

Meals: 3 meals per day

Airport: pick up and drop off Harare International Airport

Training: Pre-departure information pack, on-site Orientation and project induction provided

Support: 24 hour support from on-site coordinator

Excursion Planning: Staff help organise weekend activities. (Activity price may be extra)

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Child Development Volunteering In India

ASIA

INDIA

The project

Participate in Child Development Volunteering in India and help with the provision of childcare to disadvantaged children as well as participating in a range of exciting activities essential to Indian culture. India continues to struggle to provide care and education to the increasing number of children born into poverty. Thousands are therefore vulnerable to malnutrition, illiteracy and face a bleak future. Volunteer on this project to help develop the cognitive, academic, emotional and social skills of children from impoverished families by assisting local educators with their daily activities. Activities focused on songs, games, sensory development as well as maths and English aim to meet the goals of the government to improve the holistic development of children in India. Children in India begin school at age 6 and the government is doing more to give access to poorer families by providing lunch at community centres and schools and encourage parents to bring their children to school. The project works with local carers and teachers in slums and informal housing areas and provides daycare and English lessons to children aged 2 - 6 years old. Volunteer and contribute to making a difference in children's lives as well as gaining a much better understanding of some of the fascinating aspects of Indian culture.

Role of the volunteer

As a volunteer, you may be placed in a number of different institutions working with children including schools, daycare centres, bridge classes, or a school for children with learning disabilities. As a childcare volunteer, you may be involved in the following activities:

- lead songs and rhymes
- assist with homework
- assist with teaching English vocabulary, the alphabet and basic math skills including shape recognition
- play games and outdoor activities including sports
- monitor child development charts
- assist with sensory development activities
- assist with meal preparation and feeding as well as bathing for the younger ones

Volunteers will follow a timetable arranged by the centre but are welcome to contribute their ideas especially new games, songs and rhymes to help to create fun educational activities for these children. You will work on one project in the morning and a different project in the afternoon. As a volunteer, your activities will vary depending on your skills and the needs in the location of your project at your particular time of volunteering. Duties will be fully assigned to you when you arrive on the project.

Skills required

Our Child Development Volunteering in India placement is open to all volunteers. As you are working with children, volunteers should be outgoing, enthusiastic and have a genuine interest in children. Bring ideas and a willingness to work with local staff to help to make educational activities fun, diverse and exciting. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Get an amazing insight into a whole host of problems facing young children in India including underfunding, under-resourced, disability stigma and alike.
- ✓ Help ease the burden of the local staff given the educators to children ratio.
- ✓ Provide the children with the additional attention they deserve and need.

Project location

Your volunteer experience will take you to Jaipur. Jaipur, located in Rajasthan, is known as the Pink City because of the beautiful colour of the stone used exclusively to build the walled city.

Project facts

Duration: 2 - 8 weeks

Cost: See project pricing on our [website](#)

Requirements: age 16+ (parental consent form for 16 & 17 years old)

Location: Jaipur, India

Working hours: Monday - Friday mornings, 5 hours per day, 2 sessions

Project availability: 2 weekly start dates.

For more details, contact a Kaya Placement Advisor

Arrival day: Monday

What's included

Accommodation: shared room with en-suite in volunteer accommodation, dining room, lounge, resource preparation area

Meals: 3 meals a day, packed lunch at lunchtimes

Airport pick up: Airport pick-up and drop off from Goa or Jaipur Airport depending on your placement location

Training: pre-departure info pack, orientation with health and safety briefing

Support: 24-hour support

Excursion Planning: -

Transfers to the project

Internet at your accommodation

1 yoga session

1 local cooking demonstration

1 henna painting session with sari

dressing workshop

1 evening visit and dinner with a local host family

1 Bollywood workshops for fun

1 Hindi basic session

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Weekend excursions arranged for:

Jaipur = Taj Mahal & Pushkar Camel Safari - £272 / \$476

Goa = North Goa and South Goa - £200 / \$350

Experience India and Volunteering Tour

ASIA

INDIA

Overview

Our Experience India and Volunteering Tour encompass charm, culture and care over 10 or 14 days where you will be able to see the sights, learn about the real India and get a taste of volunteering. The tour involves many different exciting experiences and depending on the duration of your tour, it will include a visit to a number of famous Indian landmarks including the Taj Mahal; a chance to learn Bollywood dancing, yoga, Indian Cooking and Henna painting; a camel safari in the desert; trekking in the Himalayas; and visiting the cultural sights of Goa! Join our tour and combine cultural immersion with volunteering!

Trip Itinerary

Part 1 of the tour

Day 1 – (Friday) Arrive into Delhi airport. Transfer to hotel and overnight in Delhi (no meals).

Day 2 – (Saturday) Explore Delhi visiting India Gate, Raj Ghat, Gandhi Museum, Birla Temple and President's Palace. Travel to Agra in an air-conditioned vehicle. You will stay in Agra (Breakfast)

Day 3 – (Sunday) Visit Taj Mahal in Agra, visit Agra Fort and transfer to Jaipur (Breakfast)

Day 4 through 8 – (Monday – Friday) Based in Jaipur you will join your volunteering project. In addition, you will have the chance to enjoy daily morning Yoga and extra evening activities like Bollywood Dancing, henna making, traditional Indian dress, and even have a meal with a local family. You will have the opportunity to visit a rural family in Jaipur as part of your program, as well as go to Amber Fort and experience the buzzing Bazaars for Jaipur! (All meals)

Day 9 – (Saturday) Travel to Pushkar, home to 52 ghats used for bathing and over 500 temples. In the afternoon go on a camel safari and stay overnight in a tent under the stars (breakfast & dinner)

Day 10 – (Sunday) Delhi Lord Brahma's temple and market time in Pushkar and Transfer to Delhi by train. Stay in Delhi overnight. (Breakfast and Dinner)

Day 11 – (Monday) Transfer to airport for your flight back home if you chose the 10 nights option. (Breakfast)
Or fly to Goa if you have chosen the 14 nights option.

Part 2 of the tour

Day 11 (Monday) - You will be picked up from the Goa airport and driven to your accommodation.

Day 12 – (Tuesday) Visit the Famous Palolem and Agonda beaches for just relaxing. (Breakfast)

Day 13 – (Wednesday) Visit Old Goa churches and spice plantations. (Breakfast)

Day 14 – (Thursday) Visit the popular Baga Beach in the north of Goa, the Donna Paula beach, and viewpoint as well as a family of Goan Fishermen. (Breakfast)

Day 15 – (Friday) Transfer back to the airport to fly home. (Breakfast)

Why choose this project?

Gaining experience of the different elements of life in India and some of the most important cultural elements really helps to put things into perspective when participating in the volunteering elements of your trip. The volunteering activities work with children from low income communities such as the slums of Jaipur, and your participation helps bring more English into the classrooms and assists local workers with their duties. The community members that you volunteer with, really benefit from practising with native speakers and learning the games, songs and activities that you share with them.

Role of the Volunteer

You will join an existing supported project and work alongside local staff. You will support them with their activities and run games, songs and lessons (the local staff will guide you on the content and approach, and you will often work in pairs depending on the size of your tour group). You will also join in with group activities. The exact project depends on the needs of the local projects at the time of your placement.

Project facts

Duration: 10 nights or 14 nights

Cost: See project pricing on our [website](#)

Requirements: age 16+

Location: Jaipur, Pushkar, Agra (Taj Mahal), Delhi, Goa

Tour activities: Visiting local landmarks, cultural classes, travel, yoga, volunteering

Project availability: Throughout the year

Arrival day: Once a month

What's included

Accommodation: you will stay in a range of guesthouses, volunteer camps and tents (same gender, up to 4 per room)

Meals: Meals as indicated on the itinerary

Airport pick up: Airport pick up from Delhi Airport and drop off at Goa Airport (14 Day Tour), drop off at Delhi airport (10 day tour)

Training: Pre-departure information pack and onsite orientation provided

Support: 24-hour support

Excursion Planning: -

All transport and activities outlined in the itinerary

English-speaking guide

Activities: camel safari, hiking, bicycle rickshaw, Bollywood dancing class, Indian cooking demonstration, 1 meal with a local Indian family, 4 morning yoga, Henna painting workshop

What's not

Flights to India and the connecting flight to Goa during the tour

Certain meals (refer to schedule to see which meals you will be provided with)

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Entrance to historical monuments such as the Taj Mahal

Wildlife Orphanage and Rescue Sanctuary in Zimbabwe

AFRICA

ZIMBABWE

The project

Volunteer at a wildlife orphanage and rescue sanctuary in Zimbabwe and get first hand experience of rescue, rehabilitation and release at Bulawayo wildlife rescue sanctuary. Established in 1973, the wildlife orphanage was set up to offer a home and help for orphaned, abandoned and sick wild animals, as well as relocating animals that are reported to be causing a nuisance and in danger of getting shot by farmers or communities. From lions and leopards to monkeys, antelope and birds, wherever possible the animals are rehabilitated and returned to the wild. The centre has 4 main areas; carnivores, primates, birds and a nursery with domestic, farm and wild animals which are rescued, treated and released back into their natural habitat but only when it is safe to do so. When it is not possible, the animals are cared for and used for educational purposes, zoological study or in the case of endangered species, introduced to breeding programmes.

The project has visited 168 local schools and educated 75,000 children about the wildlife in the area as well as welcoming families and visitors into the centre to improve their understanding and awareness of a range of species. In an area where fear of wildlife leads to many animals being killed and lack of environmental understanding means habitat destruction, the education of the community is a vital aspect of securing a future for wildlife in Zimbabwe. The project has 25 full time staff which are dedicated to protecting and preserving the wildlife of Zimbabwe. Volunteer at this wildlife rescue sanctuary and get an up close view of the realities and hard work that goes into protecting animals in their natural habitat.

Role of the volunteer

Volunteer on this project are involved with all aspects of the centre, from feeding, cleaning and carrying out enclosure maintenance, to caring for the injured, sick or orphaned animals. Your day will include feeding the orphan animals, bug catching, enclosure work, animal time and more orphan animal care. When releases occur or animals are rescued, volunteers help with process. You may have a chance to see how camera traps work and how the release programme is carried out.

In the educational aspect of the project, volunteers join staff in school outreach programmes, visiting schools in the local area and conducting talks for visiting schools as well as helping with domestic animals at the education centre. Volunteers rotate across the 4 areas of the sanctuary so have an opportunity to work with a range of wildlife. This is a great opportunity to see wildlife management in progress.

Skills required

There are no specific skills required for this program. You will need to be of good health, have a decent level of fitness and a love of animals. Working with animals is dirty work and volunteers must be prepared to get involved with a wide range of work, as the needs of the centre change daily depending on the animals present and their needs. Vets and veterinary students are very welcomed as well as those involved in animal sciences such as zoology or animal behaviour studies 6 month placements are available but these are subject to the successful completion of the first 3 month period.

Why choose this project

- ✓ Be involved in a variety of work as with a constant flow of animals through the centre, there is always a lot of work to be done to keep the enclosures clean, the animals fed, the injured animals cared for and the education programmes carried out.
- ✓ Help with the care and rescue of animals as well as gather and sort research data such as photographs amongst others.
- ✓ Benefit from having up close exposure to a range of wonderful wild animals whilst also learning about the skills involved in protecting and rehabilitating wild animals.

Project location

The project is located 20 minutes outside the city of Bulawayo - the second largest city in Zimbabwe. Set in a private game area in a rural suburb, volunteers live and eat alongside the family at the camp. Volunteers have comfortable on-site huts and their own lounge area with DVD, mini library, dart board and games. Outside there is a swimming pool to cool down in on hot summer days and a fire pit for cold nights. It is a relaxed atmosphere after a hard day's work and volunteers feel very much part of the family during their stay. Weekly trips into the city take place and for those staying 3 weeks or longer there is the opportunity to travel to Victoria Falls (extra).

Project facts

Duration: 2-12 weeks

Cost: See project pricing on our [website](#)

Requirements: Age 17+

Location: Bulawayo, Zimbabwe

Working hours: 7.00-17.00, Tuesday - Sunday (night shifts may be required for some sick animals)

Project activities: Lion Walks, research, work in the national park, teaching conservation classes, preparing food for lions, cleaning enclosures, game counts

Project availability: Projects start every Monday of each month and run year-round. RECRUITING NOW

Arrival day: Monday

What's included

Accommodation: Shared room in a volunteer cabin on-site some with en suite bathrooms, games room, fire pit, small pool & volunteer dining area

Meals: 3 meals per day

Airport: pick up and drop off from Bulawayo Airport

Training: Pre-departure information pack and onsite orientation provided

Support: On-site coordinator providing 24-hour support

Excursion Planning: Staff help organise weekend activities. (Activity price may be extra)

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Volunteering for teenagers in Costa Rica

LATIN AMERICA

COSTA RICA

The project

If you are looking to spend your holidays doing something different and help others through volunteering overseas, why not join Kaya on one of our education projects in Costa Rica. If you are 15, 16 or 17 years old, you can join local staff and older volunteers to work in pre-schools, primary schools and childcare centres, and help provide essential support to teachers and early years practitioners.

Bring your enthusiasm and willingness to support local communities in Costa Rica, whilst improving your Spanish skills and immersing yourself in a different culture.

Role of the volunteer

Volunteering for teenagers in Costa Rica offers you, as a young person, the ability to share your enthusiasm and energy to support the local children of Atenas. Extra pairs of hands are always needed in the schools and education centres, which are often understaffed and lacking in sufficient resources. If you want to develop your Spanish, this is also a great way to put your language skills into practice with your homestay family, the project beneficiaries and staff. You will also take up to six hours of Spanish lessons a week, to consolidate your learning.

This is a great way to improve your CV/resume, as you begin to apply for jobs, internships or university placements. With this cultural exchange program, you will certainly stand out from the crowd!

Skills required

At basic level of Spanish (Basic User Level A1 of CEFR) is required as you will be living with a local homestay family. This will enable you to build relationships with the project staff and beneficiaries. Spanish lessons can be arranged alongside your placement to improve confidence and increase the benefit of your time here. You should have a positive attitude, a willingness to help out and an interest in working with other people. All volunteers will be asked to attend a telephone interview and obtain parental consent forms for acceptance onto the projects.

Why choose this project

- ✓ Share your enthusiasm and energy with the communities of Atenas.
- ✓ Share an extra pairs of hands as it is always needed in these poorer communities, and you will be welcomed by all.
- ✓ Develop your Spanish skills and put your language into practice both with your homestay family and the project while helping them develop their English speaking skills.

Project location

You are participating in a programme located in the Atenas community, just outside the bustling city of San Jose. It is a lovely town in the central highlands of Costa Rica, approximately 45 minutes from San Jose. You will experience Costa Rican history, tradition and culture as they are deeply rooted here. Atenas is a charming town with a laid-back atmosphere and there are plenty of fun activities for you to do at weekends. The friendly demeanour of the locals and fabulous location make this an ideal location for you to enjoy your volunteering in Costa Rica.

Project facts

Duration: 2 – 12 weeks

Cost: See project pricing on our [website](#).

Requirements: Age 16 – 17 (older participants should speak to a Kaya advisor)

Location: Atenas, Costa Rica

Working hours: Monday-Friday; varies depending in the project.

Project availability: All year round, except for schools, which close in December, January and the first two weeks in July.

Arrival day: Saturday

What's included

Accommodation: Single or shared room in a homestay (according to availability)

Meals: 3 Meals per day

Airport pick up: Airport pick up and drop off from San Jose International Airport

Training: Pre-departure preparation pack, on-site Orientation and Project induction provided

Support: On-site coordinator providing 24 hour support

Excursion Planning: -

Language classes: 6 hours language class provided

Activities: 1 dance class and 1 cookery class included. Staff help organise evening and weekend activities.

What's not

Flights

Insurance

Visas

Daily transport between your accommodation and your project
Spanish lessons can be provided for an additional cost of £100 (\$175) for 6 hours tuition.

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Education Outreach for Child Workers in the Markets in Ecuador

LATIN AMERICA

ECUADOR

The project

Volunteer and provide education outreach for child workers in the markets in Ecuador. Based in Quito, you will help educate children, aged three years old and upward, who work up to ten hours a day. They work in the markets, streets and countryside of Ecuador to support their families. This intervention programme takes a proactive approach, traveling to the markets around southern Quito, setting up tents, and providing an early-years education program for the younger children, and homework support for those older. By meeting these children on their turf, the program has achieved great success in recruiting and maintaining attendees to the preschool programs, along with an ultimate reduction in the children's work hours and in drop-out from public schools. The program also carries out workshops and informational sessions for families of the children addressing issues such as hygiene, nutrition and domestic violence.

Role of the volunteer

With appropriate support and training, volunteers will assist the full time staff in developing lessons and teaching the weekly education themes. The program uses dynamic methods, including song, dance, art, and movement to create a healthy, educational environment for the children. The program generally visits two markets a day, with both morning and afternoon sessions of about two and a half hours each. Volunteers travel to the work sites by local bus, assist in setting up the pop-up tent schools, and play/learn/interact with the children. Social workers work with the families to provide wider support addressing issues such as physical, sexual, emotional and substance abuse in the home, how they can better support their children and general well-being. Volunteers with social work or global health background and good level of Spanish language may sometimes be able to assist in this. The organisation also has intense summer programs with engaging arts, dance, music and sports activities for the underserved community in its surrounding area.

Skills required

Volunteers should be open, flexible, patient, caring, creative and come with a spirit of collaboration and solidarity. Interest in social work, early childhood education, community development and social justice are a plus. Basic Spanish speaking skills are required for this project to enable you to communicate with the children, but can be gained by attending Spanish classes during your placement.

As the project involves different locations volunteers should be prepared to use public transport. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Enable the passionate and committed local staff - made up of social workers and education specialists - to open their doors to the thousands of market children while still providing the necessary attention, structure and support to achieve individual goals.
- ✓ Work directly with over 160 children who are enrolled in this program to deliver the planned curriculum and provide individual attention.
- ✓ Learn about the challenges faced by the families of market traders, and how early-years intervention and mentoring support can provide opportunities that improve their futures.

Project location

Quito is a large, bustling capital city - declared a UNESCO world Heritage centre in 1978 surrounded by the natural beauty of the volcanic Andean mountains. For your project, you will be based in the South of the city, where the less affluent population are found. Living in a homestay family, just a few minutes walk from the project offices, you will have great immersion in Ecuadorian life alongside other volunteers from all over the world.

At the project centre, you can sign up for language, dance and cooking classes, or enjoy a weekly free movie night, as well as intercambio Spanish conversation sessions. There is plenty to see and do in and around Quito. Spend time walking around the city, familiarising yourself with the art, museums and historic architecture. At night, enjoy the many restaurants, bars and live music performances.

Project facts

Duration: 2 weeks - 12 weeks

Cost: See project pricing on our [website](#)

Requirements: Age 17+

Location: Quito, Ecuador

Working hours: 9:30 am - 12 pm; lunch break; 2 - 4:30 pm, Monday - Saturday

Project availability: Year-round, starting on a Monday with summer camps during June - August.

Arrival day: Every other Friday. Please speak to an advisor.

What's included

Accommodation: Shared room in a home stay

Meals: 2 meals per day

Airport pick up: Airport pick up and drop off in Quito

Training: Pre-departure pack, on-site orientation on Saturday and project induction included

Support: 24-hour support

Excursion Planning: -

2 days stay in a hostel in Quito on arrival, breakfast included

Local SIM card and phone(handset deposit of \$50 required)

What's not

Flights

Insurance

Visas

Transfers to and from your project each day

Meals beyond those listed above

Optional excursion on the Sunday on your arrival weekend please speak to an advisor if you want to know more

Optional 6 hrs per week Spanish classes available; £50 / \$88 (alongside your placement)

Optional intensive Spanish classes 1-week programme £355 / \$621 including accommodation

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Agro Forestry and Environmental Conservation In The Mindo Cloud Forest

LATIN AMERICA

ECUADOR

The project

If you are interested in environmental science and conservation efforts then volunteer on this project located in the stunning Cloud Forest in Ecuador. This family-owned reserve seeks to preserve the cloud-forest and restore land used for pasture through reforestation and agroforestry efforts. The goal of the reserve is to achieve sustainability through both agriculture and ecotourism. A mile-long canopy tour of the reserve provides a unique birds-eye-view of the cloud forest contained in the reserve. As part of the management plan, the local community is included in educational and community building activities. The foundation's mission is to contribute to the maintenance and restoration of natural ecosystems, their resources and biodiversity for future generations, through the diffusion of productive activities that are compatible with nature; supporting values of social equity and respect for natural and cultural diversity. Join this project and help with efforts focusing on ecology, biology and agricultural activities and research to conserve this incredible habitat.

Role of the volunteer

Volunteers can get involved in a range of activities focusing on two areas: environmental /conservation activities and culture/community development activities. Depending on your skill set and the needs of the project at the time of your placement, activities may include:

- Restoration of ecosystems: collecting of seeds, plants production in the nursery and reforestation.
- Agroforestry: implementation, management and monitoring of diversified organic coffee plantations.
- Maintenance of trails and gardens.
- Organic agriculture: elaboration of organic fertilizer, harvesting, management of a garden.
- Raising farm animals: horses, cows, chickens and making cheeses.
- Biological survey: identification of orchids and bromeliads, ecological studies of the local avian and technical tests regarding the germination of forest seeds.
- The development of materials and curricula for environmental education projects with schools and businesses
- Working with the tourism program that boasts one of the most impressive zipline canopies in Ecuador, trails, tree-climbing, and canopy bridges

All participants are asked to be flexible. If you are interested in a particular aspect of research please discuss this with a Kaya Placement Advisor.

Skills required

This project is geared towards volunteers with a strong background in natural sciences, including biology, ecology, or environmental science. Volunteers with research experience or who have their own independent research projects are especially welcomed. You will work local experts and should be able to demonstrate cultural sensitivity. A basic level of Spanish would be useful but is not essential for this project.

Why choose this project

- ✓ Develop your own environmental conservation knowledge and skills, while helping in the socio-environmental development of the local community.
- ✓ Contribute to conservation and restoration initiatives in the Choco Bioregion, while also supporting and strengthening sustainable family development program through ecotourism.
- ✓ Compliment your theoretical learning with practical hands-on experience, especially if you are studying environmental science or conservation.

Project location

Orientation will take place in Quito, Ecuador's capital city, where you can take extra Spanish lessons before starting your placement. The project itself is located about an hour and a half outside of Quito in the famous Mindo Cloud Forest which is known for its stunning scenery and habitats. On the weekends, volunteers are able to go hiking, horseback riding, and even cave tubing for the more adventurous! There are waterfalls, cycling routes and rafting opportunities approximately 20 kilometers away, as well as a fascinating butterfly farm. It really is a fantastic location for those interested in exploring the great outdoors.

Project facts

Duration: 2 - 26 weeks

Cost: See project pricing on our [website](#)

Requirements: Age 16+

Location: Mindo Cloud Forest, Ecuador

Working hours: -

Project availability: Projects run year-round.

Arrival day: Twice monthly on a Friday. Please speak to an advisor.

What's included

Accommodation: Shared room in a volunteer rustic accommodation with up to 7 other people

Meals: 2 meals per day during your project placement

Airport pick up: Airport pick up and drop off in Quito

Training: Orientation in Quito, pre-departure pack, on-site orientation and project induction included

Support: 24-hour support

Excursion Planning: Staff will help plan activities and excursions (activities may cost extra)

Hostel stay while in Quito, including Breakfast

Transfer to the project site after orientation

What's not

Flights

Insurance

Visas

Daily transfer to and from your project

Meals beyond those indicated above

Optional excursion on the Sunday on your arrival weekend please speak to an advisor if you want to know more

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Medical Spanish Language Course

LATIN AMERICA

ECUADOR

The Course

Looking to improve your Medical Spanish language skills? In our multi-cultural society these skills can be invaluable to a medical practitioner in the US, Europe or anywhere in Latin America.

If your conversational Medical Spanish isn't good enough to impress your cadaver, we've got the perfect program for medical students and professionals who want healthcare experience abroad. It is a total immersion program in Ecuador that will give you an insight into issues in global health, traditional medicine, medical practice in resource poor communities, and thorough, targeted medical language study so you will be able to communicate effectively with patients and staff in your particular field of medicine. If you have existing Spanish speaking skills (especially those who are Independent user level B1 of CEFR) you will find this placement extremely rewarding. Beginners are also welcome as the course will be tailor made to meet their needs.

Course Content

On the first day of your Medical Spanish course you will complete a written and oral test to assess your current level of Spanish (excluding beginners). The course will be tailored to your needs and a daily lesson plan will be prepared by the teacher. A one-to-one approach is used so that you have the full attention and support of the teacher and gain confidence in your speaking abilities. The focus of the course will be as follows:

- For beginners: basic vocabulary for reading and understanding
- Vocabulary with a focus on human anatomy
- Oral expression
- Practical Spanish conversation for conducting medical appointments
- Understanding: readings and lectures about medicine, science and technology development

The course content is written by professionals and delivered by experienced teachers. The language school has a library containing different kinds of books and essays about Ecuadorian history, economy, tourism, grammar, literature, natural sciences, geography and more, which you are welcome to read.

If you are interested in joining a health volunteering placement and would like to add on a week of Spanish before starting why not add on a week in Quito studying Medical Spanish so that you can develop your language before interacting with local healthcare professionals and patients. Please ask your Kaya Placement Advisor for a price.

Course Location

The language school is located in Quito, a city surrounded by natural beauty. It is in an area close to many hotels and restaurants not far from the main tourist area. The area is mainly residential and is safe for locals and tourists. The school itself is light and has a large terrace where Spanish lessons can be enjoyed.

Project facts

Duration: 1+ week

Cost: See project pricing on our [website](#)

Requirements: 16+, some Spanish is useful but beginners are accepted

Location: Quito, Ecuador

Working hours: 20 hours per week (either mornings or afternoons)

Course Dates: Throughout the year, Please contact a Kaya Placement Advisor for details. RECRUITING FOR 2022

Arrival day: Every other Friday

What's included

Accommodation: Stay in a hostel for 3 night in Quito, breakfast included

Then homestay with a family in Quito

Meals: breakfast while at the hostel, then 2 meals per day in the homestay family; breakfast and a light dinner

Airport: pick up and drop off in Quito

Training: Pre-departure preparation pack, and orientation on Saturday

Support: 24 hour from the local team

Excursion Planning: Advice provided upon request

Written information and course materials

What's not

Flights

Insurance

Visas

Meals beyond those specified above

Police/Government Background Check: US and UK citizens will be processed through Kaya (admin fee applies); all other nationalities must provide local police check

Teaching English in Rural Cambodia

ASIA

CAMBODIA

The project

Education is not as widely accessible as we know it in Cambodia. Children have access to a regular public school for three hours per day only. During this time, they don't get the chance to learn a lot of English. That's why a local leader in the community started a voluntary school project back in 2008 for children to come and learn English. The project had an immeasurably positive impact on the community. Every day, more than 400 children attend one of the two sessions offered in the morning or the afternoon.

The school was funded so that it can offer a free educational/learning opportunity for those who couldn't otherwise afford it. What is so unique and amazing about the school, is that the children come on their own accord and truly enjoy their time learning from the international volunteers. The children come from the Pul village, as well as five other surrounding villages. Their ages range from 6 to 15. Most of them currently possess just a basic level of English, but others have been able to improve from beginners' level all the way up to level 5.

Class sizes are typically between 10-30 students. Classrooms are equipped with basic teaching resources, such as whiteboard and flashcards.

Role of the volunteer

Teaching takes place in a traditional classroom setting. You will need to remain within the scope of the established curriculum and its schedule, but you will be encouraged to be creative in your lesson planning. Volunteers can expect to work alongside other local teachers and volunteers. This could mean 3-5 participants taking turns with providing instruction during the course of the session. This allows for smaller group engagement and one-on-one help for students who may be having challenges.

To facilitate maximum learning and comprehension, you will need to continue the pace that has been set by school directors for the class you are working with. In order to ensure that the material is covered fully and the schedule is maintained, you will not be allowed to skip ahead. All participants will follow the prescribed curriculum and provide adequate reviews, which will allow students to be better prepared for weekly progress and end of year assessment tests. You are highly encouraged to bring small learning materials and items to use in your class and/or donate to our school. These things are gratefully received and help to broaden the curriculum and teaching methods offered.

Skills required

Besides passing on your English knowledge test, you will also need to be able to share some basic hygiene and sanitation routines, as well as, your own experiences and cultural background. A love for children and patience is essential for this project.

Project location

You will be located in northwestern Cambodia, close to the border with Thailand, in Samraong. Your accommodation is in a small, rural village located in the outskirts of town. You will be immersed in Cambodian culture able to learn about the customs and the local people as this is a remote and rural location of Cambodia. The project attracts volunteer from all over the world, so not only will you be able to interact with the local community but also make new friends from all around the globe. Siem Reap is only located two hours away, so you will be able to go explore some of its major highlights during your free weekends.

The accommodation is basic but comfortable. You will be able to hang out with your newly made friends in the communal areas. You will be sharing your room with 2 to 3 other volunteers. The primary mode of transport to and from the accommodation/school will be on bicycles. Your accommodation is located nearby a local park where you can go relax or play volleyball with locals during your free time.

If you want to venture out to Siem Reap, it is only two hours away and many volunteers opt to head there during the weekends to explore. Everything in Siem Reap is accessible. Angkor Wat and its adjacent temples are close enough for you to visit the landmark. You may also want to check out Phare Circus, the number one non-temple attraction in Siem Reap. The circus showcases juggling, acrobatics, aerial arts, theatre and dance performances!

Project facts

Duration: 2+ weeks

Cost: See project pricing on our [website](#)

Requirements: Age 16+ and good level of English to teach

Location: Samraong

Working hours: 6 hours total split between 8 am and 5 pm

Project availability: All year Round except during Khmer New Year and Ancestors Day holiday. Other options are available if your placement falls during those dates. Speak with your Kaya advisor. RECRUITING NOW.

Arrival day: Saturday

What's included

Accommodation: Shared room in volunteer house

Meals: 3 meals on weekdays, 2 on weekends

Airport: Scheduled pick up and drop off from REP (Siem Reap International Airport)

Training: Pre-departure information pack, learning reflection guide, on-site orientation, cultural tour and project induction provided

Support: 24-hour support from on-site coordinator

Excursion Planning: Assistance with planning your weekend excursions from local staff.

What's not

Flights

Insurance

Visas

Daily transfers to and from the project
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check

Construction in Rural Cambodia

ASIA

CAMBODIA

The project

The project supports a local rural Cambodian school attended by over 300 students. Our local partner has built a school with the help of volunteers and local tradesmen in order to provide an education centre for the kids from the surrounding poor villages. As the school grows, it is in continuous need for new buildings, pathways, toilets, etc.

This is a great project to work with the local community providing a pleasant environment for the villagers' children and even working on local people's houses if a renovation job arises.

You will start your project with 1 week dedicated to learning about Cambodian customs, traditions, and pace of life. By getting to know the surrounding town and its facilities, you will have everything you need to make your stay memorable, as well as comfortable. You will be taken to the finest temples in the area and also participate in a Q&A session with local monks to enhance your understanding of Buddhism. During the culture week, you will be staying in the famous city of Siem Reap and the rural town of Samraong, where your building project will be. You will be given basic "survival" language classes and learn traditional Cambodian cooking techniques, with the chance to sample your work.

Role of the volunteer

During your first week, your role will be to remain flexible and take it all in to familiarise yourself with your new home away from home and its culture. During your second week, you will have the opportunity to learn about light construction work such as painting, cleaning or renovating playgrounds, building houses and sanitation facilities amongst others. You can expect to engage in construction work 4-5 hours a day.

Skills required

This project does not need any specific construction skills, as you will learn on-the-go. For those of you with artistic talent, you will have the opportunity to help decorate walls with murals.

Why choose this project

- ✓ Experience Cambodian culture first hand and gain practical experience in light renovation work while making new local and international friends.
- ✓ Contribute to improving the quality of life for underprivileged citizens in and around Samraong and assist the locals with construction and renovation efforts in an organized team.
- ✓ Create cultural exchange opportunities through our efforts with the locals

Project location

The first 2 days, you will be staying in Siem Reap where you will take part in an excursion to Wat Thmey, visit the Museum of War dedicated to the Civil War, explore Artisan D'Angkor, visit the Lucky Mall and Pub Street's famous night market. You will also get the chance to visit a silk farm and West Baray. You will then be transferred to Samraong, located in northwestern Cambodia, close to the border with Thailand. You will be located in a small, rural village located in the outskirts of town. This remote location will give you a taste of what rural Cambodia looks and feels like, while at the same time allowing you to explore some of Cambodia's highlights, as Siem Reap is located only two hours away.

The accommodation is simple and natural sharing your room with 2-3 other volunteers. You will have access to a communal area where you can eat, relax, meet fellow participants or use the free Wifi.

Everything in Siem Reap is within a 10 minute bike ride away. Moreover, Angkor Wat and its adjacent temples are only a 20 minute ride away. Phare Circus, the number one non-temple attraction in Siem Reap is located within walking distance from the house where you will be staying. The circus showcases juggling, acrobatics, aerial arts, theatre and dance performances! In Samraong, there are bikes available for you to borrow and go explore your local surroundings. There is a nearby park where you can relax or play volleyball with locals during your free time. With Siem Reap only two hours away from the accommodation, participants often opt to head there during the weekends to explore.

Project facts

Duration: 2+ weeks

Cost: See project pricing on our [website](#)

Requirements: Basic level of English

Location: Siem Reap and Samraong

Working hours: 8 am to 1 pm

Project availability: All year Round.
RECRUITING NOW.

Arrival day: Saturday

What's included

Accommodation: Shared room in volunteer house

Meals: 3 meals on weekdays, 2 on weekends

Airport: Scheduled airport pick up and drop off from REP (Siem Reap International Airport)

Training: Pre-departure information pack, learning reflection guide, on-site orientation, cultural tour and project induction provided

Support: 24-hour support from an on-site coordinator

Excursion Planning: Siem Reap City Tour Assistance with planning your weekend excursions from local staff

What's not

Flights
Insurance
Visas

Daily transfers to and from the project
Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Community Teaching and Cultural Immersion

ASIA

INDIA

The project

By volunteering in India on a Community Teaching project, you have the chance to give back to a number of communities where support is needed to enhance the quality of education. Volunteer assistance is needed within schools: helping to teach English and maths, providing essential support for early development and, depending on your project location, working within the local snake-charming community helping to develop interpersonal and language skills. The project aims to make learning enjoyable while enabling the students to have an increased exposure to English, which is considered to be highly beneficial for the communities' future job prospects and access to equal opportunities. Teaching placements are in a variety of locations from beach front rooms and slums to supporting teachers in poorer government-run schools or adult programmes.

The cultural immersion gives you an introduction to the ethos of what it means to be an Indian youth today in this incredibly diverse and colourful country. By joining Kaya and becoming a volunteer in this stunning and diverse country you can make a difference to the quality of children's education as well as gaining a much better understanding of many aspects of Indian culture.

Role of the volunteer

Volunteers are needed to provide their time, energy and support to a number of schools and education projects. Volunteers will be given detailed workbooks and guidelines to help them with their teaching. Activities may include:

- Teaching English and Maths and social skills
- Running games and sports activities
- Tracking attendance, especially of girls
- Creating play and learning materials.

You will be given workbooks and guidelines for teaching before starting your classroom activities. You will prepare for lessons each day and at the end, you will be responsible for updating records about the progress of the project and the students. You will also be asked to attend a weekly volunteer meeting. Where possible you will work full time on your project placement but in some instances, you may volunteer on one project in the mornings and another in the afternoon. Longer terms volunteers may be asked to help with extra tasks to support the project team.

Skills required

As a teaching volunteer, you must enjoy spending time with children and value the importance of education. The activities will depend on the needs of the school and also your experience. No experience is required. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

- ✓ Support and ease the burden of bursting class sizes on local staff while providing invaluable tutoring and support from a fluent English speaker.
- ✓ Help share the workload with local staff and bring professionalism, dedication and community awareness to these important projects.
- ✓ Drive local positivity, social development and education progress within vulnerable communities while adding a unique experience to your CV / Resume.

Project location

You will be volunteering in the beautiful bustling Pink City of Jaipur. Rural Rajasthan, the area beyond Jaipur is a blend of dynamic people, paddy fields to desert areas and is a sea of vivid colours. Jaipur is known as the Pink City because of the beautiful colour of the stone contains forts, sites and streets packed with crafts, fabrics and other items to buy.

Project facts

Duration: 2 – 4 weeks

Cost: See project pricing on our [website](#)

Requirements: age 16+ (parental consent form for 16 & 17 years old)

Location: Jaipur, India

Working hours: Monday – Friday mornings, 5 hours per day, 2 sessions

Project availability: 2 weekly start dates. For

more details, contact a Kaya Placement Advisor
Arrival day: Monday

What's included

Accommodation: shared room with en-suite in volunteer accommodation, dining room, lounge, resource preparation area

Meals: 3 meals a day, packed lunch at lunchtimes

Airport pick up: Airport pick-up and drop off from Goa or Jaipur Airport depending on your placement location

Training: pre-departure info pack, orientation with health and safety briefing

Support: 24-hour support

Excursion Planning: -

Transfers to the project

Internet at your accommodation

1 yoga sessions

1 local cooking demonstration

1 henna painting session with sari dressing workshop

1 evening visit and dinner with a local host family

1 Bollywood workshops for fun

1 Hindi basic session

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Volunteering for 16 and 17 Year Olds In India

ASIA

INDIA

The project

Join our volunteering for 16 and 17-year-olds in India to spend time with other young people and be a global citizen. You will work within local Indian communities, allowing you to genuinely learn about Indian culture. Help with activities that contribute to the overall goals of your selected project, choosing from teaching, women's empowerment or childcare. Get involved in extra activities, such as meals with a local family, henna painting and sari dressing workshop as well as yoga sessions.

The projects are located in disadvantaged communities and slums located in and around Goa or Jaipur. You will be welcomed into these communities and will certainly experience a different side of life while assisting the projects working there to improve the learning environment and access to education. Come to India to get immersed in this fascinating culture and use your caring personality to help improve the quality of life in poor communities.

Role of the volunteer

You will select the project and location of your choice before your arrival in India. Your options include:

- Childcare - playing games, reading stories, helping at mealtimes/bathtime, providing more directed attention in small groups and alleviating the workloads of the local care workers
- Teaching assistant - working in classes, helping with planning and running activities where needed
- Women's empowerment and community work-helping with numeracy, literacy, computer lessons and healthcare sessions with the local team

Skills required

If you want to join this program as a 16 or 17-year-old, you need to be ready to travel and meet new friends. You should be open to new ideas and situations, as you will eat authentic local food, work in communities far removed from anything you have seen before and mix with different cultures. You should be self-motivated and able to work in a team. Before being accepted, you will need to do a telephone interview and submit a reference. Your Kaya advisor will also need to speak to your parents / guardians.

Why choose this project

- ✓ Share your enthusiasm and energy with underprivileged communities. You'll be surprised by the friendly welcome you'll receive as you support these local projects.
- ✓ Learn about Indian culture by seeing how different life is in the communities in which you volunteer.
- ✓ Gain from participating in this project by gaining some level of independence and build your CV/resume.

Project location

You will volunteer in the beautiful bustling Pink City of Jaipur. Located in the desert, Jaipur has an amazing ancient fort and old city.

You can add-on excursions, enabling you to explore more than India has to offer. Plan a visit to the Taj Mahal, the Dalai Lama home at McLeod Ganj or attend a cliffside silent disco! Speak to a Kaya advisor about the different locations to learn which one is right for you and to learn about the exciting tours that you can add on!

Project facts

Duration: 2 – 4 weeks

Cost: See project pricing on our [website](#)

Requirements: age 16+ (parental consent form for 16 & 17 years old)

Location: Jaipur, India

Working hours: Monday – Friday mornings, 5 hours per day, 2 sessions

Project availability: 2 weekly start dates. For more details, contact a Kaya Placement Advisor

Arrival day: Monday

What's included

Accommodation: shared room with en-suite in volunteer accommodation, dining room, lounge, resource preparation area

Meals: 3 meals a day, packed lunch at lunchtimes

Airport pick up: Airport pick-up and drop off from Goa or Jaipur Airport depending on your placement location

Training: pre-departure info pack, orientation with health and safety briefing

Support: 24-hour support

Excursion Planning: -

Transfers to the project

Internet at your accommodation

2 yoga sessions

1 local cooking demonstration

1 henna painting session with sari dressing workshop

1 evening visit and dinner with a local host family

1 Bollywood workshops for fun

1 Hindi basic session

What's not

Flights

Insurance

Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.

Community Volunteering and Teaching in Southern Vietnam

ASIA

VIETNAM

The project

Bring your caring and sharing approach to life and participate in community volunteering in Southern Vietnam and help local centres with the care and activities supporting infant children and orphaned children as well as children who are HIV+ and children who have disabilities. The centres look after vulnerable kids in a daycare centre and residential capacity. Help is always needed to give the residents and visitors more one-on-one care. Individual attention is vital to improve the well-being of the people which is why the projects are seeking the inputs of volunteers. These groups of vulnerable children are welcome at the centres and not only do they receive meals and basic care, but they also participate in activities to make their time enjoyable. Come and volunteer with Kaya at one of these centres and bring extra support to the local staff with essential services provided to the communities.

Role of the volunteer

Volunteers will be supporting the overstretched local staff in their duties. Volunteers can choose to focus on one of the following community projects:

- Infant Children and Orphaned Children - engage teaching activities such as teaching English, Math, Computers / IT and creative subjects, music Lessons and practice (if you play an instrument), sports instructions or help with homework.
- Children who are HIV+ - support this daycare centre and children's home while caring for children who are HIV+ through assisting teachers, helping at meal times, helping with sensory development activities, teaching the children songs, games and activities and assisting with homework.
- Children with disabilities - at this centre, the children have mental and physical disabilities and you can get involved by helping with daily care, assisting with mealtimes and trips to the bathroom, running activities such as arts and games and generally helping the children with their mobility

Volunteers should bring a positive attitude and help where needed on these placements.

Skills required

This project is very suitable for those volunteers who can bring their enthusiasm, kind nature and willingness to help others. No specific areas of expertise or skills are sought as this placement relies heavily on compassion and an interest in others. Some of the tasks are not glamorous but it is a very worthwhile placement. The project is looking for volunteers who like to work as part of a team but who are able to use their own initiative when required. You will be asked to send your CV/resume to identify your skills, experience and interests before being accepted onto this project.

Why choose this project

- ✓ Gain an incredible insight into how the welfare of vulnerable members of Vietnamese society is addressed and be a part of that process.
- ✓ Give an extra hand to the local centres that help vulnerable children in desperate need for help, and make the beneficiaries experience a little more fun.
- ✓ Gain an international network of friends and grow personally through your experiences on the project and during your time in Vietnam, all that while building experience for your CV/Resume.

Project location

The projects are located in Ho Chi Minh City, also known as Saigon, in southern Vietnam. Ho Chi Minh is the largest city in Vietnam and is an economic hub as shown with a variety of bars, restaurants and hotels present in any thriving city. The former presence of the French is evident in some of the buildings with their colonial architecture dispersed amongst pagodas and Russian style apartment blocks. Popular attractions in the city are the museums and the Jade Emperor Pagoda. On the weekend, why not take a boat trip on the Mekong Delta and explore the floating villages and take in the wide paddy fields. For those of you interested in the Vietnam War, head to the Cu Chi tunnels and perhaps follow this up with a relaxing dip in the sea at Hi Coc. Vietnam has plenty to offer and if you have time after your volunteering placement you could easily travel by train or bus to explore this country of contrast or alternatively visit Cambodia, just over the border from Ho Chi Minh.

Project facts

Duration: 2 - 26 weeks

Cost: See project pricing on our [website](#)

Requirements: age 16+

Location: Ho Chi Minh City, Vietnam

Working hours: Monday - Friday, 5 - 6 hours per day

Project availability: all year around

Arrival day: Monday, twice per month.

What's included

Accommodation: Shared room in a volunteer house

Meals: 3 meals per day Monday - Friday (packed lunches at lunchtime)

Airport pick up: Airport pick up and drop off from Tan Son Nhat International airport

Training: Pre-departure packs, on-site orientation including cultural awareness

Activities: Local cooking demonstration and dinner with a local family

Support: 24-hour support

Internet access: available

Additional services for participants on the Travel and Volunteer option

What's not

Flights
Insurance
Visas

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.