

ZAMBIA

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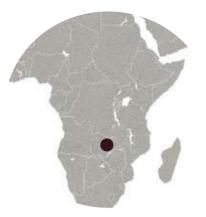
Sports and Community Volunteering in Zambia

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and .



Discover the heart of 'real Africa', where the enthusiasts go to get closer to nature and closer to those who really need our help.

This landlocked, former British colony, was called Northern Rhodesia until its independence in 1964. It borders 8 other countries, including Zimbabwe, with whom it shares the Great Victoria falls.

Zambia's national parks are considered some of the best places in Africa to safari, as well as attracting anglers and ornithologists from all round the world.

With nearly 70% of the population living below the poverty line and an estimated 1 in 5 adults infected with the HIV virus, this is a country that has a great need for volunteer help.

Life outside of the project

Whether you are living within the national park or the town of Livingstone, your volunteer house is always a sociable retreat. With pleasant communal areas, you can relax after a hard day, with all your meals cooked for you during the week. And if you still have energy at the end of the day, the small town is a 5-minute walk. At the weekends, take the opportunity to adventure on the Zambezi river, marvel at Victoria falls and explore Zambia's wildlife. You may even have an opportunity to join in the weekend activities of the local schools and sports groups. Or go explore further with the many surrounding countries and tourist attractions including the famous Botswana Chobe National Park.

Zamb<u>ia</u>





Weather

Average temperature: 22°C Cool and Dry season: from May to August

Hot and Dry season: from September to November

Warm and Wet season: from December to April.



Community volunteering at Christmas in Zambia

The project

Why not do something different this year and join us for community volunteering at Christmas in Zambia. The project is located near the amazing Victoria Falls in Zambia and focuses on working with local communities and do something extra special this Christmas. Instead of over indulging and trying to keep the family happy, why not do something different and help those a lot less fortunate than you this year? The project works with disadvantaged children and adults in a number of communities located near Livingstone. The days are divided between activities focused on the children in the community who are on their long break from school, the elderly, and other community based programmes. Children's activities include a reading club and art club to give children focused activities during the holidays. The elderly are visited as the community are often very busy dealing with day-to-day struggle to spend extra time with them. The two community initiative are sustainable farming and a building project which can generate an income or provide shelter for the community. So why not become immersed in local Zambian life and culture and make friends for life on the project, both locals and other international volunteers, by participating on this community volunteering project at Christmas.

Role of the volunteer

During the day volunteers will be split across the programmes, to ensure that each area receives support. There will be a set schedule to follow - meaning that you always know what is expected and where you will be helping out. Some activities in which you may be involved include:

- Reading clubs with children teaching phonics, helping with pronunciation and spelling.
- Art activities bring your own activities and ideas and have fun with the children.
- Adult literacy club teaching adults by following a structured syllabus.
- Farming activities maintaining crops through planting, watering and weeding.
- Elderly Home games, reading and physical activities with the elderlies.
- Building mixing cement, laying bricks, cementing or painting walls.

You will be asked to participate in a range of activities during your placement period so you will have plenty of opportunity to interact with various age groups within the community.

Skills required

You do not need to have any specific skills to participate in this project. Just bring along your enthusiasm and willingness to get involved. Anyone with experience in child care, education or working with the elderly will be more than welcome. If you have a specific skill that you are able to share please let us know. You will be asked to send your CV/resume before being accepted onto this project.

Why choose this project

Make a positive impact by using your Christmas holiday and spend it with communities in Zambia.

Benefit from cultural immersion and make lifelong friends.

Help support local staff and give them a break from their tireless efforts to support disadvantaged children, give some one-on-one time with the elderly and complete essential community work.

Project location

Livingstone is a large town and has many things to offer from internet cafes, a bakery, ice-cream parlour, banks with ATMs, curio markets, supermarkets, local markets, a post office, museums to various restaurants including Chinese, seafood, Indian, Italian, English, of course – Zambian! You will be staying near one of the Seven Natural Wonders of the world – Victoria Falls, where you will find a wide range of adrenaline activities, river boats, and game viewing opportunities. Livingstone is situated in a prime location between some fantastic countries and will be in an ideal location for a getaway weekend in Zimbabwe or Botswana for the ultimate game viewing in Chobe National Park.

Project facts

Duration: 2 - 12 weeks. Requirements: age 17+ Location: Livingstone, Zambia Working hours: 07:45 - 16:30, Monday -Friday

Project availability: December to January - Please speak to an advisor. RECRUITING FOR SPRING 2021 **Arrival day:** Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner Monday to Friday

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) Trips include: Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and weekend excursions across to Zimbabwe.

What's not

Flights Insurance Visas Meals at weekends Police/Government Background Check; US and UK citizens will be processed through

Kaya (admin fee applies) all other nationalities must provide local police check.



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Teaching and Community Work

The project

Volunteer in Zambia on a teaching and community project where large class numbers combined with a small number of teachers means that children struggle and are unable to get the one-on-one attention needed. The schools want to be able to do more, but without funding, they cannot bring in additional staff. The project collaborates with the local Department of Education ensuring that project activities are in line with local needs and solutions include classroom assistance, preparing materials, building and refurbishing school facilities as well as after-school activities. Teacher's development has also been identified as a priority and experienced volunteers are helping to develop the skills of locally qualified teachers, aiming to improve the ongoing quality of education. There are also many areas within the community where volunteer support is required as the project works on a wide range of activities including adult literacy and manual work like painting and refurbishing. During school holidays, teaching and extra-curricular activities are run at holiday clubs for the students. This project provides a range of support for the community and this is an exciting opportunity for you to contribute your time, skills and effort. Come to Zambia and work with local staff to provide education access for all, and learn about the challenges facing Zambian teachers.

Role of the volunteer

Depending on your qualifications, you may spend the mornings working as a teaching assistant in local schools, giving extra one-on-one attention to those children requiring some additional help with their work. You will also assist teachers with marking tests as this is an important part of the education system in Zambia, and it is very time consuming. You may also help with group work. In the afternoons, you will help out on other community projects including building and refurbishment work, helping to care for the elderly, adult literacy classes, farming activities or children's art clubs. In school holidays, teaching continues in holiday clubs where lessons are mixed with fun activities for the children. If you are a qualified teacher your skills and knowledge can be put to good use in developing training materials and running teaching training sessions, as these are few and far between. Before you join the project, you will be matched with a school and you will spend the mornings of your first week in the classroom assisting the local teachers and gaining an insight into their challenges. In the afternoon, you will join other community activities. In weeks 2 - 4 you will deliver sessions in the afternoons on topics such as behaviour management, teaching styles, and resource development using training sessions, providing model classes and even doing observations and giving feedback.

Skills required

You do not need to have a prior teaching qualification for this project, but it would be useful. A good command of English as well as good reading and writing skills are needed. You will be assisting local teachers and will have the opportunity to hold your own classes or workshop especially when you are involved in afternoon reading clubs, maths clubs and adult literacy sessions. Above all, you must love children, have a flexible attitude and be a good communicator. You will be asked to send your CV/resume as part of the application process.

Why choose this project

Spend your time providing assistance within the community schools of Livingstone.

Gain an insight in the challenges of managing children and understanding the challenges of working in a resource poor setting.

Share the benefits of your own training if you are already a teacher with those who do not have easy access or opportunities to learn new skills and techniques.

Project location

Volunteers stay at a comfortable and secure complex. The accommodation has a dining room/meeting room, a bar, a pool and several lounges to relax. Livingstone is a large town with a wide range of amenities including internet cafes, ATMs, local markets, supermarkets, a post office, various restaurants including local and international cuisine. You will be located close to one of the Seven Natural Wonders of the world – Victoria Falls, where you will find a wide range of adrenalin activities, river boats, and game viewing opportunities. Livingstone is also an ideal location for spending the weekend in Zimbabwe or popping over to Chobe National Park in Botswana. What a fantastic opportunity not to be missed!

Project facts

Duration: 2 - 12 weeks. Requirements: age 17+ Location: Livingstone, Zambia Working hours: 07:45 - 16:30, Monday -Friday

Project availability: Projects start every Monday. RECRUITING FOR SPRING 2021 **Arrival day:** Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) and include Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and more.

What's not

Flights Insurance Visas Meals at weekends Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.



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Girl and Women Empowerment Volunteering Project in Zambia

The project

Support girls and women with more access to education and help to make better futures for themselves and their families by joining us on our girl and women empowerment volunteering project in Zambia. The project supports women to read and communicate in English with the international tourist coming to Livingstone. It also helps women gain skills to develop a business and increase the family income to support their children. Activities also encourage girls to participate in sports and dream big for themselves. Workshops for girls and women focusing on things such as life paths, emotional and social issues and other topics such as sexual and reproductive health, staying safe and their rights are organized. A curriculum is in place and evolves in line with the needs of the community. The project now also involves boys and men into the activities to shift everyone's minds and bring about changes to the conditions and rights of the girls. There are also many areas within the community where volunteer support is required as the project works on a wide range of activities in the community including adult literacy and manual work like painting and refurbishing. This project provides a range of support for the community and this is an exciting opportunity for you to contribute your time, skills and effort.

Role of the volunteer

As a participant on the girl and women empowerment project, you will be involved in a variety of interesting project activities to help the women and girls in the community such as:

- Sports activities with girls aged 12-14.
- Teaching adult literacy for beginner and advanced students.
- Farming activities with girls and women.
- Women's groups running skills, awareness and reflection sessions on women's rights, safety, self esteem and making a living.
- Girls groups running skills, awareness and reflection workshops on subjects such as menstruation, early pregnancy, safety, girls rights and sexual health.

Those that have areas of specialty may be asked to run focused sessions during their placement.

Skills required

You do not need to have a background in social empowerment focusing on women or girls but a willingness and interest in working on a range of initiatives to enable them to improve their lives is a must. You must be compassionate, friendly and willing to get involved where needed as this is a varied placement to help women and girls feel empowered and improve self confidence. If you have a particular experience or skill set that you can share then please tell us and we discuss how that can be applied to your placement. Specialties that are highly sought are teachers, social workers, youth workers, community workers and health workers - but all are welcome. You will be asked to send your CV/resume as part of the application process.

Why choose this project

Gain an insight and appreciation of how women and girls around the world are impacted by reduced access to education, healthcare information, work opportunities and rights.

Learn about approaches to empower women and girls that are being taken and the challenges that need to be overcome.

Gain some front line experience if you are studying women's empowerment, community work or social work.

Project location

Volunteers stay at a comfortable and secure complex, a stone's throw away from Livingstone town centre. The accommodation has a dining room/meeting room, a bar, a pool and several lounge areas. Livingstone is a large town with a wide range of amenities including internet cafes, ATMs, local markets, supermarkets, a post office, various restaurants including local and international cuisine. You will be located close to Victoria Falls, one of the Seven Natural Wonders of the world where you will find a wide range of adrenaline activities, river boats, and game viewing opportunities.

Project facts

Duration: 2 - 12 weeks. Requirements: age 17+ Location: Livingstone, Zambia Working hours: 07:45 - 16:30, Monday -Friday

Project availability: Year round apart from 3 weeks over Christmas and New Year. RECRUITING FOR SPRING 2021 **Arrival day:** Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport: pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) and include Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and more.

What's not

Flights Insurance Visas Meals at weekends Police/Government

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.



Health Promotion and Community Volunteering in Zambia

The project

This project works with healthcare teams in the mornings and community-based projects in the afternoons, in an effort to improve the lives of the impoverished community members from young to old, many of whom are HIV positive or are suffering from Malaria or TB. Home Based Care is vital for this community. Health activities undertaken on this project include home visits for the very sick, clinical work, HIV education. Talks for the communities are also organized regarding topics such as nutrition and basic health, and visits to old people's homes to provide much needed assistance to the understaffed facilities. Community work is an important aspect in supporting initiatives such as repairing and building structures, providing much needed extra help for literacy, art and mathematics clubs, and working in local old people's homes as well as sports clubs. Farming support for sustainable livelihoods initiatives is also provided.

Role of the volunteer

If you are studying or considering a career in healthcare or nursing, this is a great project focusing on health promotion and community volunteering in Zambia. The volunteer's duties will be split between health and community activities and may include:

Home Based Care – Provide basic advice, comfort and assistance to members of the community with little or no access to clinics or hospitals. Chatting to patients about the importance of hygiene, a healthy diet and exercise as well as taking their medication are essential parts of this activity.

HIV, Health and Nutrition Community Education – Working in small groups with local staff, volunteers help to teach about communicable diseases, healthy living and to provide HIV awareness and prevention.

Clinics – Performing basic checks alongside the medical officer, helping complete paperwork, assisting the workload of local doctors and nurses and observing patient care are examples of clinic work.

Farming - Helping prepare the ground and maintaining crops on one of the sustainable farming initiatives to support local communities in their efforts to become self-sufficient. **Reading Club & Adult Literacy Clubs -** Joining after schools clubs and adult classes to help improve literacy by focusing on phonics, spelling, pronunciation and general fluency. **Old People's Home -** Engaging the elderly in games, reading and physical activities.

Skills required

Volunteers do not need to be qualified but you do need to have a great deal of enthusiasm and patience. A First Aid Course is recommended but a half day medical induction is included for every volunteer as part of orientation. Medical professionals are needed to help build the capacity of local staff through training and one to one coaching as the provision of treatment is not permitted on this placement in line with Zambian law. You will be asked to send your CV/resume before being accepted onto this project and attend a telephone interview. A flexible attitude is a must as you will be working with vulnerable communities and activities can change in line with local needs. As the project partly concerns home based care, there will be a lot of walking to and from patient's homes. Some days you may be walking up to 6km a day so a good level of fitness is required.

Why choose this project

Assist and support trained staff with non-medical and community-based activities

Provide a helping hand in a system struggling to cope with rising HIV numbers, limited education and a lack of resources for the young and old.

Challenge yourself with an experience outside the box and give yourself personal growth opportunity.

Project location

Livingstone is a large town with a wide range of amenities including internet cafes, a bakery, ice-cream parlour, Barclays bank, ATM's, curio markets, supermarkets, local markets, a post office, various restaurants and two museums. You will be located close to one of the Seven Natural Wonders of the world – Victoria Falls, where you will find a wide range of adrenalin activities, River boats, and game viewing opportunities. Livingstone is situated in a prime location between some amazing countries - why not pop into Botswana for an amazing view of local game in its natural habitat?

Project facts

Duration: 2 - 12 weeks. Requirements: age 18+ Location: Livingstone, Zambia Working hours: 07:45 - 16:30, Monday -Friday

Project availability: Every Monday of each month, year round. RECRUITING FOR SPRING 2021 **Arrival day:** Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport: pick up and drop off Livingstone International Airport.

Training: Healthcare ethics & culture doc, pre-departure info pack, learning reflection manual, on-site orientation and

project induction provided

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff can arrange weekend activities including Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises and more (additional costs apply to activities)

What's not

Flights Insurance Visas

Meals at weekends Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.



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Public Health Internship

The project

Quality healthcare in Zambia often depends on locations, educations, gender and income. The disparities to quality healthcare are often anchored from generation to generation as the norm. Zambia is classified as a lower middle-income country with its gender inequality index ranking very low. Zambia's health sector is facing many challenges such as a shortage of trained staff and an increased workload with the HIV epidemic. Family planning services, education for girls and women unemployment are amongst the reasons of Zambia's high fertility rate. The internship was designed to assist in the different steps being taken to improve public health locally. This includes promoting healthy lifestyles, implementing educational programs, conducting research on healthcare disparities, promoting healthcare equity, quality and accessibility, building information package, breaking boundaries with mental health, looking at gender and age issues, amongst others.

Role of the volunteer

The internship is clearly divided up in 4 weeks of learning where you will:

- Week 1 be provided with the foundation needed to hit the ground running, by learning about the context, partaking in knowledge-sharing and be introduced to the local clinic, and receiving training in data-capture and analysis.
- Week 2 be taught how to run workshops effectively while gaining an understanding of the community and its challenges. You will be supported by the team on real practical service work and be given some time to reflect on your progress.
- Week 3 be growing your knowledge and confidence, as well as get exposure to various influential people in the field locally.
- Week 4 be given the opportunity to fly "solo" by doing research, ensuring the delivery of workshops, sit on a variety of talks within the community and work in the home-based care system.

Skills required

Working knowledge of computers is essential including some experience with word and excel. Fluent level of English is also necessary as you will be working in the public health field. You do not need to be native, but have a good command of the language with the ability to read, speak, write and understand it easily. If you are studying public health or looking to get in the field, this is a perfect placement for you. Positivity, flexibility and passion are a must as you will be working in a challenging environment.

Why choose this project

Explore public health issues in an African context

Be exposed to various professionals that work in various clinics and NGOs in the local villages

Advance your leadership skills and interpersonal skills in a multicultural environment

Project location

About the location

Livingstone is a rural town which will let you experience "the real Africa". Livingstone offers a great selection of restaurants and has the convenience of offering a walkable living style as the local convenience shop, cafes, and Curio market are all within 5 minutes walk of your accommodation.

Accommodation

You will be staying in a private volunteer house sharing your room with 2-4 other volunteers with access to a swimming pool and many shared common space to catch up with others while relaxing.

What to do in your spare time

So close to the Victoria Falls, one the Seven Natural Wonders of the World, you will have the opportunity to experience the great outdoors, sports and wildlife by seeing the Falls from the Zambian and Zimbabwe border as well as go on safaris around the area or cross over into Botswana famous Chobe National Park.

Project facts

Duration: 4 weeks

Requirements: age 17+ Location: Livingstone, Zambia Working hours: 07:00 - 17:00, Monday -Friday, with a 2 hour break for lunch Project availability: Projects start every month and run year round except for the month of December. RECRUITING FOR SPRING 2021

Arrival day: Depends on the month. Speak to your advisor

What's included

Accommodation: Shared room in a volunteer house, common lounge, recreational area, on-site pool Meals: 3 meals per day - Breakfast, Lunch and Dinner (weekdays only)

Airport pick up: Airport pick up and drop off Livingstone International Airport. **Training:** Pre-departure information pack, on-site Orientation and project induction and training provided

Laundry: Laundry service is included Support: 24-hour support from on-site coordinator plus personal development coach

Activities: Staff help organise weekend activities. (Activity price may be extra) such as Bungee Jumping, White Water Rafting on the Zambezi, and Helicopter Flights over Victoria Falls, Zambezi River Cruises or safaris in nearby national parks

What's not

Flights Insurance Visas Meals at weekend Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.



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Sports and Community Volunteering in Zambia

The project

Share your energy and skills on this project focused on sports and community volunteering in Zambia. The project supports the belief that sport is an essential and effective tool to teach various subjects such as HIV, nutrition and a healthy lifestyle. Working within primary schools, with sports teams for teenagers in the community and as part of a wider community outreach, this project provides the social and physical benefits of sport alongside important educational tools. Children are also reminded about the importance of teamwork, trying their best, not cheating and listening. Through connections with the community, the project is also involved with other activities as they arise, such as building and refurbishment and farming initiatives. The project aims to make sports available to everyone, whether they are in school or not. Join this sports and community volunteering placement in Zambia.

Role of the volunteer

Sports volunteers spend their time training, guiding and working with children in the Livingstone community as well as providing physical education in schools. As part of the project, volunteers also encourage involvement from the teachers as a mean to train them so they can continue the work. Not only do the volunteers teach sports and its rules, but they also hold team-building exercises and teach basic hygiene and health lessons. As part of the project, you may:

- Work in local government and community schools, running PE lessons focusing on team activities while emphasizing messages such as being honest, taking turns, listening and following instructions. Students are in years 4 to 6
- Help out on other community projects in the afternoons including building and refurbishment work, helping to care for the elderly, conducting reading club, teaching adult literacy classes, or participating in children's art clubs or after-school clubs.
- Run the after school sport clubs for both boys and girls

During the school holidays, teaching volunteers work closely with sports volunteers. They teach lessons for the first half of the morning and then engage the students in recreational activities. They also teach the importance of a healthy lifestyle including sports.

Skills required

No specific skills are required, but a lot of energy and enthusiasm is needed to keep up with these energetic youngsters. You will need to use good communication skills to manage classes of up to 50 children! Your schedule is set for you by your volunteer coordinator; however, if you have any particular interests or skills you would like to use, we would love to accommodate them! The children at the schools are always keen to learn new sports. We can set up a class for you to teach rugby, athletics, cricket, or whatever your interest is! Equipment is very difficult to come by so please keep that in mind, i.e. hockey sticks. If you are able to acquire donated sporting equipment, it's always greatly appreciated. You will be asked to send your CV/resume before being accepted onto this project to ensure you are a great match for this placement.

Why choose this project

Help organise and run the sports activities and manage the training of the local boys football and girls sports teams.

Create lasting knowledge, encourage teamwork and help build self-esteem.

Build your CV/Resume as well as develop your own understanding of communication and the impact of sport son a community.

Project location

Livingstone is a large town with a wide range of amenities including internet cafes, a bakery, ice-cream parlour, banks with ATMs, curio markets, supermarkets, a post office, museums and various restaurants including local and international foods. You will be located close to the Victoria Falls, one of the Seven Wonders, where you will find a wide range of adrenaline activities, river boats, and game viewing opportunities. Livingstone is situated in a prime location giving the opportunity to spend the weekend in Zimbabwe or in Chobe National Park in Botswana for a day of ultimate game viewing. You will reside in a comfortable and secure complex with lounges to relax, a bar, a swimming pool and even a climbing wall!

Project facts

Duration: 2 - 12 weeks.

Requirements: age 17+ Location: Livingstone, Zambia Project activities: Teaching general PE and football training, organising matches and adjudicating, teaching lessons through sport, supporting community activities

Working hours: 07:45 - 16:00, Monday -Friday

Project availability: Every Monday of each month. RECRUITING FOR SPRING 2021

Arrival day: Monday

What's included

Accommodation: Shared room in single sex dorms in a backpackers lodge with a large garden, swimming pool and dining area

Meals: 3 meals per day - Breakfast, Lunch and Dinner (apart from weekends)

Airport pick up: Airport pick up and drop off Livingstone International Airport.

Training: Pre-departure information pack, on-site Orientation and project induction provided.

Support: 24-hour support from on-site coordinator

Transfers to and from your project each day

Activities: Staff help organise weekend activities. (Activity price may be extra) and include Bungee Jumping, White Water Rafting on the Zambezi, Helicopter Flights over Victoria Falls, Zambezi River Cruises, visits to Botswana's Chobe National Park and more.

What's not

Flights Insurance

Visas

Meals at weekends

Police/Government Background Check; US and UK citizens will be processed through Kaya (admin fee applies) all other nationalities must provide local police check.



Project Costs for Zambia

COUNTRY	PROJECT	2 WEEKS PRICING		4 WEEKS PRICING		EXTRA WEEKLY PRICING	
		Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)	Price GBP (£)	Price USD (\$)
Zambia	Community volunteering at Christmas in Zambia	£1155	\$1803	£1560	\$2435	£185	\$288
Zambia	Teaching and Community Work	£1155	\$1803	£1560	\$2435	£185	\$288
Zambia	Girl and Women Empowerment Volunteering Project in Zambia	£1155	\$1803	£1560	\$2435	£185	\$288
Zambia	Health Promotion and Community Volunteering in Zambia	£1155	\$1803	£1560	\$2435	£185	\$288
Zambia	Public Health Internship	N/A	N/A	£1822	\$2845	N/A	N/A
Zambia	Sports and Community Volunteering in Zambia	£1155	\$1803	£1560	\$2435	£185	\$288



Program Agreement, Terms and Conditions

Thank you for choosing to apply for placement on a Kaya programme. We are committed to providing you the best support as you prepare for the experience of a lifetime, which is why we have laid down the following terms and conditions. By checking the agreement of these terms and conditions you have accepted to abide by the rules laid down in this agreement, and we suggest that you read the details carefully and speak to us if you require any further clarification. Please note there may be additional conditions that apply to individual placements.

Program Agreement Terms and Conditions

NOTE: The current terms outlined include temporary accommodations made to address the current Covid-19 global pandemic. We have called these Kaya Amended Coronavirus Terms – Kaya ACT. These temporary terms are outlined alongside Kaya regular terms and conditions and may be amended at any time. These are all shown in red for easy identification.

Deadlines, Dates and Prices

Applications are accepted throughout the year and are subject to limited space availability. Programs are priced individually and displayed on the Kaya website alongside each project. Deadlines are based on the dates of the desired placement. Some programs and project placements fill up prior to their published application deadlines. Apply early to secure your space. Important deadlines for the Kaya Programs are:

Early Application

Application can be made up to 1 year in advance, however, arrangement and communication of the program specifics will commence 2-3 months prior to program start.

Application Deadline

Programs have varying deadlines. Most are around 3 months prior to the program start. Last-minute bookings will be considered on an individual basis. Last-minute bookings are advised that their placement arrangements may require more flexibility to accommodate.

Total Fee Due

60 days prior to program start – unless specified for a particular project

Late Payment

Payment deadlines are displayed on the invoices provided. It is important to meet these deadlines to secure your placement, and missing these deadlines may result in the cancellation of your placement. Where a payment extension is requested, this will be considered on a case-by-case basis and will incur a late payment fee of £35/\$60 basis.

Program Start and Finish Dates, Current Prices, and "What's Included" are displayed on the Kaya website alongside each project. Details shown on printed materials are subject to change. Projects prices are reviewed annually and bookings for the following year may differ from those listed. Payments may be made in GB£ or US\$.

Application Instructions

Apply online: https://www.kayavolunteer.com/book-now

At the time of initial application, an application fee of GBP£75/ US\$95 is requested. This fee will be deducted from your total program fees. This is a non-refundable fee that enables us to process your application and ensures we work to match you with the best possible placement for your skills, interest, and needs. In the event that the application is rejected by Kaya, this payment will be returned in full. You will be provided the option to "speak to an advisor before submitting your fee", but please note that your application may not be completed until payment of this fee is received.

Upon receipt of the application form and fee, we will contact you to arrange an online interview, work with our in-country teams to review your information, and offer you a placement in line with your request. Kaya will contact all applicants within 2 weeks of receipt of the application.

Confirming your placement: Once a placement is offered, you will have the option to confirm your placement and dates, and reserve your space with a confirmation fee of GB£150/ US\$250. This fee will be deducted from your total program fees.

Kaya ACT: During the Covid pandemic, this payment will not be requested until travel to that country is possible (the host country borders open to you, and your home country is allowing travel to the host country). These will be deferred until confirmation of travel dates can be provided, at which time applicants may decide whether to proceed with, or cancel their application. Until your confirmation fee is received we cannot guarantee your space on the program. See Trip Cancellation & Refund Policy below for further details.

Additional deposit fees: A small number of our programs have an additional deposit applied by our in-country project partners. You will be notified of this on initial inquiry if this exists for your program. Any payments made will be applied toward the total program fee. These additional deposits are non-refundable in all cases but can be applied to future participation for that specific placement if your placement dates need to be moved.

Trip Cancellation & Refund Policy

Kaya reserves the right to cancel any program if there are insufficient registrants (where minimum numbers apply) or if Kaya determines it is in the best interest of the applicant's safety and quality of programming to cancel the program. Kaya is not responsible for other costs incurred by applicants preparing for the trip. Should a program be canceled by Kaya, for any reason, applicants will be offered the option of positions in other Kaya Programs or a full refund on all fees paid, minus application fees and bank charges.

For participants wishing to cancel or shorten their program, the following terms apply:

- Application fees are non-refundable in all instances for successful applicants. Unsuccessful applicants will be fully refunded.
- Additional deposits, where applicable, are also non-refundable in all instances.
- Confirmation fees: If you decide to cancel, for any reason, any time up to 61 days before travel, we will provide a 50% refund, less application fee, and bank fees.

If the travel status of your program changes prior to your travel dates, and those are likely to interrupt your travel at your booked program time, we will provide a full refund, less application fee, and bank fees. Cancellations made within 60 days before departure will make confirmation fees non-refundable.

 Program fee balance – Payment of all remaining program fees are due 60 days prior to your program start date. Payment of program balance fees prior to this deadline are fully refundable up to 61 days before departure (minus any bank fees incurred). Payments not received by this deadline may result in the cancellation of your program or a late payment surcharge of £35/\$60.

If the travel status of your program changes prior to your travel dates, and those are likely to interrupt your travel at the booked program time, we will provide a full refund, less application fee, and bank fees.

• Under our standard terms, if you decide to cancel or shorten your program within 60 days of your program start, no refunds will be provided.

Individuals who cancel or shorten their program, for any reason (including health, bereavement, and visa issues) less than 60 days prior to the program start or during the program will not receive any refund, and we encourage you to approach your travel insurance to seek compensation in this instance. We are happy to provide proof of payment and cancellation if required. Travel insurance with trip cancellation coverage is strongly encouraged for this reason.

- Kaya ACT: Due to the impacts of Covid-19, for programs planned for 2021 we will be providing a more flexible cancelation policy. For programs with start dates in 2021, if you decide to cancel between 60-31 days prior to travel, a 50% refund less application fee and bank fees will be provided. Some programs are exempt from this flexible arrangement and you will be notified of this upon booking. After 30 days, no refunds will be provided.
- Date Flexibility Participants will be permitted to change program dates any time until 2 weeks prior to departure, for any reason, for no additional fees. Last-minute changes will be considered on a case-by-case basis. New dates will be subject to availability. Programs being delayed to a future year may incur program fee increases. Dates must be changed prior to payment deadlines for "payment due" dates to be amended.



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Program Agreement, Terms and Conditions

- If the Participant cancels for any reason, the Participant must notify Kaya in writing. The cancellation will be effective upon receipt of the written notification by Kaya to info@kayavolunteer.com. Careful planning goes into developing volunteer and intern programs for every individual applicant. As a result, Kaya and our host communities and partners incur substantial administrative and planning costs, including accommodation reservation fees, prior to the start of each program.
- Kaya strives to ensure sustainable projects and quality programs for Participants. The Refund Policy is defined in an effort to protect and accomplish these goals. Kaya deals with each situation fairly, in consideration of well-established policies, and with the best interests of community members and Participants in mind.

Date and Project Changes

Upon application, you will receive an interview in which your placement and program dates will be discussed. When you confirm your placement and pay your confirmation fees, we will agree program dates against which your placement will be held. We encourage you to stick to these as the projects plan around your participation. Under standard terms, one (1) date or program change made prior to 60 days before departure will be accommodated for, at no charge, subject to availability. Placements moved to the following year may be subject to price increases. After 1 change has been accommodated for, any future changes made will be subject to an administration charge of GBP£40 / USD\$70 – payable at the time of change. For project changes where the original project incurred an additional deposit, the additional deposit amount will NOT be transferable to your new project.

Date changes requested within 60 days prior to departure will be considered on an individual basis, the original payment deadlines will apply and changes will be subject to an administration charge of GBP£40 / USD\$70 – payable at the time of change. Placement changes within 60 days prior to departure are typically not accommodated for, due to project commitments made at that time.

Under Kaya ACT, the 60-day deadline outlined for changing program dates without a fee has been reduced to 14 days, with further flexibility considered as a result of travel bans and advisories in place at the time of your placement.

Age

Participants must be aged 18 years over at the time of pick up, unless expressly agreed in advance by Kaya. Kaya reserves the right to cancel any application or terminate any placement, without refund, if false proof of age is found to have been supplied.

For participants under 18yrs, who have been accepted onto a Kaya program, parental consent is required and participants agree to our Code of Conduct, which includes strict policies about alcohol consumption. Where accepted, participants under 18yrs will not be offered any different or additional service or treatment to other participants. All participants under 18yrs must participate in an interview and require a reference from a professional person who has known them for over 2 years.

Program Flexibility

Kaya programs are different from travel or adventure programs. Each development project and work experience placement is unique and often cannot be implemented exactly as planned for a variety of reasons. Itineraries shown are a guide and the order of activities may be shifted in line with factors, including, but not limited to the weather, changing project needs, local regulations and individual situations. Project activities shown cover most areas that you may be asked to get involved, but additional activities may arise that require your assistance and not all activities shown may be carried out in the period of your stay. Applicants are advised that these variables may require changes before or during a program. Part of the challenge and growth opportunity is in adapting to changing conditions and overcoming the obstacles they may present.

Legal Jurisdiction, Release of Liability and Assumption of Risks

UK and European Participants:

Participants from the UK and European countries booking their placements on kayavolunteer.com enter a contract with Kaya Responsible Travel Ltd., of The Arches, North Campus, Sackville St, Manchester, a company registered in England and Wales (company number 6885700). This contract is governed by English law under the exclusive jurisdiction of English courts.

Participants from North America and other Non-European countries:

Participants from North America and other Non-European countries booking their placements on kayavolunteer.com enter a contract with Kaya Responsible Travel Ltd, part of the Global Educators Inc consortium of 3 Ferry Street, Studio 3-West, Easthampton, MA, a company registered in the state of Massachusetts, USA. This contract is governed by the laws of the State of Massachusetts, U.S.A., excluding Massachusetts's conflict of laws rules, regardless of your location. You hereby expressly consent to exclusive jurisdiction and venue in the federal and state courts located in Massachusetts U.S.A., for all matters or disputes arising out of or relating to these Terms and Conditions or your access or use of the Website.

All Participants:

In organising and managing volunteer projects, work experience placements, group programs, and courses, Kaya, its agents, employees, and staff give notice that they act solely on behalf of and for the benefit of the participants, on the express agreement that Kaya shall not be liable, financially or otherwise, for non-performance or unsatisfactory service; for the injury to persons including death, for loss of or damage to property, for accident or delay, and/or for expenses arising from strikes, weather, quarantine, sickness, government regulation, civil unrest or war, or from any act or omission of Kaya agents or employees, and/or airline, mail services, rail, bus company, vehicle rental entity, hotel, restaurant, or other suppliers of service.

By submitting this application form the participant assumes all of these risks and agrees to indemnify Kaya, its officers, directors, and employees harmless for any and all liability that may arise in connection with participation in the Kaya Programs. Kaya reserves the right to refuse any applicant admission to any program if he or she is deemed ill-suited for the program. Important program information will be sent to the email address provided on the application. Photographs, videotapes, and/or statements of participants may be used in promoting Kaya. Kaya publishes program and project photos on a regular basis on the Kaya website. These photos and videos are available for participants, family, and interested individuals to download, email, or print for personal use. Photography usage for distribution purposes will be considered on an individual basis on application to Kaya.

Participants accept that they will be subjected to various physical and emotional demands and accept that the standard of living, including food, hygiene and accommodation in the relevant country may be below the general standards of their own country. The Participant also understands that certain risks may arise, including, but not limited to, hazards of traveling in remote areas; travel by automobile, van, bus, airplane, boat, train or any other means of conveyance; the forces of nature; civil disturbances; national or international conflicts; terrorism; arbitrary itinerary changes made by foreign governments or vendors; dive related accidents, boat accidents; interacting with dangerous wildlife; personal injury or illness from the local environment; accident or illness in remote locations without immediate evacuation or medical facilities; or negligent acts of third parties. The Participant asserts that they know, understands and appreciate these and other risks inherent in the program, agrees that participation is completely voluntary and assumes all risk associated with the program.

Kaya shall have no responsibility for any activities undertaken by the Participant outside the scope of those directly relating to the program, including activities that may have been recommended by Kaya staff, or it's partners, within the location. For all excursion activities, Kaya acts as an agent, not a principle of the activity. Any information provided by Kaya, including but not limited to information about visas, vaccinations, healthcare, climate, group sizes and packing requirements is given in good faith for information and educational purposes only but without responsibility on the part of Kaya or it's partners.

Travel Documents and Insurance

All participants must possess a valid passport for their Kaya trip. Participants are responsible for any costs associated with visas, airport taxes, obtaining the proper travel documents for their trip, and changes to flight itineraries. All participants must have valid, comprehensive health and travel insurance during the time of their program covering risks associated with a 'Force Majeur' event, medical emergencies and repatriation. Details of insurance must be supplied to Kaya prior to commencement of any program. Kaya reserves the right to refuse entry to programs if insurance details are not supplied.



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Behavioural Expectations

By joining a Kaya Program, the participant assumes certain obligations to Kaya, its community, and other program participants. If on-site program directors determine a participant fails to meet the behavioural expectations set out in this contract and within Kaya's Code of Conduct document, that participant will be asked to leave the program. Participants asked to leave under these circumstances will not receive a refund. In addition to other program responsibilities, as a program participant you are responsible for:

- Being in sufficient good health to undertake the program.
- Acting in an appropriate and respectful manner towards the local people, fellow travellers, program participants, and staff in accordance with the customs, laws, regulations, and ordinances of the country of placement.
- Following all health and safety protocols and precautions outlined by ground-team members.
- Communicating effectively your interests, skills, limitations, and needs to home community members and program staff members.

Disclosure

All participants must disclose at the time of application any pre-existing or existing medical conditions (including depression and eating disorders) and disabilities. Some placements may require doctor's notes as a requirement for participation - some of which may be dictated by legal requirements or liability purposes. Any medical conditions arising after Application and prior to Placement must be disclosed to Kaya prior to placement commencement. Kaya reserve the right to refuse applications based on these disclosures, if deemed necessary for the safety of the participant and the project. Kaya operates a policy of non-discrimination and any information provided that may impact an application will be discussed with the applicant prior to any decisions being implemented to establish the basis for any concerns. Kaya reserve the right to cancel any application, or terminate a placement without refund if false information or lack of disclosure is found to have been supplied. Kaya is not held responsible for the administration or monitoring of any medication. While Kaya makes every effort to establish safety conditions and risk assessment, Participants are warned that the general standards of health, safety and hygiene in many countries visited may not be of comparable standard to Western countries and hence a risk of injury and illness is inherent to this venture.

Some placements may require a police criminal background check, conducted by the government. This check shall be carried out at the applicant's expense with guidance from Kaya. Some placements require proof that volunteers are clear of certain medical conditions, through the provision of a health certificate. This check shall be carried out at the applicant's expense.

Complaints

If a Participant wishes to lodge a complaint in relation to their program, they shall first bring the complaint to the attention of the in-country coordinator, who will make reasonable efforts to deal with and, where possible, resolve the complaint within a reasonable time. If a Participant feels that a complaint is not being dealt with adequately by their advice team to escalate the issue. If the coordinator is unable to resolve any serious complaint, and the participant chooses to terminate their placement early and depart the project, they shall provide the coordinator with a written version of events leading to their early termination, prior to departure. Refunds cannot be provided for early departure unless extreme circumstances are found, which will be determined at the sole discretion of Kaya. Issues reported after the end of a program that were not reported during the program, giving the site team an opportunity to address the issue in country, will not be considered for any compensation. Participants agree that Kaya shall not be liable for damages or compensation relating to any claim regarding inconvenience, disappointment, discomfort or loss of enjoyment.



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