

Group Proposal Trust in Soda



Kaya Responsible Travel

Welcome to Kaya Responsible Travel!

Brief from Company

To propose a 1-week group project in southern Africa for a group of 6 - 8 employees. Ideally the work should focus on building or working with children.

Excursions aren't necessary but if a one-day excursion is included this should involve something cultural rather than an adventure activity.

About Kaya

We are a responsible travel organization that specializes in providing meaningful travel experiences for both individuals and groups.

Our mission is to promote sustainable social, environmental and economic development, empower communities and cultivate educated, compassionate global citizens through responsible travel.

We do this primarily by offering a wide range of volunteer projects and real-life learning environments across 26 countries worldwide.

Our project model means that we only commit to projects where there is a genuine need for the physical aid of a volunteer, not just financial assistance. Every volunteer is welcomed and is useful. We provide all of



our participants with education in the context of the local culture and environment. We help to shape these initiatives to ensure the maximum benefit to both participants and the local communities, which in the long run do not encourage dependence on aid, but instead establish foundations upon which the people of that country can build and develop themselves, and we ensure that the members of those communities are open and eager to learn and discover our culture as we become a part of theirs.

We greatly value the support of our group volunteers as a large amount of work can be done in a small amount of time.

We know that in order for the project to benefit from your participation, it needs you to arrive prepared and committed to the work at hand. This is why every Kaya volunteer is provided with extensive information about every aspect of the trip before they set off. Your group will receive a full itinerary and a welcome pack before you arrive in your chosen destination so that you have all the details you need to prepare for the trip.

A representative will escort your group throughout your stay, to ensure that your itinerary runs smoothly and any logistical complications that arise can be dealt with without impacting the quality of the program for the participants.



Zambia - Building and Sports Project

Overview

Price - excluding international flights and visas:

£955 per person - Based on 6+ people.

Includes;

- 7 nights accommodation in shared room at guest house
- 3 meals daily during program
- English-speaking, on-site group leader
- Airport transfers
- All transportation to project sites
- Group excursion; Half-day Rhino walking safari

Does not include:

- International flights
- Medical Insurance
- Visas
- Police background check (can be arranged by Kaya for £30pp or provided by participant)
- Tips and Gratuities
- Airport taxes or fees

The Project

During your project, you will be based in Livingstone, Zambia near the beautiful Victoria Falls. The project will be a combination of sports development for children and an eco-brick build project for the town.

Sports Development:

The object of this project to promote health education and team building through sports. Your role will be to organize games, get students involved

and help to create a sense of community amongst the children.

Eco-Brick Building;

An Eco-Brick is a PET (polyethylene terephthalate) bottle filled with soft plastics. This includes cellophane, chip packets, sweet wrappers, plastic bags and anything else that can't easily be recycled. Once it's all stuffed and packed into the bottle, the bottle is screwed closed and then used as a building brick. You will help to make buildings and houses for the community. This helps take rubbish and put it into a sustainable and useful project, so less rubbish in the streets, water and land fills.



Itinerary

Day 1: Sun - Arrive in Livingstone (D)

We will arrive into Harry Mwanga Nkumbula International Airport (LVI) and be met by our group leader before departing for Livingstone. Once we arrive to our guest house accommodation we will have time to relax and take in our surroundings before enjoying a group dinner.

Day 2: Mon - Orientation (B,L,D)

Today we will have an orientation to the program and the city. We will learn more about the culture of Zambia, the importance of the project and the impact it has on those in the community. Breakfast, lunch and a group dinner will be provided for us during the week.

We will also have some free time to explore the village and visit local shops or markets.

Day 3-6: Tues -Fri - Project Work (B,L,D)

For the rest of this week we will spend our days working on our volunteer projects. We will travel together to the sites where we carry out our building work and return to our guest house at the end of each day.

Our mornings will be spent focusing on developing sports programs and games with the local schools and helping to get the students involved. Our afternoons will be primarily focused on the eco-brick building project where we will assist locals to build houses.

Some afternoons we will help at the local school to do a few pickup games with the children or run an arts or reading club for them.

In the evenings we will have some time to relax and reflect on the day before enjoying a group dinner.



Day 7: Sat - Half-Day Rhino Walking Safari (B,L,D)

Today we will venture outside the city to Zambia's Mosi-o-Tunya National Park. The park is a UNESCO world heritage site and the river that runs through it forms a border with Zimbabwe and Zambia. Here we will take part in an exciting Rhino walking safari with a trained guide.



Even more amazing the park is being considered for inclusion in a five nation conservation area that will stretch across parts of Namibia, Angola, Zambia, Botswana and Zimbabwe!

In the afternoon we will transfer back to Livingstone where we will have the afternoon free to explore the town.

Day 8: Sun - Departure (B)

All good things must come to an end, and today we have to head back to the airport for our flight home.

Conditions

Itinerary and costs based on numbers provided and may be revised if numbers are smaller.

Costs are based on travel in 2017.

Flight arrivals and departure times may result in some changes to itinerary on arrival and departure days.

If a reduced budget is required, the excursions can be removed, or made optional.

Swaziland - Building Project

Overview

Price - excluding international flights:

£995 per person - Based on 6+ people.

Includes;

- 7 nights accommodation in shared rooms in a backpacker lodge
- 3 meals per day throughout program, unless otherwise noted
- English-speaking, on-site group leader
- Airport transfers
- All transportation to project sites

Does not include:

- International flights
- Medical Insurance
- Visas
- Tips and Gratuities
- Police background check (can be arranged by Kaya for £30pp or provided by p)
- Group excursion; there are 3 options for your free day, these are outlined in the "Itinerary" section along with the costs

The Project

During your time in Swaziland, your time will be split between helping with our Building and Gardening project and also helping with "homework club" for local school children. The Building and Gardening project involves working on our Neighbourhood Care Points (NCPs). These care points have been set up to provide access to food and education for children from disadvantaged families. Each NCP has a



classroom for pre-school age children. Giving children pre-school education not only increases the level of the children's education when they start attending infant school, it also means both parents can go out to work instead of one parent having to stay home with the children. In addition to the classroom, the NCPs also have gardens where they grow organic fruit and vegetables. The food from the garden is used to cook nutritious meals for the children. For some children, this is the only meal they will receive all day. Any surplus food grown is available for community member to have.

The Building and Gardening project also builds water systems and other physical structures needed within the community.

The project uses locally sourced building materials where possible and local methods. They construct mud bricks using a locally made compressor and use other local materials wherever possible.

Your work will involve helping out wherever is needed on the building project. There's a lot of manual labour so you'll be tired at the end of the day but it will all be worth it as you see the fruits of your labour over the week!

In addition to the building and gardening work, your afternoons will be spent helping at "Homework Club". Homework Club is a place for disadvantaged children from the community to come for help with their homework after they finish school. Here you will be able to work with small groups of children to help with any homework that they have been set.

Itinerary

Day 1: Sun - Arrive to Swaziland (D)

We will arrive into OR Tambo international airport, in Johannesburg, South Africa, and be met by our group leader before departing for Swaziland. The drive will take about 3 hours and once we arrive we will unpack and enjoy a group welcome dinner.

Day 2: Mon - Orientation (B,L,D)

Today we will have an orientation to the program and the area that we are staying in. We will learn more about the culture of Swaziland, the importance of the project and the impact it has on those in the community.

We will enjoy a Lobamba cultural walking tour and have some free time to explore the area. We will enjoy a group dinner together at the end of the day.



Day 3-6: Tues -Fri - Project Work (B,L,D)

For the rest of this week we will spend our days working on our volunteer projects. We will travel together to the sites where we carry out our building

work and return to our volunteer house at the end of each day.

Our mornings will be spent on the volunteer building project where we will assist locals and the afternoons will be spent helping children at "Homework Club"

In the evening we will enjoy a group dinner and have some down time to relax.

Day 7: Sat - Free Day

Today we will have a free day. There are a number of options for group members so everyone can decide what suits them best and split into smaller groups to do different activities.

There is the option to just relax at the volunteer accommodation and explore the area.

There are also 3 other options:

Swazi Cultural Village - £36 per person: Take a guided tour of the Swazi Cultural Village, a 'living' cultural village with authentic beehive huts and cultural displays, plus a traditional dance performance. The village is based in a beautiful, thickly forested reserve where, although it's not a big wildlife park, it offers a chance to see vervet monkeys, baboons, warthogs, nyalas and duikers, as well as a vast array of birdlife, including the endangered southern bald ibis.

As well as this, you will have the opportunity to visit the impressive Mantenga Falls.

Hlane Day Safari - £65 per person: On this mini safari day you will embark on a Game Drive within Hlane National Park, which is Swaziland's largest protected area.. Home to Lion, Elephant, White Rhino, Giraffe and a whole host of other species, Hlane is also blessed with an abundant and diverse bird life.

Lunch is not included, there is the option to take a packed lunch from the volunteer house at no additional cost or also we can add the cost of a lunch which can be provided at the restaurant in Hlane. Lunch will be eaten at the water hole (either in the

restaurant or picnic area) which is frequented by species including white rhino.

Milwane Game Park - £53 per person: Milwane, just down the road from the volunteer house, is a great option for a wander about, picnic lunch, or a bike ride among zebra, impala, warthog and other creatures that roam the park. The park boasts a great braai (barbeque)/picnic area with a large swimming pool. Bike rentals, game drives and horseback riding are also offered at the park.

Day 8: Sun - Departure (B)

All good things must come to an end, and today we have to head back to the airport for our flight home.

Conditions

Itinerary and costs based on numbers provided and may be revised if numbers are smaller.

Costs are based on travel in 2017.

Flight arrivals and departure times may result in some changes to itinerary on arrival and departure days.



Girl Impact and Teaching Placement in Cape Town

Overview

Price - excluding international flights:

£995 per person

Includes;

- 7 nights accommodation in shared room a volunteer house
- 3 meals per day throughout program, unless otherwise noted
- English-speaking, on-site group leader
- Airport transfers
- All transportation to project sites
- Group excursion; Township Tour

Does not include:

- International flights
- Medical Insurance
- Visas
- Tips and Gratuities

The Project

During your project, you will be based in the cosmopolitan city of Cape Town. The project will be a combination of empowering girls and teaching primary school children.



Girl Impact:

After 8 years of community development work in Africa, we have seen hundreds of girls who miss out on basic education and are abused or forced into marriages and early pregnancy simply because they are girls. The Girl Impact initiative aims to provide opportunities for adolescent girls and to create support networks within their communities, so they can make informed choices as they grow up.

Adolescence is a critical period when a girl's future potential and opportunities can flourish through education, learning skills and social support. Alternatively, that potential can be stunted and stifled by the irreversible effects of child marriage, early pregnancy, HIV and other preventable hardships. This project aims to fulfill the rights of adolescent girls to health, education, and protection from violence and abuse. They do this through doing the following:

EDUCATION: Give more girls access to education so they stay in school longer and have a better chance to make a living

HEALTH: Educate girls and boys about relevant health risks and prevention and provide support for those who are living with health issues

EARLY PREGNANCY: Educate girls and boys to help avoid unwanted pregnancy and support girls who are dealing with teenage pregnancy and motherhood

SAFETY: Change attitudes on the issue of violence against girls and support girls who have been affected by violence

MAKING A LIVING: Prepare girls to make a living as they get older by discussing their options, teaching skills and supporting their efforts

CONFIDENCE IN SELF: Building up girls' self-esteem and confidence so they can take more responsibility for their future

Primary School Teaching:

Assist with early years education and homework clubs in Cape Town. You will assist with providing essential teaching support in the poverty stricken communities in the townships of Cape Town. Through education the project aims to promote, support and provide



Orphans and Vulnerable Children (OVCs) with better opportunities and futures. Pre-school preparation has been identified as being extremely important and this project helps to give children from impoverished backgrounds a head start by focusing on the basic skills. It also works with after-school programmes with homework support. Where possible, the schools are looking to incorporate sports and arts into their programmes, as these are often deemed less important than academic subjects.



Itinerary

Day 1: Sun - Arrive into Cape Town (D)

We will arrive into Cape Town International Airport and be met by our group leader before departing for our accommodation in Cape Town. Once we arrive to our guest house accommodation we will have time to relax and take in our surroundings before enjoying a group dinner.

Day 2: Mon - Orientation (B,L,D)

Today we will have an orientation to the program and the city. We will learn more about the culture of South Africa, the importance of the project and the impact it has on those in the community. Breakfast, lunch and a group dinner will be provided for us during the week.

Day 3-6: Tues -Fri - Project Work (B,L,D)

For the rest of this week we will spend our days working on our volunteer projects. We will travel together to the sites where we carry out our work and return to our volunteer house at the end of each day.

In the evenings we will have some time to relax and reflect on the day before enjoying a group dinner.

Day 7: Sat - Township Tour (B,L,D)

Today we will take a cultural tour of the townships Khayelitsha and Langa.

Townships were created during the apartheid era. During this time "non-whites" were evicted from properties that were in areas designated as "white-only" and forced to move into segregated townships.

During our tour we will learn about the history of this era and how it has affected life today for the citizens of the townships.

A highlight of the tour is brunch at one of the township houses - you can't get a more real in-depth experience!

Day 8: Sun - Departure (B)

All good things must come to an end, and today we have to head back to the airport for our flight home.

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