



HEALTH AND WELL-BEING



## HEALTH AND WELL-BEING

Projects related to human health sciences making a difference in people's lives around the world. We can cater for pre-med or medical students.

### Public Health, Health Awareness, Health Education

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#### **PUBLIC HEALTH INTERNSHIP IN ZAMBIA**

[www.kayavolunteer.com/project/Public\\_Health\\_Internship\\_Zambia](http://www.kayavolunteer.com/project/Public_Health_Internship_Zambia)

Explore public health issues in an African context while helping local staff with local community challenges.

#### **PUBLIC HEALTH IN CAMBODIA**

[www.kayavolunteer.com/project/healthcare-nutrition-dentistry-projects-siem-reap/](http://www.kayavolunteer.com/project/healthcare-nutrition-dentistry-projects-siem-reap/)

Contribute to workshops and curriculum development to address public health issues including basic hygiene, hand washing, teeth cleaning, waste disposal, transmission of diseases, nutritional needs, and first aid training.

#### **PUBLIC HEALTH IN ECUADOR**

[www.kayavolunteer.com/project/rural-public-health-volunteering/](http://www.kayavolunteer.com/project/rural-public-health-volunteering/)

Contribute to preventative health in a rural parish of Quito by delivering workshops and conducting research with the local students and their families.

#### **PUBLIC HEALTH IN PERU WITH HEALTHY KITCHENS**

[www.kayavolunteer.com/project/healthy-kitchens-volunteering-peru/](http://www.kayavolunteer.com/project/healthy-kitchens-volunteering-peru/)

Support local families addressing hygiene and sanitation issues by working on our grassroots healthy kitchen project and help to improve the daily lives and general wellbeing of these families.

#### **PUBLIC HEALTH CLINICS IN BELIZE**

[www.kayavolunteer.com/project/volunteer-rural-health-clinics/](http://www.kayavolunteer.com/project/volunteer-rural-health-clinics/)

Participate in community health awareness by assisting the local nurse in medical outreach, home visits, and immunizations.

#### **PUBLIC HEALTH INTERNSHIP IN GHANA**

[www.kayavolunteer.com/project/public-health-internship-ghana](http://www.kayavolunteer.com/project/public-health-internship-ghana)

Public Health Internship Ghana is based in a local community around Cape Coast and focuses on prevention.

#### **PUBLIC HEALTH INTERNSHIP IN UGANDA**

[www.kayavolunteer.com/project/community-health-hygiene-education-internship-uganda](http://www.kayavolunteer.com/project/community-health-hygiene-education-internship-uganda)

Intern on this Community Health and Hygiene Education placement in Uganda and contribute to local public health challenges affecting school-aged children.



# HEALTHCARE AND WELL-BEING continued...

## General Medicine/ General (Clinic Based and Hospital)

### HOSPITAL PLACEMENT IN GHANA

[www.kayavolunteer.com/project/clinical-medical-placements-ghana-2-2/](http://www.kayavolunteer.com/project/clinical-medical-placements-ghana-2-2/)

Experience first-hand work in various departments in a low-income patient hospital such as medical, surgical, gynaecology, surgical, and the children's ward in Ghana depending on your specialty.

### MEDICAL INTERNSHIP IN MOROCCO

[www.kayavolunteer.com/project/medical-internship-morocco](http://www.kayavolunteer.com/project/medical-internship-morocco)

Learn about the Moroccan healthcare system while shadowing medical staff at a local hospital.

### MEDICAL INTERNSHIP AT A DISTRICT HOSPITAL IN CHIANG MAI

[www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/](http://www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/)

Shadow and learn from the staff at the local hospital while helping support disadvantaged populations.

### MEDICAL AND HEALTHCARE INTERNSHIP IN VIETNAM

[www.kayavolunteer.com/project/medical-healthcare-internship-vietnam](http://www.kayavolunteer.com/project/medical-healthcare-internship-vietnam)

Strengthen your medical and healthcare knowledge abroad in the fields of nursing, optometry, orthopedics, acupuncture, or even critical care, while being exposed to various kinds of practices and introduced to diseases you might not see back home.

### HEALTH PLACEMENT IN CHINA

[www.kayavolunteer.com/project/healthcare-internship-china/](http://www.kayavolunteer.com/project/healthcare-internship-china/)

Experience an international standard hospital in a foreign country. Suitable for students and recent graduates in the fields of dentistry, nursing, medical, radiology, podiatry, pharmacy, psychology, or physical therapy.

### WORK IN HOSPITALS AND CLINICS IN BELIZE

[www.kayavolunteer.com/project/work-hospitals-clinics-belize/](http://www.kayavolunteer.com/project/work-hospitals-clinics-belize/)

Get experience in a public polyclinic or private hospital in Belize, serving citizens while learning about the healthcare setting in a foreign country.

### RURAL HEALTH CLINICS IN BELIZE

[www.kayavolunteer.com/project/volunteer-rural-health-clinics/](http://www.kayavolunteer.com/project/volunteer-rural-health-clinics/)

Help to run the clinics, from recording basic patient information (especially for young children) to helping with basic nursing care, or even more advanced treatment if your educational background and skills allow for it.

### ELECTIVE/ROTATION INTERNSHIP IN BELIZE

[www.kayavolunteer.com/project/medical-electiverotationinternship/](http://www.kayavolunteer.com/project/medical-electiverotationinternship/)

Gain valuable clinical experience and learn from local doctors. Medical students can get unique and valuable hands-on experience working with patients from communities in a developing country, and the practitioners will support and assess your work (evaluation and feedback) to your school.

### HEALTH AND MEDICAL INTERNSHIP ECUADOR

[www.kayavolunteer.com/project/projecthealth-medical-internship-ecuador/](http://www.kayavolunteer.com/project/projecthealth-medical-internship-ecuador/)

Shadow doctors in a variety of fields depending on your interest within concept of a hospital or health centre.



## HEALTHCARE AND WELL-BEING continued...

### General Medicine/ General (Clinic Based and Hospital)

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#### **RURAL HEALTH CLINIC PLACEMENT IN THE PHILIPPINES**

[www.kayavolunteer.com/project/work-rural-health-clinic-philippines/](http://www.kayavolunteer.com/project/work-rural-health-clinic-philippines/)

Gain experience supporting a local team in a free medical care facility for a local community and become familiar with tropical diseases and parasites you wouldn't otherwise be confronted with at home.

#### **MEDICAL INTERNSHIP IN JAMAICA**

[www.kayavolunteer.com/project/medical-internship-in-jamaica](http://www.kayavolunteer.com/project/medical-internship-in-jamaica)

Join our Medical Internship in Jamaica and get experience by working with actual healthcare professionals in a global setting!

#### **HOSPITAL AND HEALTHCARE INTERNSHIP IN SOUTH AFRICA**

[www.kayavolunteer.com/project/hospital-and-healthcare-internship-in-south-africa](http://www.kayavolunteer.com/project/hospital-and-healthcare-internship-in-south-africa)

Join our hospital and healthcare internship in South Africa and get involved in a local community while developing your professional skills and learning about healthcare in an African context.

## Nursing, Midwifery, and Women's Health

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### **MIDWIFERY INTERNSHIP IN MOROCCO**

[www.kayavolunteer.com/project/medical-internship-morocco](http://www.kayavolunteer.com/project/medical-internship-morocco)

Learn about the Moroccan healthcare system, specifically in the field of midwifery, while shadowing medical staff at a local hospital.

### **NURSING INTERNSHIP IN THAILAND**

[www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/](http://www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/)

Use your nursing training and join an internship at a district hospital in Chiang Mai and learn about healthcare provision in Thailand.

### **NURSING INTERNSHIP IN CHINA**

[www.kayavolunteer.com/project/healthcare-internship-china/](http://www.kayavolunteer.com/project/healthcare-internship-china/)

Gain meaningful work experience in an area relevant to your studies or potential career choice and participate in a Healthcare Internship in China through Kaya.

### **WORK IN HOSPITALS AND CLINICS IN BELIZE**

[www.kayavolunteer.com/project/work-hospitals-clinics-belize/](http://www.kayavolunteer.com/project/work-hospitals-clinics-belize/)

Get experience in a public polyclinic or private hospital in Belize, serving citizens while learning about the nursing setting within Belize.

### **NURSING PLACEMENT IN ECUADOR**

[www.kayavolunteer.com/project/projecthealth-medical-internship-ecuador/](http://www.kayavolunteer.com/project/projecthealth-medical-internship-ecuador/)

This health and medical internship will give nursing students insight into issues in the field many residents of Ecuador face, such as family planning, dentistry, basic healthcare and prevention, nutrition, and more!

### **NURSING INTERNSHIP IN JAMAICA**

[www.kayavolunteer.com/project/nursing-internship-in-jamaica/](http://www.kayavolunteer.com/project/nursing-internship-in-jamaica/)

Add to your practical experience by participating in a nursing internship in Jamaica and assist in a country with limited resources.



## Therapy

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### **OCCUPATIONAL THERAPY INTERNSHIP IN MOROCCO**

[www.kayavolunteer.com/project/Occupational-Therapy-Internship-in-Morocco](http://www.kayavolunteer.com/project/Occupational-Therapy-Internship-in-Morocco)

Learn about the emerging field of Occupational Therapy in Morocco while helping and contributing in a positive way to children who face difficulties in everyday tasks due to their disabilities.

### **OCCUPATIONAL THERAPY INTERNSHIP IN VIETNAM**

[www.kayavolunteer.com/project/occupational-therapy-internship-in-vietnam/](http://www.kayavolunteer.com/project/occupational-therapy-internship-in-vietnam/)

Develop your awareness of working practices at a hospital specialising in orthopaedics and rehabilitation that serves the whole Southern region of Vietnam.

### **SPECIAL NEEDS EQUINE THERAPY INTERNSHIP BOLIVIA**

[www.kayavolunteer.com/project/special-needs-equine-therapy-internship-in-bolivia/](http://www.kayavolunteer.com/project/special-needs-equine-therapy-internship-in-bolivia/)

Support a therapeutic horseback riding project for disabled adults and children. This form of therapy promotes relaxation, coordination, muscle toning, confidence, and overall well-being.

### **SPECIAL NEEDS THERAPY INTERNSHIP IN PERU**

[www.kayavolunteer.com/project/speech-therapy-internship-peru](http://www.kayavolunteer.com/project/speech-therapy-internship-peru)

Gain experience in Special Needs Therapy while helping disabled children in a local special education centre.

### **DANCE THERAPY IN BELIZE**

[www.kayavolunteer.com/project/dance-therapy-belize/](http://www.kayavolunteer.com/project/dance-therapy-belize/)

Help run an established dance curriculum for victimized children and young adults to help build self esteem, confidence, and teach them to relax their minds through movements.

### **INTEGRATED MUSIC, DANCE, AND ART THERAPY FOR CHILDREN WITH SPECIAL NEEDS IN ECUADOR**

[www.kayavolunteer.com/project/integrated-music-dance-art-therapy-children-special-needs/](http://www.kayavolunteer.com/project/integrated-music-dance-art-therapy-children-special-needs/)

Contribute to a local team of professionals to run an integrated therapy project for children with disabilities and learning difficulties

## Nutrition

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### **NUTRITION INTERNSHIP IN ESWATINI**

[www.kayavolunteer.com/project/nutrition-internship-swaziland/](http://www.kayavolunteer.com/project/nutrition-internship-swaziland/)

Develop and share your knowledge and studies in healthy eating, cooking methods, and the impact of diet on childhood development and growth with local vulnerable children and low income communities.

### **NUTRITION IN THE PHILIPPINES**

[www.kayavolunteer.com/project/improve-nutritional-standards-tacloban-city/](http://www.kayavolunteer.com/project/improve-nutritional-standards-tacloban-city/)

Work with vulnerable children aged 3 to 6 at risk of poor nutrition as their family live in some of the devastated communities impacted by Typhoon Haiyan and still struggle to find an income.

### **MOTHER AND CHILD NUTRITION IN COSTA RICA**

[www.kayavolunteer.com/project/mother-child-nutrition/](http://www.kayavolunteer.com/project/mother-child-nutrition/)

Join us at multiple nutrition centres put into place to improve diets in Costa Rica on this mother and child nutrition volunteer placement.

### **GLOBAL HEALTH AND NUTRITION IN THE ANDES**

[www.kayavolunteer.com/project/global-health-nutrition-volunteering-andes/](http://www.kayavolunteer.com/project/global-health-nutrition-volunteering-andes/)

Work alongside a rural nurse visiting villages to provide workshops, education sessions and help to run a feeding program within the schools.



# HEALTHCARE AND WELL-BEING continued...

## Dentistry

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### **DENTISTRY INTERNSHIP AT HOSPITAL IN GHANA**

[www.kayavolunteer.com/project/dentistry-internship-in-ghana](http://www.kayavolunteer.com/project/dentistry-internship-in-ghana)

Gain first hand experience on the challenges local dentists, within the dentistry department of an Accra hospital, frequently encounter in a limited resources community.

### **DENTISTRY INTERNSHIP IN CHINA**

[www.kayavolunteer.com/project/healthcare-internship-china/](http://www.kayavolunteer.com/project/healthcare-internship-china/)

You will be placed in a hospital, a clinic, or a medical centre in a shadowing capacity and work with a dentistry department.

### **MEDICAL INTERNSHIP AT A DISTRICT HOSPITAL IN CHIANG MAI**

[www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/](http://www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/)

Shadow and learn from the staff at the local hospital while helping support disadvantaged populations.

## Pharmacy

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### **LABORATORY VOLUNTEERING IN GHANA**

[www.kayavolunteer.com/project/work-laboratory-ghana-2/](http://www.kayavolunteer.com/project/work-laboratory-ghana-2/)

Experience work in a laboratory, based at a hospital, handling all work related to the services offered. These services include: general medicine, surgery, obstetrics and gynaecology, laboratory tests, x-ray, dermatology, venereology, ophthalmology, ECG, mother and child healthcare, and ultrasound.

### **PHARMACY INTERNSHIP IN CHINA**

[www.kayavolunteer.com/project/healthcare-internship-china/](http://www.kayavolunteer.com/project/healthcare-internship-china/)

Be exposed to outpatient pharmacy practices in China including prescription handling, drug store management, regulatory and ethical issues, as well as overall pharmaceutical care.

### **MEDICAL INTERNSHIP AT A DISTRICT HOSPITAL IN CHIANG MAI**

[www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/](http://www.kayavolunteer.com/project/medical-internship-district-hospital-chiang-mai/)

Shadow and learn from the staff at the local hospital while helping support disadvantaged populations.

### **HEALTH AND MEDICAL INTERNSHIP ECUADOR**

[www.kayavolunteer.com/project/projecthealth-medical-internship-ecuador/](http://www.kayavolunteer.com/project/projecthealth-medical-internship-ecuador/)

Shadow local professionals in a lab and/or pharmacy environment in a variety of fields depending on field of study and skillset.

## Speech Pathology

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### **SCHOOL FOR DEAF CHILDREN IN THE PHILIPPINES**

[www.kayavolunteer.com/project/volunteer-school-for-deaf-children-in-the-philippines/](http://www.kayavolunteer.com/project/volunteer-school-for-deaf-children-in-the-philippines/)

Work with children and teachers helping to improve class interaction and learning in a government school supporting children with hearing impairments and special needs from kindergarten to grade 6.

