



KINESIOLOGY, PHYSICAL THERAPY, & SPORTS DEVELOPMENT





# KINESIOLOGY, PHYSICAL THERAPY, & SPORTS DEVELOPMENT

Projects related to sport & physical activity in a community setting and for students interested in studying aspects of sport & movement. Activities may include coaching, psychological performance enhancement, community/youth physical activity and sports development initiatives, PT, OT, and sociocultural study.

## Asia

---

### SPORTS IN CAMBODIA

[www.kayavolunteer.com/sports-teaching-in-rural-cambodia](http://www.kayavolunteer.com/sports-teaching-in-rural-cambodia)

Teaching children age of 10 and 13, from the local football/soccer team. Focuses on improving their level of fitness, while developing social, physical, and mental skills.

### PHYSICAL THERAPY INTERNSHIP IN VIETNAM

[www.kayavolunteer.com/project/medical-healthcare-internship-vietnam](http://www.kayavolunteer.com/project/medical-healthcare-internship-vietnam)

Shadowing and working under supervision of local doctors and physical therapist with both child and adult patients.

### PHYSICAL THERAPY IN CHINA

[www.kayavolunteer.com/project/healthcare-internship-china/](http://www.kayavolunteer.com/project/healthcare-internship-china/)

Shadow local professionals in an international standard hospital context in China in the field of Physical Therapy.

### OCCUPATIONAL THERAPY INTERNSHIP IN VIETNAM

[www.kayavolunteer.com/project/occupational-therapy-internship-in-vietnam/](http://www.kayavolunteer.com/project/occupational-therapy-internship-in-vietnam/)

Develop your awareness of working practices at a hospital specialising in orthopaedics and rehabilitation that serves the whole Southern region of Vietnam.

## Africa

---

### SPORTS VOLUNTEERING IN SWAZILAND

[www.kayavolunteer.com/project/sports-development-rural-schools-swaziland/](http://www.kayavolunteer.com/project/sports-development-rural-schools-swaziland/)

This placement focus on sports and movements for children under the age of 6. During these ages, exercise and sport is essential in child development for gross and fine motor skills.

### COMMUNITY SPORTS IN CAPE TOWN

[www.kayavolunteer.com/project/community-sports-coaching-cape-town/](http://www.kayavolunteer.com/project/community-sports-coaching-cape-town/)

Support 2 coaches who are working to provide access and better quality skills and fitness awareness to children aged 0 to 7 within two townships of Cape Town.

### SPORTS IN ZAMBIA

[www.kayavolunteer.com/project/sports-development-rural-community-work-zambia/](http://www.kayavolunteer.com/project/sports-development-rural-community-work-zambia/)

Working within primary schools, with sports teams for teenagers in the community and as part of a wider community outreach, this project provides the social and physical benefits of sport as well as use teamwork for educational tools to teach other important topics.



# KINESIOLOGY, PHYSICAL THERAPY, & SPORTS DEVELOPMENT continued...

## **OCCUPATIONAL THERAPY INTERNSHIP IN MOROCCO**

[www.kayavolunteer.com/project/Occupational-Therapy-Internship-in-Morocco](http://www.kayavolunteer.com/project/Occupational-Therapy-Internship-in-Morocco)

Learn about the emerging field of Occupational Therapy in Morocco while helping and contributing in a positive way to children who face difficulties in everyday tasks due to their disabilities.

## **GHANA PHYSIOTHERAPY INTERNSHIP**

[www.kayavolunteer.com/project/ghana-physiotherapy-internship](http://www.kayavolunteer.com/project/ghana-physiotherapy-internship)

Ghana Physiotherapist internship is based in a local community supporting treatment centres and dedicated athletes as well as local professional and students.

## Latin America

---

### **SPORTS COACHING IN THE ANDES BOLIVIA**

[www.kayavolunteer.com/project/sports-coaching-community-work-andes/](http://www.kayavolunteer.com/project/sports-coaching-community-work-andes/)

Support local children of all ages at municipal schools with physical and sporting activities to promote physical and emotional strengths.

### **DANCE THERAPY IN BELIZE**

[www.kayavolunteer.com/project/dance-therapy-belize/](http://www.kayavolunteer.com/project/dance-therapy-belize/)

Help in running an established dance curriculum for victimized children and young adults, of abuse, to help build self esteem, confidence, and teach them to relax their minds through movements.

### **INTEGRATED MUSIC, DANCE, AND ART THERAPY FOR CHILDREN WITH SPECIAL NEEDS IN ECUADOR**

[www.kayavolunteer.com/project/integrated-music-dance-art-therapy-children-special-needs/](http://www.kayavolunteer.com/project/integrated-music-dance-art-therapy-children-special-needs/)

Contribute to a local team of professional to run an integrated therapy project for children with disabilities and learning difficulties.

### **SPECIAL NEEDS EQUINE THERAPY INTERNSHIP BOLIVIA**

[www.kayavolunteer.com/project/special-needs-equine-therapy-internship-in-bolivia/](http://www.kayavolunteer.com/project/special-needs-equine-therapy-internship-in-bolivia/)

Support a therapeutic horseback riding project for disabled adults and children. This form of therapy promotes relaxation, coordination, muscle toning, confidence, and overall well-being.

