

AFRICA

ZAMBIA

Discover the heart of 'real Africa', where the enthusiasts go to get closer to nature and closer to those who really need our help.

This landlocked, former British colony, was called Northern Rhodesia until its independence in 1964. It borders 8 other countries, including Zimbabwe, with whom it shares the Great Victoria falls.

Zambia's national parks are considered some of the best places in Africa to safari, as well as attracting anglers and ornithologists from all round the world.

With nearly 60% of the population living below the poverty line and an estimated 1 in 10 adults living with HIV, this is a country that has a great need for volunteer help.

Life outside of the project

Located within the border town of Livingstone, your volunteer house is always a sociable retreat. With pleasant communal areas, you can relax after a hard day, with all your meals cooked for you during the week. And if you still have energy at the end of the day, the small town is a 5-minute walk.

At the weekends, take the opportunity to adventure on the Zambezi river, marvel at Victoria falls and explore Zambia's wildlife. You may even have an opportunity to join in the weekend activities of the local schools and sports groups. Or, go explore further with the many surrounding countries and tourist attractions including the famous Botswana Chobe National Park.



Weather

Average temperature: 6 - 34°C

Cool and Dry season: from May to August

Hot and Dry season: from September to November

Warm and Wet season: from December to April.

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NGO Development Internship in Zambia

Gain practical experience in your chosen area, such as communications, fundraising, stakeholder management, digital marketing and proposal writing. Contribute to growth and development of local NGOs whilst working with like-minded professionals.

Public Health Internship in Zambia

Assist in promoting healthy lifestyles, implementing educational programs, promoting healthcare accessibility, and breaking boundaries with mental health.

Girl and Women Empowerment in Zambia

Assist with discussion groups for women in the community on topics such as emotional and social issues, sexual and reproductive health, personal safety and women's rights.

Health Promotion and Community Volunteering in Zambia

Community health is seen as an essential part of support for vulnerable communities in Africa. A lack of funding within the medical, hospice and home based care systems in Zambia has resulted in serious staff shortages. Volunteers assist and support trained staff with non-medical as well as community based activities to provide a much needed extra pairs of hands.

Christmas Community Volunteering Program in Zambia

Help support local staff and give them a break from their tireless efforts to support disadvantaged children and give the children themselves an opportunity to have some individual attention over the holidays.



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Teaching and Community Work in Zambia

Volunteer as a teaching assistant helping individual students with their assignments. Class sizes are very large so most students don't get the attention they need without having help from an assistant.

Sports and Community Volunteering in Zambia

Spend your time training, guiding and volunteering with soccer teams in the community as well as providing physical education in schools.



What are the benefits of Kaya Placements?

- International work experience
- Meaningful placements
- Global perspectives
- Cultural Immersion
- Structured and supported

Don't see anything that interests you? Our Placement Advisors are here to help. **Inquire here** and let our Placement Advisors know what you're looking for so we can help find the best placement for you!