

# UNDER 18s BROCHURE

If you are aged under 18 and are keen to explore the big wide world while making a difference, why not join one of Kaya's placements?

Having the chance to go and volunteer abroad can be the opportunity of a lifetime! It is an amazing chance to do something different with your life during the holidays while visiting a stunning place, practicing a new language, learning a new culture and making new like-minded friends.

Whether you long to visit Africa, Latin America or Asia, immerse yourself in a new culture, or perhaps you are simply fascinated by global wildlife, the environment or helping others, we have a range of projects for you to choose from that will allow you to make a difference.

From experience, we know that young people can bring new ideas, youthful enthusiasm and a good work ethic. That's why, at Kaya, we have a handful of amazing projects that 16 and 17 year olds can join.

Volunteering is a great way of not only helping others or supporting a cause, but also learning about yourself, developing your confidence in new situations and in some cases even giving you an insight into your future career aspirations. Volunteering abroad is also something that you can add to your CV/Resume, ideal as you start to think about college, university or job applications, surely making you stand out from the crowd.

Making new friends is an important part of the volunteering overseas experience, especially for young people. You will have the chance to make a completely different group of new friends from your ones at home. New friends will include members of the community, project staff as well as other international volunteers.

So read on, and find out more about why you should volunteer abroad with Kaya and the options available to you!



**Kaya understands that the local support and your safety while on your placement is the most important in your mind and the mind of your parents/guardians. This is why Kaya's placements include the following:**

- A one-on-one interview with one of our knowledgeable advisors to ensure you are ready for your placement
- The option for you and your parents / guardians to speak to Kaya at any time before, during or after your placement
- Airport pick-up and drop-off to ensure your safety
- Detailed pre-departure information to help you prepare for your trip
- Orientation including safety training on arrival to help you remain safe and knowledgeable about your host country
- Accommodation and the majority of your weekly meals in a homestay or volunteer house.
- A genuine, vetted volunteer placement that will help you make a difference
- 24/7 in-country support and an emergency line for you and your parents

# UNDER 18s BROCHURE

At Kaya we know there are many young people who are passionate about development and eager to learn more about other places and cultures. Projects have been selected that are deemed to be suitable for younger volunteers while still being meaningful for the projects and local communities.

## Which project is the best for me?

Every placement has different elements to it, from accommodation, project goals and weekend activities available. There are a range of destinations and project types to choose from as well as a whole host of other considerations. One of our Kaya Placement Advisors will be happy to discuss the choices available with you so please email us at [info@kayavolunteer.com](mailto:info@kayavolunteer.com) or give us a call.

## How do I know that I will be safe?

Kaya works with partners and projects that it trusts and have been vetted. We have worked with many of our partners for more than 10 years, and the in-country teams work with young people year round.

On arrival, you will be collected from the airport by a driver or team member and taken to your accommodation. This will be a vetted homestay or volunteer accommodation. After you have settled in, you will attend orientation and learn about cultural do's and don'ts, the local area, health and safety tips and project expectations. You will also be taken to your project if you are not staying at the project site. During your stay you will have the contact details of an in-country coordinator that speaks English and staff are also based at the various volunteer accommodations we work with. You will also have access to a 24/7 emergency number and Kaya staff will check in during your stay as well.

## What about my parents or guardians?

We are happy to speak to any parents or guardians about the project before, during or after your placement. We understand that parents want to feel confident that you are doing the right thing, that you will be safe and that Kaya is knowledgeable about its placements. For any under 18 participants, we also do need the consent of parents/guardians before accepting you on any project.

## What is the process?

Select your project, complete the online booking form and pay your deposit. A Kaya Placement Advisor will contact you to arrange a telephone interview to ensure that the placement is right for you. We will need your parents/guardians to sign consent forms agreeing to your participation. Once these have been received we will confirm your place.

## Things to consider before booking

Volunteering overseas is an amazing opportunity and adventure but here are a few things to consider, as it is not always right for every young person:

- Will you be happy away from your parents and/or friends?
- Do you understand where you are going and what you will be doing?
- Are you prepared to be treated as an adult? This is expected of 16 and 17 year olds completing individual placements.
- Who is going to pay for it? Are you prepared to save money or do some fundraising? We will help you with this by providing you with a comprehensive fundraising guide once you book your place with us.

**Once you are happy with the above, explore this brochure and let your adventure begin!**



# LATIN AMERICA

## COSTA RICA

### **Volunteering for 16 and 17 year olds in Costa Rica**

Volunteering for teenagers in Costa Rica offers you, as a young person, the ability to share your enthusiasm and energy to support the local children of Atenas. Extra pairs of hands are always needed in the schools and education centres, which are often understaffed and lacking in sufficient resources.



## ECUADOR

### **Education Outreach for Child Workers in the Markets in Ecuador**

Volunteer in Quito and help with the education of children who work upwards of ten hours a day in the markets, streets and countryside of Ecuador to support their families.

### **Agro Forestry and Environmental Conservation In The Mindo Cloud Forest**

Contribute to conservation and restoration initiatives in the Choco Bioregion, while supporting and strengthening sustainable family development programs through ecotourism.

### **Learn Medical Spanish in Ecuador**

As one of the most widely spoken languages in the world, Spanish is a great option for you to choose. And if you really want to get to grips with the language then Ecuador is a great place to do so - with Andean Spanish considered the most clear and easy to understand in the world. By learning Medical Spanish in Ecuador you will be immersed in the language as well as experiencing this wonderful culture.



### **What are the benefits of Kaya Placements?**

- International work experience
- Meaningful placements
- Global perspectives
- Cultural Immersion
- Structured and supported

# ASIA-PACIFIC

## CAMBODIA

### **Teaching English in Rural Cambodia**

Help village children's educational prospects providing them with learning tools that empower students to create a better future for themselves. Experience teaching while assisting the local staff by providing an extra hand.

### **Construction in Rural Cambodia**

Volunteer with the local community painting, renovating playgrounds, building houses and sanitation facilities.

## INDIA

### **Child Development Volunteer Project in India**

Volunteer in India and help with the provision of child care to disadvantaged children as well as participating in a range of exciting activities essential to Indian culture.

### **Women's Empowerment & Community Volunteering in India**

Volunteer in India on this Women's Empowerment project and help challenge the problems facing women today in local communities.

### **Community Teaching & Cultural Immersion Volunteer Program in India**

By volunteering in India on a Community Teaching project, you have the chance to give back to a number of communities where support is needed to enhance the quality of teaching.

### **Volunteer & Experience India**

Our Experience India Tour encompasses charm, culture and care over 10 or 14 nights where you will be able to see the sights, learn about the real India and get a taste of volunteering.

## VIETNAM

### **Community & Teaching Volunteering in Southern Vietnam**

Assist overstretched local staff with duties focusing on infant children, children who are HIV+, and children with disabilities.



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# AFRICA

## ESWATINI

### **Day Care Centre Teaching in Eswatini**

Gain an incredible insight into the reality of the lives of those living in poor communities and understand the issues and challenges facing those that are trying to create better futures for them.

### **Sports Volunteering in Eswatini**

Volunteer alongside the local sports project team who provide games and activities to the local pre-school children on an ongoing basis.

### **School Building and Gardening Volunteering in Eswatini**

Help with the development of pre-schools for vulnerable children in semi-rural communities by assisting with the buildings of schools and gardens.

### **Volunteer Project for Under 18s in Eswatini**

The project goal is to provide children with access to early years education at safe centers, where their nutrition, education and development needs are addressed.

## SOUTH AFRICA

### **Photography & Conservation Volunteer Project In South Africa**

Volunteer alongside a professional photographer in the African bush while being able to photograph the remarkable Big 5 for identification and research purposes.

### **Rhino, Elephant and Big Cat Research & Conservation Volunteer Project in South Africa**

Support local communities with their conservation efforts through collecting, analysing and inputting data to assist with wildlife research projects across different areas of the Greater Kruger region.



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## **Community Sports Coaching Volunteering in South Africa**

Volunteer alongside a sports coach assisting with sports lessons in primary schools. You will be based in two schools where sports staff equipment and staff are in short supply.

## **Community Teaching Volunteering in South Africa**

Extra pairs of hands are always needed in these resource poor communities. You will learn how to engage large numbers of children and assist local teachers with their daily efforts to provide children with quality education.

## **Wildlife Conservation with the Big 5 in South Africa**

Volunteer in Port Elizabeth and work alongside South Africa's Big 5: - lion, African elephant, cape buffalo, rhino and leopard - and make a difference in the futures of South African animals through conservation efforts.

## **TANZANIA**

## **Teaching and Community Volunteer Work in Zanzibar**

Get involved in the local nursery, primary and secondary schools, tourism training schools and local environmental programmes to aid community development and assist teachers. Contribute to the local effort of providing children and adults with better education, especially by helping them improve their English language skills.

## **Dolphin and Marine Conservation in Zanzibar**

Provide more manpower and ensure the future protection of dolphins by getting involved with this local Tanzanian community and research experts and learn about marine conservation and threats to wildlife including the impact of tourism and human interactions on the underwater world.



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## ZAMBIA

### **Sports and Community Volunteering in Zambia**

Spend your time training, guiding and volunteering with soccer teams in the community as well as providing physical education in schools.

### **Girl and Women Empowerment Volunteering in Zambia**

Assist with discussion groups for women in the community on topics such as emotional and social issues, sexual and reproductive health, personal safety and women's rights.

### **Teaching and Community Work in Zambia**

Volunteer as a teaching assistant helping individual students with their assignments. Class sizes are very large so most students don't get the attention they need without having help from an assistant.

### **Christmas Community Volunteering Program in Zambia**

Help support local staff and give them a break from their tireless efforts to support disadvantaged children and give the children themselves an opportunity to have some individual attention.

### **Public Health Internship in Zambia**

Assist in promoting healthy lifestyles, implementing educational programs, promoting healthcare accessibility, and breaking boundaries with mental health.

## ZIMBABWE

### **Rhino & Elephant Conservation Volunteering in Zimbabwe**

Assist in the conservation of rhinos, elephants, buffalo and giraffes. The main focus of the program is to help the dwindling rhino population toward a safer future.

### **Wildlife Orphanage and Rescue Sanctuary in Zimbabwe**

Volunteers benefit from having up-close exposure to wildlife who have been victims of mistreatment or trafficking, whilst learning about the skills involved in animal protection and rehabilitation.



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